"The only newspaper in the world that cares about Cunningham, Kansas"

July 20, 2023 Volume 33 Number 28 USPS 006-101

\$1.50

photo by Barb Schultz

Email: couriernews@yahoo.com Website: www.cunninghamcourier.news (620) 298-2659

Schultzes to Host Japanese Exchange Student



Andrew Schultz

July is always a busy month with summer activities, programs, sports and the Kingman County Fair quickly approaching, so why not add another

Minutes from Kingman County Commission

Chairman Henning called the Board of County Commissioners meeting to order at 8:30 a.m. July 3rd, 2023, in the County Commissioners room at the Kingman County Courthouse. Present: Jerry Henning, Chairman; Patrick Elpers, Commissioner -online; Jack Thimesch, Commissioner; Carol Noblit, County Clerk; Brandon Ritcha, County Counselor

Visitors: Bob Morris, Kingman Leader-Courier; Larry Landwehr; Leslie Schrag, Economic Development Director; Sheila Govert, Kingman County Carnival Inc and Melissa Thimesch, Extension Agent.

Online Visitors: Heather Kinsler; Caller 01; Caller 02

Staff: Mary Schwartz, Health Nurse; LaDawn Stegman, Financial Officer; Stan Goetz, HR/Planning/ Zoning/Wastewater Director; Charles Arensdorf, Public Works Director; Macay Ewy, Emergency Manager and Sheriff Brent Wood.

Chairman Henning asked if there were any additions to the agenda.

dence received from the Workforce Alliance wanting an elected official appointed to the CEOB(Chief Elected Official Board).

MOTION: Commissioner Thimesch moved to appoint Carol Noblit, County Clerk to the CEOB. Chairman Henning seconded the motion. The motion was approved upon the majority vote of the County Commissioners.

Chairman Henning read correspondence from Adams Brown the Auditors for Kingman County and needed a signed acceptance and understanding of services.

MOTION: Commissioner Thimesch moved to approve the acceptance and understanding of services with Adams Brown. Chairman Henning seconded the motion. The motion was approved upon the majority vote of the County Commissioners.

EXECUTIVE SESSION: Commissioner Thimesch moved to go into executive session with and Brandon Ritcha, County Counselor at 9:16 a.m. to discuss an individual employee's evaluation pursuant to the exception under the Kansas Open Meetings Act, and they will return to open session in the Board meeting room at 9:26 a.m. Commissioner Elpers seconded the motion. The motion was approved upon the unanimous vote of the County Commissioners. Commissioners returned to regular session at 9:26 a.m. with no decision made.

Henning seconded the motion. The motion was approved upon the majority vote of the County Commissioners.

Charles Arensdorf, Public Works Director was in with a sample of the onyx overlay and to show how well it is standing up.

Commissioners asked questions about placing onyx overlay on other roads within the County.

Mr. Arensdorf said he wouldn't use it on a road overlay within the first five years.

Mr. Arensdorf let the Commissioners know that the guardrail repair for W.3-8.0 Bridge has been completed.

Mr. Arensdorf submitted a KDOT contract for signature by the Commissioners on Bridge on NE 10 St 3.4 miles north and 2.4 miles East of Murdock on NE 10th St.

MOTION: Commissioner Thimesch moved to approve contract for bridge Project No. 48 C-5230-01. Chairman Henning seconded the motion. The motion was approved upon the majority vote of the County Commissioners.

EXECUTIVE SESSION: Commissioner Thimesch moved to go into executive session with Charles Arensdorf, Public Works Director and Brandon Ritcha, County Counselor at 11:08 a.m. to discuss an individual employee's evaluation pursuant to the exception under the Kansas Open Meetings, and they will return to open session in the Board meeting room at 11:18 a.m. Commissioner Elpers seconded the motion. The motion was approved upon the unanimous vote of the County Commissioners.

adventure!

Arriving on Monday, July 24th, Yoshihiro Yonekura will be joining the Schultz family, of Cunningham, for three weeks through the States' 4H International Exchange Program. The mission of this program is to enhance world understanding and global citizenship through high-quality 4-H international cultural immersion and exchange programs for 4-H youth ages 12-18.

After hosting a German exchange student last fall, the Schultzs ... Tim, Barbara, Taylor (17), Andrew (15), Ty (10) and Maverick (3) were excited to accept this opportunity through the State 4H program. Andrew Schultz is the host delegate who was matched with Yoshihiro (15) from Nagoya, capitol of Japan's Aichi Prefecture, population 2.296 million (2015). Yoshihiro enjoys playing the piano, making videos, studying, and learning about science. While visiting Cunningham, he would like to talk to many people, try new things, make many friends, and improve his English skills. The Schultz Family encourages the community to welcome him and talk to him when out and about in town. "I am excited to meet someone from another country and learn about Japan at the same time," said Andrew. "I think it will be a busy 3 weeks, but I hope he enjoys staying with us and experiencing small town life!" Yoshihiro will be in Cunningham from July 24th to August 16th, arriving just in time to see what the county fair week looks like for a 4H family.

-submitted by Barb Schultz-

autorio and autoronio to the agentaal

Brandon Ritcha, County Counselor would like to have an executive session with the Commissioners.

MOTION: Commissioner Thimesch moved to approve the agenda with the addition of an executive session. Chairman Henning seconded the motion. The motion was approved upon the unanimous vote of the County Commissioners.

Chairman Henning asked if there was any public comment.

No comment was made.

Carol Noblit, County Clerk submitted the June 26th, 2023, Commission meeting minutes for approval.

MOTION: Commissioner Thimesch moved to approve the June 26th, 2023, Commission meeting minutes. Chairman Henning seconded the motion. The motion was approved upon the majority vote of the County Commissioners.

Sheila Govert, Kingman County Carnival Inc was in to discuss the Carnival with the County Commissioners and submitted a request of \$5,000.00 for 2024 budget.

Leslie Schrag, Economic Development Director was in to discuss a few grants that are available to apply for.

Ms. Schrag discussed a CDBGCVR grant that is available to help businesses and the County would need to apply for that grant.

Ms. Schrag left the meeting at 9:10 a.m.

Commissioners signed abatements. Chairman Henning read corresponMelissa Thimesch, Extension Agent and Mary Schwartz, Health Nurse were in to discuss the air conditioning in the Health and Extension Office and that it is not working correctly.

MOTION: Based upon the recommendation of the Grant Administrator, Commissioner Thimesch moved to approve the quote from Dixon's LLC which included adding the back room for a total of \$35615.00 to be paid with grant funds. Chairman Henning seconded the motion. The motion was approved upon the majority vote of the County Commissioners.

LaDawn Stegman, Financial Officer was in to discuss the 2024 budget with the County Commissioners.

Commissioners discussed the Revenue Neutral Rate with Ms. Stegman.

Ms. Stegman went over options with the Commissioners.

Stan Goetz, HR/Planning/Zoning/ Wastewater Director was in with an applicant for the Expo Center part-time position.

Commissioners agreed to the hiring of the part-time person for the Expo Center.

MOTION: Commissioner Thimesch moved to approve the change in status for a few employees. Chairman County Commissioners returned to regular session at 11:18 a.m. with no decision made.

Sheriff Wood & Macay Ewy, Emergency Manager were in to update the Commissioners.

Mr. Ewy let the Commissioners know that he has received an \$11,000.00 donation from Phillips 66 for Sheriff radios.

Sheriff Wood discussed the quote for the purchase of two UHF repeaters from Mobile Radio in the amount of \$31,889.66.

MOTION: Commissioner Thimesch moved to approve the purchase of the UHF repeaters for \$31,889.66 to be paid out of the Capital Equipment Fund . Chairman Henning seconded the motion. The motion was approved with the majority vote of the County Commissioners.

MOTION: Commissioner Thimesch moved to adjourn the regular board meeting at 11:50 a.m. Chairman Henning seconded the motion. The motion was approved upon the majority vote of the County Commissioners.



The Cunningham Courier Serving Cunningham and Thurs Surrounding Communities



Meanderings

Well, now. Hm. I am having another emptybrain evening. My lazy cats are snoozing in their various favorite spaces. Lucky Day on the scanner, Peter on the table by the desk. Skippy Jones, veteran kitty extraordinaire, is actually outside. I have not idea where the others are.

Some of my cats spend an inordinate amount of time outside. They go outside in the morning and come in for a bite every now and again, but then want right back out. Of course, all this lolling about in the heat makes them shed even more. My My cats would like me to write about rats

house is a cat hair mess.

because I recently read the book, "Oh, Rats!" by Albert Marris. The subtitle is "The Story of Rats and People." It is a book for kids. But, let me tell vou all, if I had read this book as a kid, I'd have had nightmares. I hate rats. When I was growing up, there was a book of Edgar Allan Poe stories that sat in a cupboard, and I'd get it down to look at it. Probably only in the daytime. There are illustrations in that book that bothered me a great deal. Pictures with rats in them. UGH!

So in Marris' book, he was frightened by a rat. His Pa told him, "Take it easy, kid, learn about them, you'll feel better." And the author did.

He did point out that our opinion of rats stems from our upbringing. In Asian folklore, rats are considered lucky; maybe as a messenger of wealth. In the Hindu temple of Bhagwati Karniji, worshipers donate money to feed the resident rats. There is a Rat Park in Calcutta where rats run around visitors as they sit on benches and walk through the park. Much like we feed squirrels. I guess he has a point... sort of.

The first chapter was about the relatives and ancestors of rats. The Egyptians' regard for cats came when they proved to be useful in getting rid of the rats that ate the stored grain.

"Rats and Their Ratty Ways describes their survival after the atomic bomb was released on the island of Engebi. Plants and animals that survived were deformed. Only the rats, survived the blast.

Rats can fish with their tails! Who knew. The fish, thinking it's a worm, will go to bite, and the rat jumps in the water and kills it. Rats have been known to swim $\frac{1}{2}$ a mile in the ocean, stay underwater for three minutes, and tread water for three days.

There are special organizations in the U.S: Rat and Mouse Club of America, Rat and Mouse Fanciers for Excellence, and American Fancy Rat and Mouse Association. There are even pageants for showing off your pretty rats.

The chapter "Yummy Rats"... well, I won't discuss the ways rats are prepared as culinary delicacies. I could barely read the chapter, and I certainly don't want to dwell on it here.

My favorite chapter was "Getting Rid of Rats." There are various ways, and of course, the Pied Piper of Hamelin was discussed. You have to admire a man who can play his flute and lure thousands of rats into a river.

The book discussed rats and the diseases they can bring about. It then, also discussed way rats help people. They are used in mine detection after wars, as they can be trained to sniff for TNT. The rats aren't heavy enough to set off the bombs, so they are invaluable in that regard

Rats have also been trained to detect tuberculosis in people.

The book tells the reader that people and rats have much in common. Their diets are similar to ours. Rats can suffer from high blood pressure, diabetes, cataracts, and muscular dystrophy. Aging rats lose hair, get wrinkles, and develop heart disease.

Because they are valuable to research, rats are bred in controlled environments. There are about 300 private companies that breed over 30,000,000 rats each year for scientific research.

Which brings to mind, if your young person hasn't read "Mrs. Frisby and the Rats of NIMH" they should.

NIMH stands for National Institute of Mental Health. The story is written by Robert C O'Brien. I highly recommend it. His daughter, Jane Leslie Conley wrote to follow up books, "Racso and the Rats of NIMH" and "R.T., Margaret, and the Rats of NIMH." I believe there was an animated film "Secrets of NIMH" that was out at one point. But the books will always be better than the movie.

I am sure if I thought long enough, I could come up with other stories of rats I enjoyed. But I'm tired, and once this column is done, and placed in the paper, the paper is finished for this week.

> Always reading, and currently reading "Fly Trap" by Frances Hardinge, Roberta

Tallgrass and Tumbleweeds by Gaille Pike

Dear Readers,

I was in six lanes of midmorning traffic on I-35 near Olathe when my phone's navigation directed me to take a route differing from the one I'd studied the night before. Because I find its "recalculating" complaints obnoxious, unless it says to drive off a cliff I usually opt, as I did this day, to do as I'm told. And I managed to arrive at my destinaAnd only mildly out of sorts. A few moments later when Shannon (Sherwood) Roemer appeared, any ill humor was banished from my brain. We grabbed ahold of each other and did not let go as we laughed and cried.

For the next eight and a half hours, each second we spent together was better than the one that came before. I wish I had room in this column to tell you about all 30,600 of them but I don't. For expediency, I'll say one half our moments were the result of our past ties threading into our present. Shannon, her husband Roger and I all are a year older and had nine kids in their class while mine had six. I was a townie while they were farm kids. When I peer back at us etched in memory, those differences seem inconsequential. Nor is there any hint of the lives we'd lead or the way lines would etch our faces. Yet what we see when we look at each other now is that though we are ALL GROWN UP NOW, we exclaim to each other, "You haven't changed." When you are kids together, together you are always those kids. Even when you have grown up kids of your own as Shannon

set out that morning, I did not expect to meet all three of their fabulous offspring. But I thank my lucky stars that I did get to spend time with Steven, Jacob and Baily.

And for convenience, I'll lump the other half of our amazing day in high praise for The New Theatre in Overland Park, where we'd arranged to meet because Jacob is playing Bass with the Orchestra for the musical "Dreamgirls." I'd been so focused on seeing my dear friend that I'd completely missed the fact that our matinee included a spectacular lunch buffet. All the

views at our table which we shared with Janis and Sharon (from Kearney and Lawson, MO respectively) but all four of us found the carrot mousse and chocolate cobbler AWARD WINNING. We had such fun eating together, laughing and celebrating our reunion and their July birthdays that I almost forgot why we were there. Then the lights dimmed and a hush fell. Anticipation rippled through the crowd as the curtain rose.

And the show began. I wrote once about how words fail to adequately capture the experience of live music. The same Not every performance is extraordinary. But when they are, it's magical and this production of "Dreamgirls" delivered exponential charm. Perhaps it was the combination of music and theatre. Or perhaps it was the company I chose to keep. Or perhaps that squirrely navigation app that helped me get was really genie that escaped before I turned my phone off. Who cares? I say if you can get to KC before the show's run ends in September, check it out.

Until next week—keep your eyes on the stars and your back to the wind.

tion ahead of schedule.

grew up Healy, KS. They and

hey and Roger do. When I

food received rave re-

is true for live theatre.

A Column by Dorothy Rosby

I have great sympathy for politicians who embarrass themselves at elementary schools by misspelling words like tomato or potato. (Or is it potatoe?) If elementary school students ever ask me to spell a word for them, I'll tell them to look it up.

I'm joking. What I'll really say is, "Boys and girls, have you heard about that wonderful computer feature called spellcheck? There's also a program which checks grammar, but I'm not sure it knows any more than I do, which isn't very much." Then the teacher will say, "Well, Mrs. Rosby. I think that's all we have time for today. Thank you for visiting." And she'll shoo me out of the classroom and shake her head disapprovingly as I leave.

People expect good spelling and grammar from someone with a journalism major and an English minor, which I'm proud to say I have, and from a fine university too. But remember, it's an English minor, not an English major. If I'd had the wherewithal to take a few more classes, I'd have an English major and I might have been able to spell wherewithal without help from my spellchecker.

I might also know if the minor in English minor should be capitalized or not, because the websites I checked are inconsistent. Capitalization can be tricky for an English minor—or an English Minor. Maybe for English miners too.

One of the dumbest

The Cunningham Courier (USPS 006-101) 320 Stadium Street. Cunningham, Kansas 67035 620-298-2659 © 2018 Periodicals Postage Paid at Cunningham, Kansas 67035 Postmaster: Send address changes to The Cunningham Courier

The Cunningham Courier 320 Stadium Street, Cunningham, KS 67035 Published Weekly

> Roberta L. Kobbe Editor & Publisher

Subscription Rates: \$45.00 per year in Kansas \$50.00 per year out of state

320 Stadium Street, Cunningham, Kansas 67035. E-Mail: couriernews@yahoo.com



mistakes I've ever made in an essay—or at least one of the dumbest I'll admit to-involved capitalization. I once wrote about buying a raffle ticket for an afghan, only I capitalized it. So it appeared that instead of a cozy, handmade blanket, I was hoping to win a person from Afghanistanand for just one dollar! Unfortunately I didn't win either one. An afghan would be nice, but an Afghan could cook me the food of his homeland, leaving me to lie around the house before supper. Or would it be lay around the house?

I wouldn't be asking if I had an English major. I'd know exactly when to use lie instead of lay and fewer instead of less. As it is, I have to consult the internet, and then I have to go lie down.

I also have to be very careful with words like there, their, to, too, two, bare and bear, because as you know, to plus too does not equal for, and a bear behind is very different from a bare behind.

These kinds of mistakes are embarrassing to writers if only because they're so entertaining to readers. Some readers find joy in reading what you write. Others find joy in pointing out your grammar and spelling errors. I don't have much patients for that. I mean patience.

Being acutely aware of my own grammar

and usage problems has not, in the least, kept me from being entertained by the failings of others. A friend once claimed to be on the urge of a nervous breakdown instead of the verge of a nervous breakdown. I was on the verge of urging her to stop being overdramatic.

I once heard a speaker say a particular celebrity was being indicted into a Hall of Fame of some sort. I suppose that could have been appropriate, depending on which Hall of Fame it was. And whenever I see an advertisement that reads, "Just \$3 for children," I can't help but think, "Wow! I paid a lot more for mine."

But before I judge anyone else harshly, I remind myself of an-

ansas

Kansas

other really embarrassing mistake I made. I once confused the words latter and former in a column about insomnia. I meant to say, "Late night phone calls generally fall into two categories: tragic or obscene. If it's the former and someone is dead, they'll still be that way in the morning. If the caller was obscene, they'll still be that way in the morning too."

That's what I meant to say. But I typed in latter instead of former, making it deadly to be obscene and confusing the only reader who had made it that far in my column. Someone with an English major would never have done that. An English Major either.

IF YOU THINK BUZZED DRIVING IS OK,



Stop. Verify. Report. Financial scammers are everywhere.

> If you find yourself victim to financial exploitation, stop, verify the source, and report it.

Kansas Protection Report Center **1-800-922-5330**

Surrounding Communities

Thursday, July 20, 2023

page 3

Community Bulletin Board

Wednesday, July 26 7:00 Book Club at Library

Monday, July 31 6:30 p.m. City Council Meeting

Tueday, August 8 6:00 Parents meeting for Fall sports participation

Wednesday, August 9 School enrollment

Monday, August 14 first day of fall sports practice ***

7:00 p.m. BOE

Wednesday, August 23rd First Day of School.



The Community Calendar is sponsored by



nvalleybank.com

Member FDIC

101 E. First Street Cunningham, KS 620-298-2511

To reserve the Cunningham Community Center, contact Tayler Strickland, (620) 770-9516 or 620-298-2511

B-29 Museum

is open on Sundays from 2:00 to 4:00 pm Pratt Army Airfield – 82 Curran Road Visit them on Facebook at www.prairiebombers.org for more information. If you would like to visit the museum at another time call 672-8321, 672-2444 or 620-797-2919 to schedule an appointment!



2023 Kingman County Vintage Farm Machinery and Rural Heritage Show



Join us on Saturday, July 29th at Riverside Park for this year's Vintage Farm Machinery and Rural Heritage Show. If you would like to enter vintage tractors, farm equipment, or stories

about farm life of yesteryear set up will be from 10 am to Noon. If you would like to come and enjoy what is showcased, come down to the park from 1:00 to 4:00 to take a step back in time. For more information contact Len Messenger at 620-243-4419.



your registration only until that day- we will not remove you from marketing or the map after Monday July 31.



FOR

CUNNINGHAM FIRE DEPARTMENT

PLEASE JOIN US FOR A PULLED PORK LUNCHEON TO BENEFIT THE CUNNINGHAM FIRE DEPARTMENT AS A THANK YOU FOR ALL THE SUPPORT THEY PROVIDE!

SATURDAY, JULY 22

11:30 - 2:00

CUNNINGHAM COMMUNITY CENTER

DINE IN OR CARRY OUT

ENTER FOR A CHANCE TO WIN 4 WICHITA WIND SURGE TICKETS

SPONSORED BY HILLTOP MANOR

FREE-WILL DONATION--100% OF PROCEEDS GO TO BENEFIT CUNNINGHAM FIRE DEPARTMENT





Upcoming Auctions

Monday, August 21st, 2023 - 605+/-Acres of Barber Co Hunting/Ranch Land Auction - 1:30PM at the Hamm Auction Center, Pratt KS or Online

For more information and a complete list of auctions, see our website at

Cunningham Public Library Mon., Wed., Fri.

2:00 - 6:00 p.m. Tues., Thurs., Sat. 9:00 - 11:30 a.m. Closed for Holidays 298-3163



Zenda **Public Library** Monday 8:30 a.m.- 12:30 p.m. Thursday: 4:00 p.m. - 8:00 p.m. Saturday: 8:30 a.m. - 12:30 p.m. 620-243-5791



Kingman Carnegie Library

Mon. & Tues. 10:00 a.m. to 8:00 p.m. Wed. : 10:00 a.m. to 6:00 p.m. Thurs. : 10:00 a.m. to 8:00 p.m. Fri. : 10:00 a.m. to 6:00 p.m. Sat. : 10:00 a.m. to 2:00 p.m. 620-532-3061

> 1 💭 🧶 📢 🛯 Pratt Public Library Mon. - Thurs. 10:00 - 7:00 Friday: 10:00 - 6:00 Saturday: 10:00 - 2:00 Closed on Sundays (620) 672-3041



0

0

0

115 N. Main Cunningham, KS 67035 620-298-7000 Mon., Tues., & Thurs. - 11:00 to 8:00 Friday and Saturday - 11:00 to 9:00 **Closed Wednesday and Sunday**

Cozy's Pizza

"Two things are infinite: the universe and human stupidity; and I'm not sure about the universe." — Albert Einstein

Kingman Historic Theatre Starting on Friday, June 30, 2023 through August, The Kingman Historic Theatre is offering BOGO FREE on ALL of our movie admission tickets. That's right, come to any movie and buy one admission ticket at \$6.00 and get the second admission ticket free!!!! Thank YOU for supporting YOUR Kingman Historic Theatre!

www.hammauction.com 107 NE State Road 61, Pratt, Kansas, 67124 620-672-6996



WARNING **Retired** person on the premises. Knows everything and has plenty of time to tell it.

Kingman Historic Theatre July 27, 2023 Eddie

Montgomery

in Concert www.outhousetickets.com

Kingman Historic Theatre 237 N. Main in Kingman

• • • • •

•

(620) 532-1253 http://www.kingmantheatre.org/ All Seats \$6.00 (cash or local check only) Showtimes: Friday & Saturday at 7:30 Sunday at 5:30

Thank YOU for supporting YOUR Kingman Historic Theatre.

 $\bullet \bullet \bullet \bullet \bullet \bullet \bullet \bullet$

July 21 - July 23 Mission **Impossible: Dead Reckoning:** Part 1

0

Rated: PG-13

Surrounding Communities

YEARS AGO IN The Cunningham Clipper W. A. Bradley / William Bradley

1928

July 13-While this paper was being printed last Thursday afternoon, Jess Shelman, employed by the Bowersock Mill & Power Co., at this place, was seriously injured when a large wooden pulley broke, half of it striking him in the back of the head. The blow knocked him unconscious, and he was carried to the office, a doctor summoned and then removed to his home.

Oliver Baber, manager of the elevator, and Franklin Shelman, Jess Shelman's son were working on the big blower pulley when it broke in two. Mr. Baber was next to the wall and could not move without the pulley hitting him and he yelled for the Shelman boy to shut the engine down.

After getting down from the ladder they picked Mr. Shelman up for dead, but by the time he was taken to the office, he began to show signs of life. Mr. Shelman was taken to his home and cared for there.

1933

July 14- During the wind and dust storm last Thursday night, Mr. John Potter, living a few miles southwest of Arlington, reported a rather novel mishap, which in the end came out right side up.

At the beginning of the storm the wind was blowing a gale from the west. John had a hay rack on his wagon, and the west wind blew over the wagon and the rack. The wind shifted to the east and blew a gale for a few minutes, and the wagon and hay rack were turned back by the wind right side up with the rack on the wagon. Mr. Potter said this story sounded a little fishy, but he could prove the story by his good wife. - Arlington Enterprise.

The Hamburgers and Chili are fine from Nixson's Lunch. Open all day and most of the night.

Cunningham Lost 10-Inning Ball Game to Willowdale

Cunningham Boys Overcome Willowdale Lead; But Lose In the Tenth Inning

An air circus sponsored by the Swinson Motor Compnay will be held at the Swinson Airport northwest of Pratt on July 16 beginning at 2 o'clock.

1938

July 15- The Editor, wife and sons, Bill and Jack were Sunday guests of our brother-in-law and sister, Mr. and Mrs. W J Meredith and family in Wichita. Virginia Nan, who had spent a week visiting her cousins, Juith and John Jr., returned home with us.

good rubber; good radiator. Priced to sell now that I'm finished plowing. John Schnittker, phone Nashville 27F3.

For Sale – New table model Traveler radio. Jack Meyers, phone 22R.

1953

July 17 - Vern's Mobil Station was broken into early Wednesday morning by thieves who took several cartons of cigarettes, some peanuts, and a handful of pennies. Entrance was gained through the east window.

The Pratt Municipal Band will present a concert at the City Park in Cunningham, Friday evening, July 31, at eight-fifteen o'clock.

Mr. Charles Plotner tendered his resignation as City Marshall of Cunningham to the City Council last week. No successor has been hired to replace him as yet, but Mr. James Vermillion is temporarily filling the position.

Mr. Bob Underwood, Superintendent of the Skelly Gasoline Plant, was appointed this week to the office of Township Trustee of Dresden Township by the County Commission of Kingman County.

Mr. and Mrs. George Urban are driving a new blue 1953 Ford.

Showing at the Cunningham Theatre

Friday - Saturday, Rock Hudson and Julia Adams in "The Lawless Breed"

Sunday – Monday, Mickey Rooney and Dick Haymes in "All Ashore"

Wednesday - Thursday, Van Johnson and Janet Leigh in "Confidentially Connie"

1958

July 17 – Mr. and Mrs. Dean Mantooth announce the birth of a son this morning (Thursday) at the Nashville Hospital.

He weighed seven pounds, and has been named Brooks Edward.

The 24th annual St. Leo Picnic and Dance will be held in St. Leo, Tuesday evening, July 29.

A fried chicken and fresh country sausage supper will be served in the St. Leo school auditorium from 5:00 to 8:00 o'clock that evening, followed by an outdoor platform dance starting at 9:00 o'clock. "Doc" Basham's Orchestra will play for the dancing.

The Christian Church Youth Fellowship will hold an Ice Cream Social this Saturday afternoon and evening at the Lodge Hall. Proceeds from the social will be applied to a scholarship fund for those young people entering college this fall.

Homemade ice cream, cake, and drink will be served for 30c a serving. Extra dips will be 5c each Serving hours will be from 3:00 to 9:00 o'clock.

YEARS AGO IN The Cunningham Clipper Publisher: Charles G. Barnes Editor: Kathleen Pakkebier Reporter: Florine Kampling

1978

July 20- Raymond Thimesch is in Wesley hospital following surgery.

Amy McClellan has been dismissed from Pratt Regional Medical Center.

Men's slow pitch results from Thursday, July 13 verses Kingman.

First game: Cunningham won 10 to 9, George Kampling pitched.

Second game: Cunningham lost 13 to 5, George Kampling pitched.

The only home runs scored were for Kingman. They will be playing in a tournament this Friday.

Kevin Rohr, formerly of Cunningham, was injured in an explosion recently. An employee of Amoco Co., Rohr was welding on a rotion of pipeline near Aurora, Colo., when the explosion occurred.

He was sent to the Aurora hospital with first and second degree burns over 40 percent of his body. According to his wife, Denise, he is in satisfactory condition and will be at home Wednesday.

J.R. glen is helping his grandmother, Elva Glenn, in her garden this summer. J.R. is recuperating from a case of spinal meningitis.

Two youths, one a juvenile, were arrested for car theft Thursday evening in Stafford County.

Driving the car they took in Cunningham only an hour before were nineteen-year-old Ricky Lynn Townsend of Vidor, Texas and his companion the juvenile, from Choctaw, Okla.

The pair were arrested by Kansas Highway Patrol troopers Scott Legere and Verdi Cox. They were assisted by Stafford County Sheriff Ed Miller and the offenders offered no resistance.

The station wagon was a 1973 and belonged to Glenda Thornhill. It was parked in front of the Cunningham Grocery on Main Street with the keys in the ignition. Mrs. Thornhill was in the store for a maximum of 15 minutes, and when she came out with her groceries she discovered the theft. She notified the Kingman County authorities immediately and Undersheriff Jerry Wiley issued an all-points bulletin to local law enforcement personnel.

The car was recovered in about an hour from the time it was discovered missing and seemed to have no damage.

Townsend and the juvenile were taken to Pratt Law Enforcement Center. July 21 has been set for the

Mr. and Mrs. Frank Allbritten and daughters, Misses Pauline and Geraldine, went to Wichita Sunday afternoon where they attended the wedding that evening of Mr. Oscar Kimmel to Miss Vera Setzer at the Hillside Christian church.

1943

July 16 - Notice - The Girl Reserves will hold an ice cream social, Saturday evening, July 17, in the Ratcliff building. Everyone invited to come and enjoy a dish of good home-made cream.

For sale - Porcelain-lined refrigerator. 100 lb. capacity. See it at Cannon's store.

Rationing – Car owners will obtain their new A and D gasoline coupon books by mail and application blanks will be supplied through filling stations where motorists may pick them up. The present book of stamps expires July 21.

1948

July 16 - Congratulations to Mr. and Mrs. Dan Cusenbary on the arrival of seven pound, four ounce Mary Faith at the Kingman Memorial hospital, Monday, July 12.

Congratulations to Mr. and Mrs. Ralph Raney on the birth of son, Dennis Dean, at the Nashville hospital, Thursday, July 8.

Showing at the Cunningham Theatre

Friday and Saturday, Errol Flynn and Barbara Stanwyck in "Cry Wolf"

Sunday and Monday, Lana Turner and Van Heflin in "Green Dolphin Street"

For Sale - 1931 Model D John Deere tractor; rebored block, new pistons and mains before harvest;



Cunningham is again to have a beauty shop, according to an announcement by Mrs. Em Willinger in this week's Clipper.

Mrs. Willinger recently passed her beautician's course and has received her beauty operator's license. The new beauty shop will be located in the Frank Sellon property, the second house south of the Santa Fe Depot on the east side of the street.

1963

July 18 – The 29th annual St. Leo Picnic and Dance will be held at St. Leo, Tuesday evening, July 30.

A fried chicken and fresh country sausage supper will be served from 5:00 to 8:00 o'clock, and the Norman Lee Orchestra of Wichita, will play for outdoor platform dancing from 9:00 to 12:00 o'clock.

The free outdoor movie to be shown in the City Park this evening (Thursday) is the adventure story in Technicolor, "Wings of Chance," starring Jim Brown and Frances Rafferty.

These free outdoor movies are sponsored each week by participating Cunningham business firms, and are shown by Mr. and Mrs. Woodrow Graber of Zenda.

Mr. and Mrs. Jack Crick and family returned home last weekend from a two week vacation trip through the northeastern states and the Great Lakes region.

1968

July 18 - Mr. and Mrs. Martin Pelzl left Tuesday on a vacation trip to Albuquerque, N. Mex., where they will visit their son, Robert and family. They were accompanied by their other son, Donald, Mrs. Pelzl and family of Kansas City, who have been visiting his parents.

Mr. and Mrs. Dean Cooley and Rogene spent several days vacationing in Colorado.

Museum Hours Tuesdays, Thursdays, and Saturdays 9:00 a.m. - 11:00 a.m.

or contact Angie Mertens at 620-532-4354 or Alan Albers at 620-298-2725 or Mike McGovney at 620-770-9503

(Volunteers Needed at the museum)

preliminary hearing for Townsend.

The Cunningham City Council is requesting a voluntary water conservation program during the reminder of the dry weather. Those living in the north side of Hwy. 54 are requested to water only on Mondays, Wednesdays, and Fridays.

Those living on the south side of Hwy 54 are requested to water only on Tuesdays, Thursdays and Saturdays.

1983

July 21, 1983- The Cunningham Junior League Baseball Team pushed their season record to 16-2 by capturing first place in the League Tournament held this past week at Cunningham. This is the second straight year Cunningham has won the tournament.

Team members are Kyle Meireis, Jon Meyers, Pat Lubbers, Craig Huhman, Robbie DeWeese, Travis Rakestraw, Eddie Jarner, Steve Gridley, Brian Horst, Bryan Sant, Tom Sterneker, Dusty Ormiston, Jerry Mertens, Mike Mertens, Mike Lackey, and John Patton. The team is coached by Jack Meyers.

Mr. and Mrs. Earl Fladness have returned to their home at Tuscon, Ariz., following a two weeks visit with her mother, Pearl Walker, other friends and relatives and Mrs. Walker accompanied them to visit with friends and relatives in Derby.

The Cunningham Cub Scout Troop held their Day Camp week last Tuesday until Saturday at the Kingman County State Lake.

Beginning at 9 a.m. the days consisted of many different activities such as practicing first aid, fire safety, whittling, bow and arrow, caring for shooting BB guns and hiking around the lake area. At 3 p.m. the boys went home for the day.

On Friday afternoon, the boys families brought food for a picnic and the dads and sons enjoyed an overnighter.

Thirteen scouts attended this session. They were Jason Zimmerman, Stephen Pets, Jeremy Lynch, Michael Lackey, Dusty Ormiston, Rusty Omiston, John Witt, Brian Witt, cory Depenbusch, Aaron Wiesender, Jason Werner, Chad Webster, and John Patton.

Kathy Zimmerman is the Den Mother.

The Cunningham Courier Serving Cunningham and Surrounding Communities

Thursday, July 20, 2023 page 5

Consider this...

by Mike Johnson

The Barn **Swallows**

I may have the best laundry room view in all of Wyoming.

Our new homestead is nestled in a five mile wide valley with an 8,500 foot mountain range to the north and 12,000 foot ranges to the south and west. Our home sits in front of an Arabian horse farm that includes a 100year old log cabin behind our house. The view from the laundry room window looks out on grazing horses, this old cabin and the Rocky Mountains.

On this morning, while starting another load of wash, the barn

swallows were hopping along the cabin roof. Chirping and dancing and playfully wrestling, it seemed obvious they were enjoying their day. They had no schedule to keep, no self image to maintain, no goals to achieve. For these birds, just "being" was good enough. Having their health, their wings and their freedom, they had it all.

So why don't we enjoy that same kingly type of freedom and enjoyment?

Most of us have our health. We have minds so superior that we can fly, despite the fact that we have no wings. And arguably, we are the most free people on the planet.

So why does a barn swallow seem so much richer than the average man?

Perhaps it is because the bird is carrying such a lighter load. The bird has no ego to carry. He need not pretend he's successful - he just is. His desires are few - find food, water, shelter and in the spring, a mate. The bird isn't driven by desires to work at activities he hates in exchange for possessions or activities he enjoys. The bird isn't driven to achieve fame or fortune or the respect of his fellows. A bird is a bird and that is just fine with him. Unencumbered by the unnecessary, he flies free where he will.

Why are our loads so heavy? Because we want them to be.

Think about it. We want a new truck. Knowing the truck costs

money, we take on additional work to earn the money, or take resources away from other wants in which to make the purchase. Soon we are sitting in our new truck. But wait, there are more consequences to us fulfilling that want. We now have insurance to pay. Maintenance to perform. Worry of scratches and dents. It turns out that the simple want of getting a new truck came with lots of strings attached. Strings that reduced our freedom and heavied our burden.

Worse yet, once we've fulfilled the want of that truck, are we done with our wants? Nope. Another want rushes in to fill the void. Now we want a snowmobile. Or a boat. Or a new house.

just like my own dreams

and hopes, stunted and

dried up. I watched wari-

Cheney Lake Worship Service Every Sunday at 9 a.m. starting Sunday May 28th through Labor Day Weekend Church Pavilion, West Shore Area No park fee required. Always start off your day with God!

On and on and on. We can never fulfill all our wants because imagination is unlimited. If we owned every possession on earth, we'd then want certain people. Certain achievements. Certain recognition.

We never stop the moment a want appears and count the cost of chasing it. We just chase. And add more burdens to our life. And stare out laundry room windows wishing

we were barn swallows.

The reason the barn swallows are so free is because they have reduced their wants to basic necessity. Unencumbered with the unnecessary, they are free to do as they please.

I don't know if Thoreau gained his inspiration from barn swallows but his sage advice is certainly followed by them.

Simplify, simplify.

and swirl on the upward

Altar

By Ann Stocking

I crumpled the weekold sales flyer and touched a match to it. For a moment, the model's face in an advertisement smiled at me before her blushing radiance blackened and curled into ash. I wondered briefly how long her all-day make-up would last if she were the one having to burn the debris from a cut-down tree.

I fed dry twigs and leaves to the fire, adding larger branches as the flames took hold.

Sitting on the tree stump, I watched the dancing ruffles of flame,

smoke twirling and rising in the early morning stillness. As the green wood started to hiss and groan, so did my own murmuring thoughts, a sighing sibilance within that began to gather strength.

Where had gone the dreams I'd had, for an normal life, a life in which I might beam my lip-glossed smile blissfully through each day, hanging out brilliant whites on the clothes line, confident that they outshone my neighbours'. I had planned to greet each crisis with graceful aplomb, whether it be the wrong coloured curtains arriving for the kitchen or the escalating cost of milk.

It was not to be. Instead, disease prowled and lurked. It stole time and treasure, diverting energy into survival instead of living, bleeding the life out of loving. The pleasures of mundane inconveniences and luxurious, routine days of domesticity didn't happen.

It seemed that time and time again, I had arrived at the front of the line, only to discover that God was out of hope and dreams, and the wicket was closed indefinitely.

The tree had been cut during winter's last snow, and now fledgling buds briefly unfurled in the heat, wilted, and turned to cinder; they hadn't been given a chance to thrive,

ly for wayward sparks that could ignite the nearby hillside, and knew my own heart was threatening to ignite in a blaze of discontent and disappointment. The wind blew acrid smoke into my face, and I breathed in the bitter fumes stubbornly, revelling in the pain, smoldering anger glowing within. What kind of womanhood was this? What

kind of life was it that had denied me an able-bodied husband and provider, and sent me out here to wield an axe and shovel instead? Why was I expected to wear the pants and the apron? This was not fulfillment.

I heaped more wood on the fire, tugging at the I stopped to pull it out. Suddenly, the moment became suspended in time, hushed, silent.

I thought of other thorns. Of Another's palm.

Holiness surged from the cold ground and through my muddied rubber boots.

I waited.

A Voice spoke from the flames... my own burning bush.

You have demanded that I fulfill your dreams, dreams and aspirations that you have appropriated for yourself. I am the Giver of Dreams.

The wind shifted and my eyes stung, from the smoke or the sting of truth, I didn't know.

I want your willingness to fulfill My will. It's not for Me to fulfill yours.

The flames became flames again, and the smoke returned to smoke. draft. In turn, I was engulfed in eddying smoke and saw myself rising as an offering to the Father, to do as He asked, not ministering in misery, but acting in love, choosing to live extraordinarily in my un-chosen ordinary life. A boxed mix promise of satisfaction guaranteed was not going to bring fulfillment, however much I might wish it to be so.

By day's end, I smelled like something dead, and I realized that it was the cremated remains of my will. Soot rouged my cheeks, and my brow was anointed by a smudge of ash.

The late afternoon sun sank to the horizon, and a chill descended. I huddled on the stump, wrapping my arms around myself to keep warm as the fire died. Yet, the heart of the fire pulsated, and the embers beckoned.



Catholic Churches Sacred Heart, Cunningham Sundays 10:00 a.m.

St. John, Zenda Saturdays 5:30 p.m

St. Leo Saturdays 4:00 p.m.

St. Peter Willowdale Sundays 8:30 a.m. Father Roger Lumbre 620-243-5451 620-246-5370

+ + + + + +

Lutheran Churches

St. John, Nashville 620-246-5220 Sunday School & Bible Class 9:45 a.m. Worship Service 8:30 a.m.

Trinity, Medicine Lodge 620-886-3397 Sunday School & Bible Class 9:15 a.m. Worship Service 10:30 a.m.

Our worship service is found on the YouTube channel at: https://www.youtube.com/channel/UCCrenCH12I9nmpcojCFyYLA

> Pastor Dennis Fangmeyer Cell: 620-886-0911 * * * * *



Church of Christ Penalosa Sunday 11:00 a.m.

+ + + + + + **First Christian Church**

Cunningham Sunday School 9:30 am Morning Worship 10:45 Sunday Evening Worship 6:00 Jr High Youth Group 4:00 pm Sunday Sr High Youth Group 7:30 pm Sunday Wednesday Prayer Service 7:00 Pastor Mike McGovney 620-298-3201

* * * * * * *

United Methodist Church

Penalosa Worship 9:15 a.m.

Cunningham Worship 10:45 a.m. Pastor Mathew Ndambuki Musyoki 620-298-2090

Zenda

Worship 9:00 a.m. Sunday School: Children 8:30 a.m. Adults 10:00 a.m. Pastor J L Nichols

unwieldy branches, irritated with my own weakness. I snatched up small, dry stuff, throwing it on the fire with frustration. I felt something pierce my palm - a thorn - and

The dreams and desires I had grasped so tightly were laid on the pyre in front of me, and I watched them scorch

Take the coal. Here I am.

Wanted: Singers

"Sin Burn Is Prevented

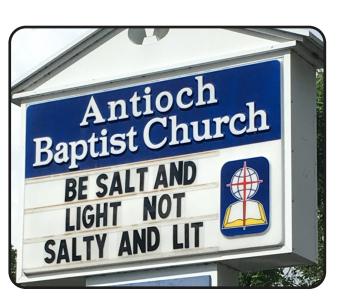
By Son Screen" ----

"Honk If You

Love Jesus Text While Driving If

You Want to Meet Him"

Inchoir Within" -



Free Bread & Baked Goods at the Cunningham **Methodist Church** 2 to 5 p.m. on Tuesdays



Cunningham Hands of Hope, Inc.

Who: A Not-for-Profit (501c3) organization providing assistance through donations and volunteers.

Who we serve: Residents within the USD #332 school district

What: Food

When: First and Third Tuesday 2:00-5:00 p.m.

Where: 117 N Main (Old School Board Office)

Why: To provide food assistance to those in need.

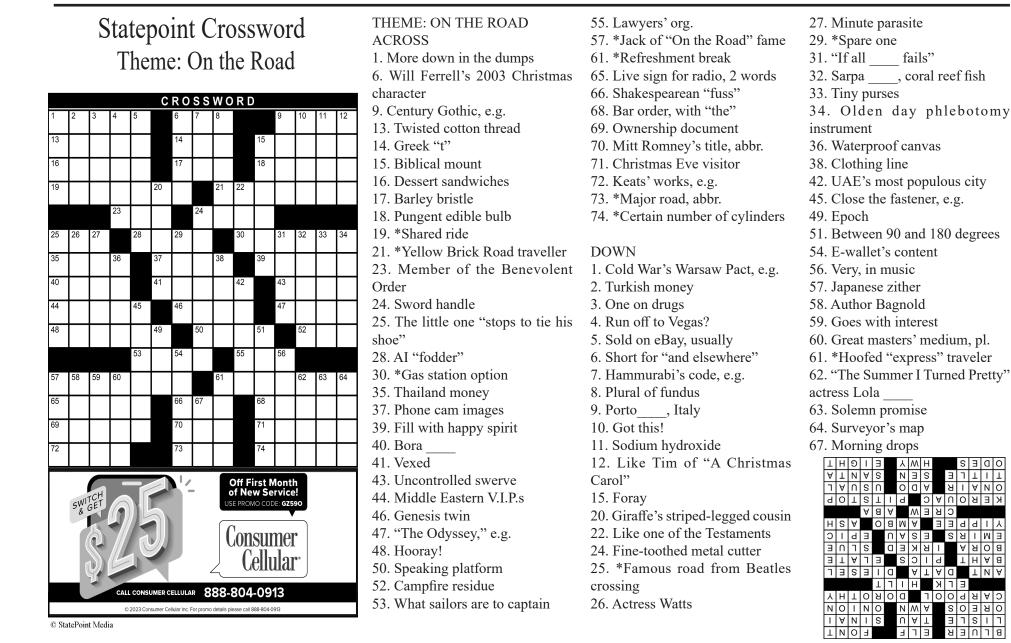
How: Attend weekly distribution. Adult of household must be present.

Do you need assistance outside distribution hours?

Please call 620-491-0292 and leave a message. Your call will be returned as soon as possible. This institution is an equal opportunity provider.

Serving Cunningham and **Surrounding Communities**

Thursday, July 20, 2023 page 6



SUDOKU SPECIAL OFFER - Call today and receive a FREE SHOWER PACKAGE **PLUS \$1600 OFF** AFE STEP 1-855-576-5653 w Safe Step Walk-In Tub. Not applicable with any previous walk-in tub purchase. Offer available o cash value, Must present offer at time of purchase. CSLB 1082165 NSCB 0082999 0083445 9 4 5 3 4 6 3 8 5 9 3 3 9 1 4 8 1 6 4 7

Well, there were certainly mistakes made in last week's paper. Some wrong dates, some wrong puzzles, some wrong puzzle answers! Not sure what happened, but I own my mistakes as always. I've included last week's crossword (idioms) with the correct puzzle and the correct clues and the correct answers (I hope). I have included a new puzzle for this week (On the Road), with the correct clues and answers (I hope) AND I've included both this week's and last week's Sudoku puzzles with the correct answer keys (I hope). I'd like say, lesson learned, and it won't happen again, but you and I both know it probably will.

PLOS \$ 1600 OFF SAFE 1-855-576-5653 With purchase of a new Safe Step Weik-In Tub. Not applicable with any previous welk-in tub purchase. Offer available with experies left. No cash value. Must present offer at time of purchase. CSLB 1082165 NSCB 0082999 0083445										
	1							5		
	3	2			9					
8			1			4		3		
6	5	1			4			2		
2			9			5	1	8		
4		8			5			1		

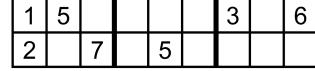
SUDOKU

Call today and receive a

FREE SHOWER PACKAGE

DILLS \$1600 OFF

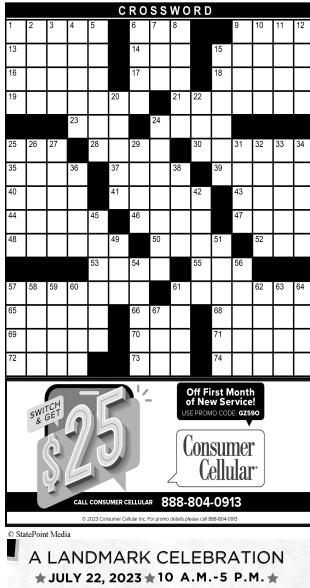
SPECIAL OFFER



© StatePoint Media

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

Statepoint Crossword Theme: Idioms



Dole Institute of Politics, 2350 Petefish Drive, Lawrence, Kansas

Join us for a free day-long celebration in honor of Senator Bob Dole's 100th birthday and our 20th anniversary.



Join us for a free day-long celebration in honor of Senator Bob Dole's 100th birthday and our 20th anniversary. 20 yours ROBERT J. DOLE 11nn

A LANDMARK CELEBRATION

★ JULY 22, 2023 ★ 10 A.M.-5 P.M. ★ Dole Institute of Politics, 2350 Petefish Drive, Lawrence, Kansas



1. Nebraska city on Missouri

9. Earnhardt of racing fame

15. Printer cartridge contents

16. *Title of this puzzle, sing.

19. *Run around in these and not

17. Congressional title, abbr.

21. *Cut these to skip steps

25. Jack-in-the-Box restraint

35. Egyptian goddess of love

30. What washing machine does

44. 's, once Canada's fa-

46. *One of these in beans lacks

55. Robinson in "The Graduate"

57. *Resting on these stops one

61. *No use crying over this milk 65. Money in the bank, e.g.

69. Like a disreputable

66. Certain frat house letters

13. Sea near Australia

14. Slippery when cold

18. Title holder

make progress

23. He had

24. Nicholas II, e.g.

28. Subway in U.K.

37. Crescent point

40. Org. in Brussels

41. Impede

importance

50. Mess up

from trying

68. Little dear

neighborhood

39. Hot rod sticker, e.g.

43. Parks or Luxemburg

47. Barrel-counting org.

48. Nova ____, Canada

52. Bugling ungulate

53. Modeling material

mous department store

VUU

ACROSS

6. Not her

River



		7		6	8	
7					5	

© StatePoint Media

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

70. College assessment test, acr. 71. Fairy-tale oil lamp dweller 72. Hawaiian tuber

- 73. "Oui" in English
- 74. The Three Musketeers' swords

DOWN

1. Ear-related 2. Skirt length

- 3. Gulf V.I.P.
- 4. Moonshine
- 5. Cloth armband
- 6. Kaa's warning
- 7. *Break it to start a conversation
- 8. Synchronizes, for short

9. Pillow filler

- 10. "Green Gables" character
- 11. Suggestive look
- 12. Blunders
- 15. Full of tribulations
- 20. Derive
- 22. Dinghy propeller
- 24. Bear witness
- 25. *Read between these for real
- meaning
- 26. Writer Asimov
- 27. Likewise
- 29. *Don't beat around it
- 31. Claudius' successor
- 32. Breadth
- 33. Oil holder
- 34. *Cut one some of this and
- don't be critical
- 36. Dirt on Santa's suit?
- 38. Gallup's inquiry
- 42. Like Raphael's cherubs
- 45. Polite social behavior
- 49. How many of the President's men?
- 51. *Cross it when you get to it
- 54. Investigative report
- 56. Count sheep

- 57. Bringing up the rear, adj.
- 58. Between ports
- 59. Consumer
- 60. Overhaul
- 61. Tennis scoring term, pl.
- 62. Pool path
- 63. Great Lake
- 64. Henna and such
- 67. *One up your sleeve gives advantage

ε 6 6 2 8 Þ L G 6 8 9 L G 3 6 Þ 9 7 2 S 6 8 3 2 3 6 7 8 3 6 7 2 S 9 8 L 9 6 8 7 2 3 G 2

8		١	ŀ	4	ξ	;	ς		6	4	<u>′</u>	9		2	
9		2	1	3	t	7	Z		8	6	5	g		١	
S		Z	1	6	7	;	ŀ	Ι	9	Ę	9	8	2	7	
ŀ		6	;	2	ç	ì	8		7	Ś	9	Z		3	
3		7	9	G	2	-	9		2	8	3	l		6	
Z		9	1	8	6	\$	3		١	ā	3	t	'	G	
2		8	9	9	l	,	6		G	1	7	3	;	L	
4	·	3		١	8	3	2		L	9	3	6	;	9	
6		G		L	ç)	4		3	I	L	2	ŗ	8	
s	Е	Ξ	Ь	Ξ		S	Е	Y			0	Я	A	T	
Ξ	-	N	Ξ	อ		Ţ	Э	A		Y	a	Ξ	Ξ	s	
	Я	A	Э	a		Э	A	S		T	Э	s	s	A	
a	Э	٦	٦	Ι	Р	S		S	٦	Э	Я	Π	A	٦	
			S	Я	Μ		۲	A	٦	С					
К	٦	Ξ		В	Π	٦	F		A	Τ	T	0	С	S	
Э	Э	Р	0		٦	٦	Т	Н		Ν	0	T	A	Ξ	
A	S	0	Я		Р	0	T	S	Ξ		0	T	A	Ν	
٦	A	С	Ε	Δ		Р	S	Π	С		S	Ι	S	Τ	
S	Ξ	S	Ν	Ι	Я		Ш	B	Λ	T		a	Ι	٦	
				Я	A	S	T		Δ	Ε	Н				
	Я	E	Ν	Я	0	С		S	Е	٦	С	Я	Ι	С	
S	_							0		M	0		D	1 1	
Я	Э	Ν	Μ	0		Ν	Ξ	S			-	· ·	u		
-	_	A N N	M O U	0 1		N X S	н С –	<u> </u>		л Ч	ООН	A M	U I W	- - -	

Summer Fun at the Library!



Thanks Janelle, for another fun STEM activity at CPL. We didn't have time for bottle rockets, so we're



saving that for our final STEM blast-off on July 20th. DASH robots will also be making their encore appearance on the 20th. So, you'll have another chance at that activity. Special thanks to K-State **Research & Extension, Kingman County,**

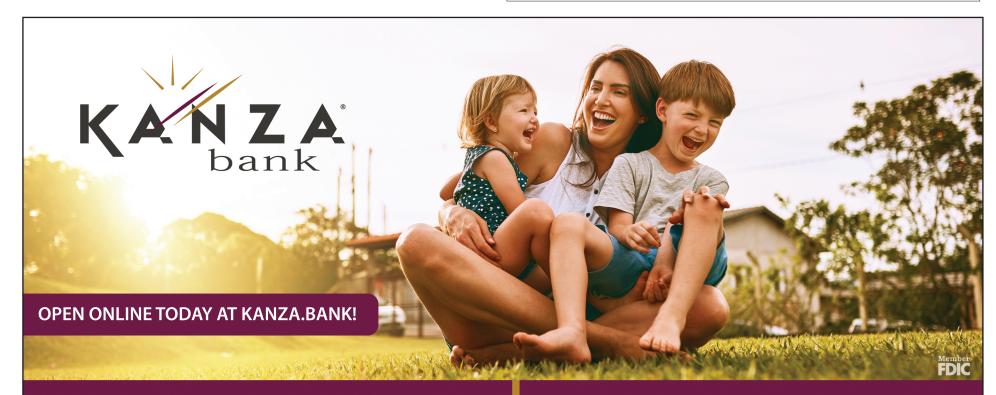
and to all the helpers, parents, and care-providers who ensure the kids get the most of their Summer Reading Program experience. See you at the library.



INDUSTRIAL

SYSTEM MAINTENANCE CHANGE-OUTS

KITCHEN/BATH SEPTIC SYSTEMS



Earn more with flexibility

PROSPER MONEY MARKET



\$25,000 minimum to open

Lock in your savings **14 MONTH SPECIAL CD**



\$1,000 minimum to open

*Annual Percentage Yield (APY) effective as of 7/7/23, check kanza.bank for the most up-to-date rate. Prosper Money Market is an interest-bearing account paid on tiered balances. Must have minimum of \$25,000 to receive stated APY. Balances below \$25,000 earn a lesser APY. Must have a balance of \$1,000 to earn interest. Fees may reduce earnings. Maintain an average daily balance of \$2,500 to avoid \$25 service charge. \$3 charge for paper statements. We reserve the right to limit Prosper Money Market to one per tax ID. All terms and conditions of the Account Agreement, Funds Availability, and Electronic Funds Transfer (EFT) Disclosures apply.14 month special CD requires \$1,000 minimum balance to open and obtain the stated APY. Significant penalty assessed for early withdrawal. Fees may reduce earnings. Offer subject to change without notice and may be withdrawn at any time. Rate is subject or may change at any time.

Kingman County Fair Schedule of Events

Wednesday, July 26

······································					
Open Class Check-In, KEC	7:30-8:30AM				
Barns Open	8:00AM				
4-H/FFA Rabbit & Poultry Check-In	8-12:00PM				
4-H/FFA and Open Class	9-2:00PM				
Foods & Preservation and Visual Arts Jud	lging, Open				
Class Hobbies & Crafts, Iron Works, Bar	n Quilts, and				
Recycled Crafts Judging, KEC North Roc	om				
4-H Concession Stand Open	11:30-1:30PM				
Medallion Treasure Hunt, KEC	NOON				
4-H Bake Sale	3:00PM				
4-H Rocketry, Robotics, Computers,	4-6:00PM				
Unmanned Aerial Systems, Astronomy, Entomology,					
Cookies for College jars, Home Environn	nent, Fashion				
Review display, Photography, Woodwork	ting, Exploring				
4-H, Forestry, Wildlife, Energy Managem	nent, Banners,				
Ag Mechanics, Architectural Block Const	truction, Misc.				
Exhibits Check-In, KEC					
Beef Weigh-In	4:30-5:15PM				
Sheep and Goat Weigh-In	5:15-6:00PM				
Swine Weigh-In					
6-7:00PM					
Vendor Set Up	7-9:00PM				
Barnyard Olympics (Free with Fair Butt	ton) 7:00PM				

Thursday, July 27

<u>Indibudy; oury 27</u>	
4-H Concession Stand Open	7:00AM-4:00PM
4-H/FFA Swine Show, Outdoor Arena	7:30AM
Judging of Cookies for College Jars, K	EC 9:00AM
4-H/FFA & Open Class Clothing Const	truction, Fiber
Arts, Quilts & Fancy Work, Rocketry,	Astronomy,
Home Environment Judging, KEC Nor	th Room
4-H Pet Judging	9:00AM
2nd Medallion Clue Available, KEC	9:00AM
4-H/FFA & Open Class	10-12:00PM
Farm, Garden, and Misc. Crops Check	In, KEC
Vendors Open, Saddle & Ropers Build	ing 10-7:00PM
4-H/FFA & Open Class	NOON
Woodworking, Photography, Armory	
4-H/FFA & Open Class	1:00PM
Farm, Garden, and Misc. Crop Judging	, KEC
Herdsmanship	2:00PM
4-H/FFA Sheep & Goat Show, KEC	5:00PM
Food Trucks Open	5-11:00PM
Exhibit Building Closes	7:00PM
Carnival	7-11:00PM

Friday, July 28

Knights of Columbus Pancake Feed, KEC 7-10:00AM

Saturday, July 29

Sutur un, jour, 22	
Knights of Columbus Pancake Feed, KEC	7-10:00AM
Supreme Showmanship Contest, KEC	8:00AM
4th Medallion Clue Available, KEC	9:00AM
Kids Bike Race, Saddle & Ropers	10:00AM
Vendors Open, Saddle & Ropers	10-3:00PM
Kingman County Vintage Farm Machiner	y & Rural
Heritage Show, Check-In, Riverside Park	11:00AM
4-H Concession Stand Open N	NOON-3:00PM
Corn Hole, KEC Indoor Arena	NOON
Open Class Flower Show Exhibits Release	ed 1:00PM
Kingman County Vintage Farm Machiner	y & Rural
Heritage Show, Riverside Park	1-4:00PM
Young Farmers Pedal Tractor Pull Registr	ation 3:00PM
Young Farmers Pedal Tractor Pull, Park	3:30PM
All Indoor Exhibits Released	3:00PM
Exhibit Rooms Closed	5:00PM
Food Trucks Open	5-11:00PM
Buyers Appreciation Meal, KEC North	5:00PM
Sellers Appreciation Meal, KEC South	5:00PM
Auction, KEC	6:00PM
Cookies for College, Livestock Premium	Auction,
Awards, Wyatt Oakman 4-H'er of the Yea	ar Award
Livestock released, including poultry & 1	abbit
Carnival	7-11:00PM

Sunday, July 30

Fair Cleanup and Livestock Released	8:00AM
Final Medallion Clue Available, KEC	9:00AM

Open Class Check-In Times & Procedures

Exhibit numbers are available at the Extension Office or with the fair secretary during the fair. Check in will be in the fair office, located in the Kingman Expo Center. All entries are released on Saturday, July 29 at 3:00PM All entries will have a \$2 entry fee payable to the Kingman County Fair Association. Payout is as follows: Purple ribbon: \$4 Blue ribbon: \$3 Red Ribbon: \$2 White Ribbon: \$1

4-H/FFA Beef Show, KEC 9:00AM 4-H/FFA Poultry Show, Rabbit Show following 9:00AM 3rd Medallion Clue Available, KEC 9:00AM Vendors Open, Saddle & Ropers 10-6:00PM Bucket Calf and Dairy Cattle and Goat Show 11:00AM 4-H/FFA Judging NOON Banners, Entomology, Geology, Energy Management, Exploring 4-H, Forestry, Robotics, Home Environment, Misc., Ag Mechanics, Architectural Block Construction, Wildlife, Unmanned Aerial Systems, Computers, KEC 4-H Concession Stand Open NOON-3:00PM Herdsmanship 2:00PM Paul Conrardy Festival of Breads, Bread Sculpting Contest and Market Wheat Show, KEC 2:00PM Livestock Judging 3:00PM Open Class Flower Show Check-In, KEC 4:00-6:00PM Cattleman's Community Picnic 5-7:00PM West of Outdoor Arena, Free with Fair Button Ice Cream Social 5:00PM Purple Ribbon Food Auction 6:00PM Special Introductions, West of Outdoor Arena Open Class Flower Show, KEC 6:00PM Bull Blowout and KCFA Beer Garden 7:00PM Food Trucks Open 7-11:00PM Carnival 7-11:00PM



Check In Times

Monday, July 24	6-8:00PM
Wednesday, July 26	7:30-8:30AM
Thursday, July 27	10-NOON
Farm, Garden, and Misc. Crops Only	

Judging Times

Wednesday, July 26	9-2:00PM				
Foods & Preservation and Visual Arts J	udging, Hobbies				
& Crafts, Iron Works, and Recycled Crafts Judging					
Thursday, July 27					
Clothing Construction, Fiber Arts, Quilts & Fancy					
Work	9:00AM				
Farm, Garden, and Misc. Crop	10:00-12:00PM				
Woodworking, Photography	NOON				

Friday, July 28

Paul Conrardy Festival of Breads, Bread Sculpting						
Contest and Market Wheat Show	2:00PM					
Flower Show	6:00PM					

We would like to thank you for your support, attendance, and exhibits, which has helped in the success of the Kingman County Fair. Exhibitors are expected to comply with all rules. Those failing to comply with the rules are subject to premium and award cancellations and disqualifications from future participation in the Kansas State Fair 4-H/FFA shows and/or exhibits.



The Cunningham Courier Serving Cunningham and Surrounding Communities



Greg Doering, Kansas Farm Bureau

In a few days, the local county fair will kick off marking the beginning of summer's end as classes begin in the following weeks. But for a few short, hot days, the fair offers a little bit of everything for everyone between the midway and mutton busting.

I'm still confident (arrogant) enough in my athletic ability (rapidly deteriorating) that I know with enough practice (cash) I could beat the carnival games and win a (pity) prize. I'm also mature (old) enough to know I'd rather save my money for the assortment of fried foods (because calories and cholesterol don't count at the fair).

We usually skip the entertainment tent, finding the aforementioned mutton busting and the pedal pull more amusing. Plus, there's no shortage of other projects to take in, from walking past the stalls of the livestock barn to seeking the refuge of air conditioning in the exhibition hall to look at all the entries there.

The fried food and sugary treats are especially tasty after viewing the supersized produce entered in the garden category. Joking aside, I'm always impressed with the variety of projects 4-Hers enter at the fair, many of which take a lot of time and effort that's often unseen in the final product. 4-H members also have a chance to have photos at their local fair featured in a future edition of "Kansas Living" by submitting. Pictures must be submitted by Oct. 1 at www. kfb.org/Article/4H-and-KFB-Photo-Contest.

It's also easy to forget the fair isn't simply showing off the end result after months of planning and labor. Exhibition also requires courage and selfconfidence to compare one's work against others in front of a judge. In many ways, the county fair is a laboratory of everyday life.

Participants have to weigh their responsibilities against the rampant temptations of rides, food, friends and games. Impulse control is also helped by the auctions, and associated premiums, held the final night. There's just less time for the money to burn holes in a pocket. Class champions also must decide between going to auction or advancing their project to the state fair.

However, it all turns out, there's always lifelong memories made. Time will heal the hurt of finishing as the reserve champion, and it generally happens quickly since there's plenty of friends and acquaintances around who haven't been seen since school ended in May.

Perhaps the greatest lesson is that sometimes indulging in excess is OK. Like consuming way too many calories. It's perfectly reasonable to have an unbalanced meal consisting of a corndog and a funnel cake. Or finally having the courage to tackle the scary ride this year. Or maybe risking a shoulder injury to win a teddy bear.

Afterall, it's just once a year the carnival lights brighten the night sky at the county fair. There's no real world need to bust mutton, but it's the best part of any rodeo. And those pedal pullers will soon graduate to more powerful machines. Everything in moderation, including moderation, so be sure to savor all the lessons available at your county fair this year.

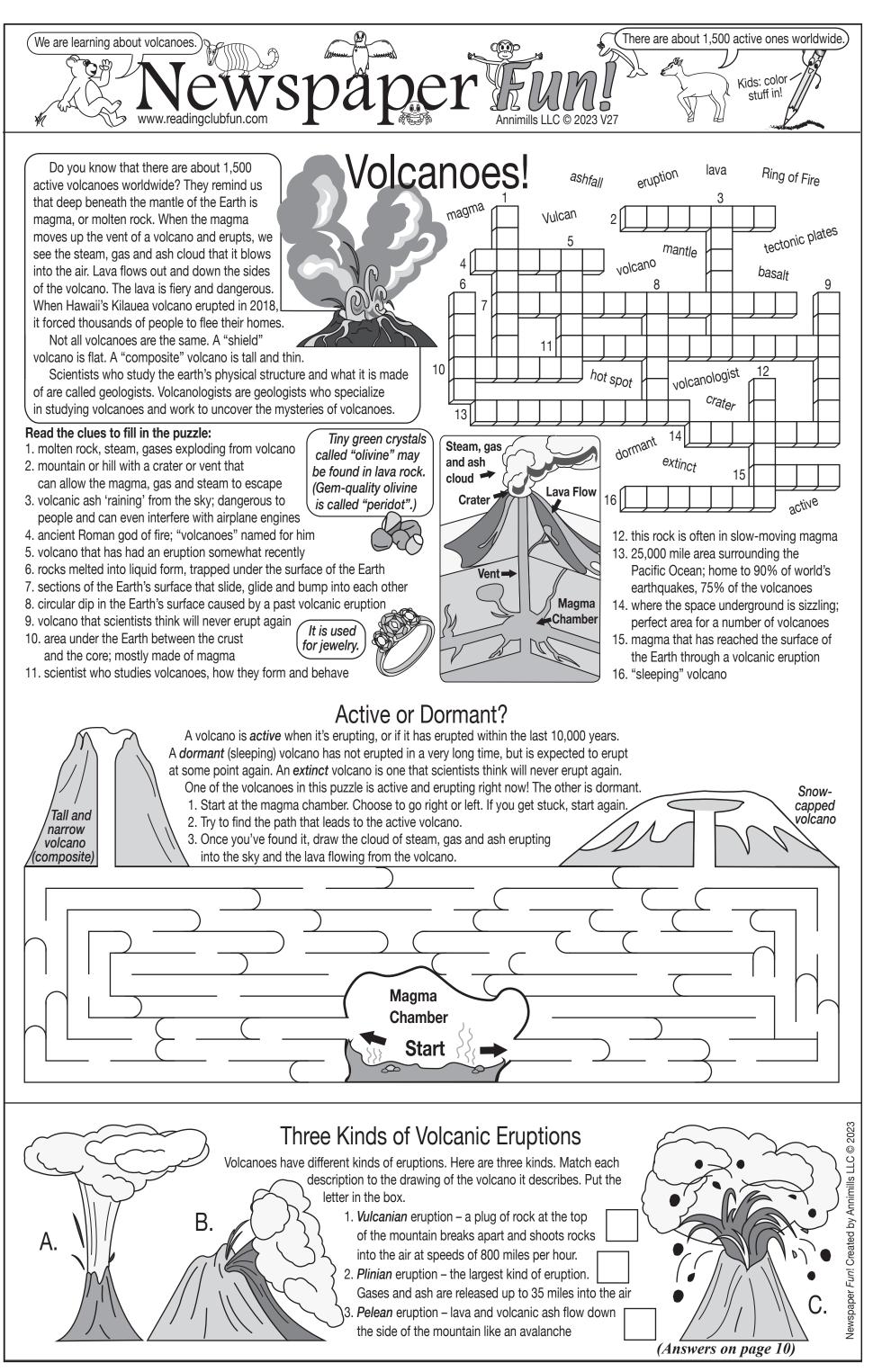
"Insight" is a weekly column published by Kansas Farm Bureau, the state's largest farm organization whose mission is to strengthen agriculture and the lives of Kansans through advocacy, education and service.

Copyright © 2023 Kansas Farm Bureau, All rights reserved.

News from Kansas Farm Bureau

Our mailing address is:

Kansas Farm Bureau 2627 KFB PLZ Manhattan, KS 66503



Surrounding Communities

Hilltop Happenings MARK YOUR CALENDARS!!!

Sometimes "Thank you" is just not enough - we are so incredibly grateful for the support of our local fire department and the out pouring of community support we received during the fire – as well as our fire department always being ready and willing to respond no matter the circumstance - that we want to take our "Thank you" a step further. On July 22, there will be a free will donation, pulled pork sandwich meal with the trimmings at the Cunningham Community Center from 11:30am to 2:00pm. You can take a meal to go or sit and visit. ALL PROCEEDS WILL BE DONATED TO THE CUNNINGHAM FIRE DEPARTEMENT. We hope to see you there!

RESIDENT SPOTLIGHT

A suggestion received from our residents was to tell a bit about themselves, so we will be introducing a "Resident Spotlight" that will highlight residents each month. This display is going to be both fun and educational - we work with some of the best history teachers every day and it certainly needs to be celebrated. Stay tuned as this program develops!

BEAUTIFUL NAILS, HOME BAKED BREAD AND CRÈME BRULEE

Our ladies have some of the most beautiful nails! Manicures are especially popular - who doesn't like to receive a little pampering? Clarissa in activities does a great job with manicures, and our staff are amazing at going the extra mile to provide nail touch ups and much needed "chat therapy".

Dietary has spoiled us lately with home baked bread, cookies and pies from scratch and even crème brulee! We really do have some amazing staff.

GETTING BACK TO NORMAL (Whatever THAT is!)

While "normal" may be just a setting on the dryer, we are all trying to get back to some sort of post-covid normal. Restrictions have been lifted and our residents have missed out on so much during lockdown - visits, outings, presentations, etc. We will be reaching out to people/groups/etc. that have been regulars in the past to see if they'd be willing to get back in the groove and let's try to make covid just a bad memory.

Until next week - God Bless!





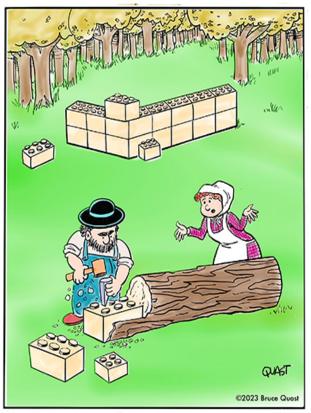
"There aren't any roadsigns when you're trekking through uncharted territory. It's all discovery and exploration." - Gary John Bishop,

photo by Cheri Theis

Comfortably Dumb

by Bruce Quast Comfortably Dumb

by Bruce Quast





"Dang it, Zeke! Why can't we just use logs like normal people?"

Kingman County Humane Society Pets Ready for Adoption



Puf Puf Sponsored by The Cunningham Courier

on Wed., from 8:00 - 12:00 Call for Saturday hours.

1015 East U.S. 54, Kingman, KS

KCHS Donation Wish List

The pets at Kingman County Humane Society are in need of the following items: 13-gal. kitchen trash bags dry cat and kitten food clumping cat litter canned dog food Purina Puppy Chow long-lasting chews stainless steel flat-sided water buckets

paper towels bleach liquid laundry detergent poop bag rolls Honey. She has a sweet personality, she's eager to disposable gloves (large) please and eager to learn. She's housetrained and crate The items can be brought trained. And she's cute as a bug! She's housetrained to KCHS at 811 East C and people friendly. Avenue in Kingman Monetary donations can be sent to KCHS P.O. Box 103 Kingman KS 67068

Sponsored by The Cunningham Courier

"I have a cat, the pet that ranks

just above a throw pillow in terms

of required responsibility."

— Anna Quindlen, Rise and Shine



Female Retriever, Labrador / Terrier, Pit Bull

57 pounds 5 years + \$180.00 Honey has been at the shelter since December 3, 2022 There's a reason we call this girl

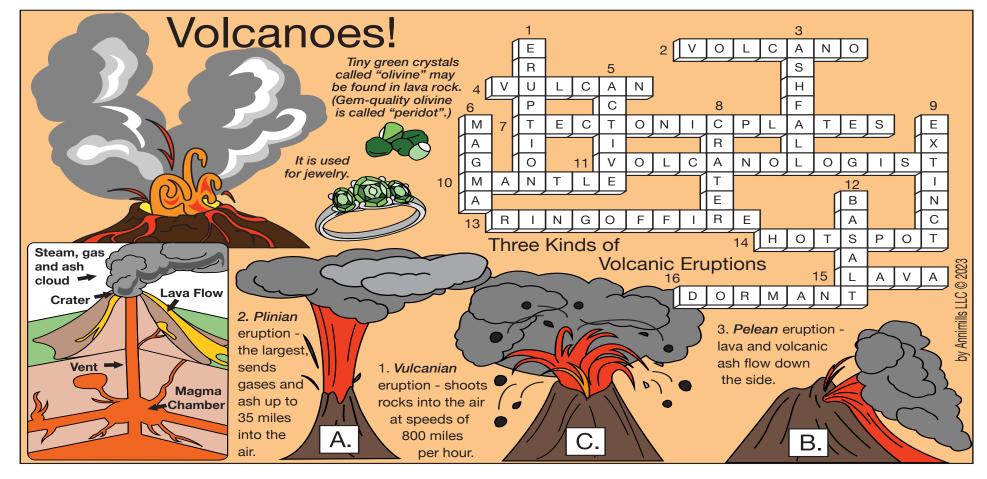


Domestic Medium hair 3 year +

Puf Puf has been at the shelter since July 14, 2023

Please consider volunteering or adopting or fostering or donating to your local Humane Society

You or your business can sponsor a Humane Society pet for \$10.00 a week per pet. Fifty percent of the profits will be donated to the Humane Society.



Serving Cunningham and Surrounding Communities

Thursday, July 20, 2023 page 11

Minutes from the Pratt County Commission

The Pratt County commissioners met in regular session Monday, July 10, 2023, at 2:00 p.m. in the commissioner room, 1st floor of the courthouse. The following members were present: Thomas W. Jones III, Rick Shriver, Dwight Adams, Tyson Eisenhauer, county counselor, Lori Voss, clerk, and Mark Graber, IT director.

Brian Atteberry, EMS director, reported he ordered a radio for medic 3. He stated he needs to order another radio for medic 4. He will have K-COMM program the new radios. Commissioner Adams made a motion to approve the purchase of two radios.

Commissioner

Shriver seconded the motion. Motion carried 3-0. He reported they need to purchase a mower for the public safety building. He will get quotes for a mower and report back. Medic 1 is throwing codes,

Day 7, Kansas

Wheat Harvest

Report

Kansas Wheat Harvest

Reports, brought to you

by the Kansas Wheat

Commission, Kansas

Association of Wheat

This is day 7 of the



Doug Freund, road/ lake supervisor, presented a pay slip for Gary Smith to mow at the lake. Commissioner Adams made a motion to approve hiring Gary Smith for \$15.00 at the lake. Commissioner Shriver seconded the motion. Motion carried 3-0.

He stated the third of July went pretty smoothly. Jamie Huber changed out the receptacles to match the vendors at the lake. He reported they are usually making asphalt at this time. Heft is hust now moving in so they are a month behind.

Darcie Vandervyver, health director, reported she got decals on the trailer. She had her parking lot painted. They all attended an immunization clinic in Salina. They have started back to school immunizations. She was awarded the work force grant in the amount of \$89,166. There are only certain things she can use it for. She questioned if they approved the purchase of a truck to haul the trailer out of her special equipment funds. They replied yes. The South-Central Community grant is open and she will be applying.

Jon Roach, noxious weed director, reported the truck is out of the shop and back in use. Started spraying for KDOT. Jon and Casey will be attending a conference in Colby.

Commissioner

Shriver commented he had been contacted about a problem with bindweed and Johnson grass in the northeast part of the county. Commissioner Shriver also asked if he could spray for weeds around the old EMS building.

Clerk Voss presented an invoice from Foley Equipment for service on the generator at the old EMS building.

Commissioner Adams made a motion to approve the minutes from July 3, 2023. Commissioner Shriver seconded the motion. Motion carried 3-0.

Tyson asked about the survey to split the lot by the public safety building. Commissioner Shriver hasn't heard anything back. Commissioner Adams asked about the land on Highway 61. Tyson stated he had started the process but wanted to wait until the budget process was complete before going further.

Chairman Jones made a motion to approve the payment vouchers for July 10, 2023. Commissioner Adams seconded the motion. Motion carried 3-0.

Tara Pagenkopf, RSVP director, presented checks for signatures. She questioned the AC unit at the old EMS building. Commissioner Shriver said it was checked and works fine. She questioned rather she had enough grant money to afford the bills at the old EMS building. She will start moving to the old EMS building.

Billy Hampton, fire/ rescue chief, presented

average protein.

Adcock said yields are averaging in the high 20s to low 30s with a range from the teens to 50 bushels per acre. Weeds are everywhere, due to thin stands and the crop maturing later than normal.

two new hires for fire/rescue, Jonathan Popovich and Wayde Freeman. Commissioner Adams made a motion to hire Jonathan Popovich and Wayde Freeman for fire/ rescue. Commissioner Shriver seconded the motion. Motion carried 3-0. Commissioner Adams questioned why two rescue trucks were sent out to the wreck on highway 61. Billy replied they send two trucks until they get on scene and see what they have.

Commissioner Shriver reported he had met with Sheriff White concerning the new cameras and security system. There is a new employee with INA alert that did a walk through to make sure everything that was quoted was correct.

Commissioner Shriver made a motion to recess at 3:15 until Thursday, July 13, 2023, at 9:00 a.m. for the budget meeting with Scot Loyd, Lloyd group. Commissioner Adams seconded the motion. Motion carried 3-0.

The Pratt County commissioners met in recessed session Thursday, July 13, 2023 at 9:00 a.m. in the commissioner room, 1st floor of the

courthouse. The following members were present: Thomas W. Jones III by Zoom, Rick Shriver, Dwight Adams, Tyson Eisenhauer,

County counselor, Lori Voss, clerk, Mark Graber, IT director and Scot Loyd, Loyd group, LLC.

The budget sheets were discussed. Commissioner Shriver stated with valuations up he would like to keep the budgets for 2024 the same as 2023 with a few minor changes. Commissioner Adams said he was fine with that. Chairman Jones called in, agreed to keeping the budgets the same as 2023. He also agreed to exceed the RNR. Scot will put in the new numbers and have a draft for the commissioner meeting on Monday, July 17th.

Scot will include a cost-of-living raise on each department.

Commissioner Shriver thanked Scot and his team for all his hard work. Commissioner Adams made a motion to adjourn at 11:27 pm. Commissioner Shriver seconded the Motion. Motion carried 3-0.

Stoskopf cut his first field on Wednesday with final results coming in just above crop insurance estimates at 23 bushels per acre, acceptable 12 percent moisture, excellent test weight at 60 pounds per bushel and good protein at 12.8 percent. The only surviving variety on his operation is PlainsGold Whistler, which benefitted from last-minute moisture as a late-maturing variety. "What survived isn't doing too bad, but there aren't many acres of it," Stoskopf said. "There just is not a whole lot of wheat coming in." Summertime temperatures will continue to advance the pace of wheat harvest in the coming days ahead of the July 4th holiday and a cold front next week. Stay tuned as the Kansas Wheat crew continues to share results from the field with the next report scheduled for Jully 5.

to address pressure from KANSAS WH**EAT** late-growing weeds.

At the Nebraska border, Neil Bekemeyer started harvest on Monday, June 26, and expects to finish up in the next few days. In Washington County and up into Nebraska, Bekemeyer had hail on Wednesday night, which did not break the hollow wheat stems, but did have a bit of shatter Wheat fared better than corn, much of which was blown over in the wind. Bekemeyer was surprised at the yields he was seeing, especially considering the moderate amount of weeds below the canopy. Outstanding varieties included AgriPro Bigfoot and LCS Valiant - with test weights coming in between 58 and 60 pounds per bushel. In Riley County, Wheat Kansas Commission board member, Nathan Larson has mixed feelings about this year's wheat crop. He

recalled how difficult it was to get his crop in last fall because there was too much moisture to even get into fields. He still thinks there was moisture in the ground to help the wheat grow, but his stands did not fill out with tillers like he had hoped, and he had more weed pressure.

Larson has been delivering Syngenta Monument crop to the local elevator in Leonardville, where test weights have not been great at an average of 58 pounds per bushel. Overall, his crop is averaging 30 bushels per acre. "It's a disappointing year, but when you think about southwest Kansas, it's not a BAD year," Larson shared. Back in central Kansas, Del Adcock of Bartlett Grain in Great Bend reported the area is about 10 days to two weeks behind normal. So far, they've taken in about 20 percent of the wheat they expect

to receive. Test weights are good, averaging 60 pounds per bushel and above, with higher-than-

Bartlett Grain has a six-county draw radius

In the northern part of Barton County, Dean

Stoskopf reported even higher abandonment, estimating up to 90 percent of local acres would not be harvested due to extreme drought conditions. Some of Stoskopf's fields went a year without an inch (or some even a half inch) of moisture. The majority of the county finally moved out of D4 (exceptional) drought, thanks to rains in the past two weeks, but more rain is needed to keep that status at bay.

Growers, Kansas Grain and Feed Association and the Kansas Cooperative Council.

Triple-digit temperatures mean it certainly feels like the right weather to harvest wheat, but producers and elevators alike are feeling behind schedule. Wheat harvest has shifted west, moving into areas with more extreme drought conditions and more abandoned acres. The wheat acres that remain are coming in below average, but slightly better than expected, while producers adjust their harvesting

and Adcock expects to receive about half the wheat of an average year. Sitting on a short line rail line, the facility will send wheat to their core business in Mexico as well as company-owned flour mills in Coffeyville, Kansas, and North Carolina.

There's little excitement about this year's crop, as approximately 40 percent of acres were abandoned and yields on the remaining wheat are much lower than average.

"Everybody's ready to have harvest done and out of the way," Adcock said.

"If it doesn't rain, we'll be right back in exceptional drought," Stoskopf said.

Stoskopf abandoned 80 percent of planted acres and chose not to spray the remaining 200 acres. As a result, he decided to use only a conventional combine, which handles the ever-growing weeds better than his other rotary head. He noted 100-degree weather also helps chop weeds a little bit easier.

Written by Julia Debes for Kansas Wheat



Wheat Scoop: Wheat Growers Advocate for Enterprise Unit Separation

"Continuous wheat and fallow wheat are two different crops."

That statement was made at a resolutions session of the Kansas Association of Wheat Growers (KAWG) last fall from northwest Kansas wheat farmer Chris Tanner, who serves as KAWG vice president. As two different crops, they should be able to be insured separately, he

said.

"Farmers currently don't have the option to insure wheat enterprise units by fallow and continuous separately and must combine them," said Tanner. "Fallow APH and continuous APH are reported separately but blended for crop insurance purposes."

This sentiment was never more evident than when Tanner's wheat was threatened by hail, once again, this week.

Even with the multiyear drought and rains during harvest, Tanner's fallow wheat was yielding about 70 bushels per acre, compared with his wheat after corn that was yielding only 20 to 40 bushels per acre. Wheat in northwest Kansas was fortunate this year, benefiting from the early summer rains because of its later development than wheat in other parts of the state.

At the fall resolutions session, KAWG voted to add a resolution stating, "The KAWG supports efforts to improve crop insurance performance for farmers through the separation of enterprise units by fallow and continuous, while still offering combined units to those who it would benefit." This resolution was then approved by the full KAWG membership in January 2023 and presented to the National Association of Wheat Growers in March.

Then last month, U.S. Senators Roger Marshall, M.D. (R-KS) and Michael Bennet (D-CO) introduced legislation that will allow farmers to insure wheat enterprise units by fallow and continuous, while still offering a combined option for those who it would benefit. This is similar to the 2014 Farm Bill provision providing for separate enterprise units for irrigated and non-irrigated acreage of crops.

KAWG commends the bipartisan efforts of Marshall and Bennet to work on behalf of farmers to improve the safety net in the upcoming Farm Bill.

KAWG president Kyler Millershaski said,

"Making the change to be able to separate the two cropping styles would be a great benefit to wheat farmers by allowing them to protect their crops and operations effectively, giving them more confidence in their business decisions, and bringing an important tool (crop insurance) up to date with modern farming practices."

For now, Tanner's good fallow wheat is safely in the bin and harvest continues on the lower-yielding wheat after corn. Millershaski isn't as lucky, since this year's delayed harvest has yet to begin on his farm in southwest Kansas. Even so, harvest won't last long once it gets going,

as his family will only be able to harvest about 10 percent of last fall's planted acres. The other 90 percent were already lost to the drought.

Even while in the combine cab, Millershaski, Tanner and others are working on behalf of all Kansas farmers for the betterment of the industry. To bring up other issues that would benefit Kansas farmers or to become a KAWG member, contact kawg@kswheat. com.



The Cunningham Courier Serving Cunningham and **Surrounding Communities**



Day 9, Kansas Wheat Harvest Report

This is day 9 of the Kansas Wheat Harvest Reports, brought to you by the Kansas Wheat Commission, Kansas Association of Wheat Growers, Kansas Grain and Feed Association and the Kansas Cooperative Council.

Harvest continues to plod along into the second week of July, and farmers who still have wheat left to cut are facing rain delays and hail, leading to a long, drawnout wheat harvest.

From July 3 to July 9, there were only 4.1 days suitable for fieldwork, according to the USDA's National Agricultural Statistics Service (NASS) crop progress report for the week ending July 9, 2023. Harvest is now

59% complete, well behind 93% last year and 84% for the average.

Farmers are balancing a mix of emotions from frustration caused by having to wait for conditions to dry, stress of potential hail and other weather events, with joy from these recent rains.

Northwest of Hays, Eric Werth, General Manager at Golden Belt Coop acknowledges some of the struggles he has seen in Ellis county.

"We are really just waiting for it to dry out around here," Werth says.

Werth speculates they are about 90% wrapped up with harvest for this year. Another stressor that Werth describes is the amount of weeds that the rain has brought with it.

After a late start on June 21, Werth reports that he is expecting probably 55% of the quantity they have gotten in years past. Yields are averaging around 30 bushels per acre, with some brighter spots getting up to 40 bushels per acre.

"That is definitely not the majority, though," Werth says. "The [Westbred] Grainfield variety is one that seems to be doing well this year."

Looking at test weights is encouraging for this area, though, seeing those come in around 62 pounds per bushel. However, proteins have been relatively low this year. He guesses they have taken in about 450,000 bushels so far. He said most of the wheat his elevator receives ends up at flour mills.

Seventeen miles west of the geographical center of the continental United States, Bruce Williams at Trinity Ag in Smith Center says his area has been subject to the rain delays as well.

"The thing that hurt us the most is we've basically cut very little since July 4th," Williams noted. "There has been so much humidity."

Williams said harvest began on June 24 this year, only four days off

from when they usually start cutting, but after these recent rains, harvest has been slow to get back up and running. Having had big days on July 3 and 4, they have not had a single, full week of continuous cutting this harvest.

Initial drought stress caused some decent test weights in earlier loads to the elevator. Test weights were about 60-63 pounds per bushel, but these later storms have caused those numbers to dip into the 58 pound per bushel range. Proteins in the area have been as high as 12 to 14 percent. Yields have been all over the board, but even with farmers starting with their best fields, yields were only 35-40 bushels per acre. Many farmers have been abandoning their fields, as the weed pressure has been so intense. The kochia and pigweeds have been so dense that in some of the more extreme cases, you cannot even see the wheat as you drive past fields.

Along with the rain, northwest Kansas has been hit with hail storms. Fortunately, not much of the crop has been destroyed. Smith and Phillips counties are expecting to see more rain and storm chances in the upcoming week.

Elevators and farmers aren't the only ones waiting for conditions to dry. Custom harvest crews like MJB Harvesting out of Grainfield, Kansas, are anxiously waiting to get out and begin harvesting. So far, MJB Harvesting has only been able to cut one field while in Kansas.

Mark Bosse, owner of MJB, shared that nearly all of their customers in Kansas have been affected by either hail or drought, or both. Fields that were going to be decent are now looking to only be 15-35 bushels per acre. The one field the MJB crew has been able to cut so far yielded about 35-40 bushels per acre. Several producers along the Gove and Lane county line will not even harvest their crop.

Composed of local people, high schoolers and J-1 visa employees, the MJB harvesting crew has been on the road since May 22. They started in Texas and will go all the way up into Montana. Although conditions were good in Texas, the wheat got bleak as they progressed north. Fortunately for them, crop conditions are looking up for areas north of Kansas, rounding out a very interesting wheat crop year.

The 2023 Harvest Report is brought to you by the Kansas Wheat Commission, Kansas Association of Wheat Growers, Kansas Grain and Feed Association and the Kansas Cooperative Council. To follow along with harvest updates on Twitter, use #wheatharvest23. Tag us at @kansaswheat on Facebook, Instagram and Twitter to share your harvest story and photos.

W H E A T

Soft Red Winter Special Edition Harvest Report 2023

This Soft Red Winter Special Edition of the Kansas Wheat Harvest Reports is brought to you by the Kansas Wheat Commission, Kansas Association of Wheat Growers, Kansas Grain and Feed Association and the Kansas Cooperative Council. Soft red winter (SRW) wheat has been a bright spot in Kansas' otherwise challenging wheat harvest this year. According to USDA's National Agricultural Statistics Service in the 2023 Wheat Varieties Report, SRW makes up only about 4% of the state's wheat acreage, with hard red winter making up the majority of the balance. In pockets of far southeastern Kansas and parts of northeast Kansas, wheat farmers plant soft red winter wheat, as those areas have climate conditions annually more suitable for SRW than HRW.

SRW typically yields higher than HRW but has lower protein content (8.5% to 10.5%), soft endosperm and weak gluten, making it targeted for different end products than HRW, universally known as the bread wheat. SRW is commonly used for specialty products such as sponge cakes, cookies, crackers and other confectionary products.

CoMark Equity Alliance (CEA), headquartered in Cheney, Kansas, and Enid, Oklahoma, has several locations in the southeastern part of Kansas,

your customers and work with your FSA office to get an idea on the percentage of each class of wheat grown in the area."

Presley said they've been sending some samples to Kansas Grain Inspection Service for hardness tests, so "wheat can be labeled correctly, and we can tell our domestic and international markets, 'this is as advertised.""

Jay Armstrong is one of those eastern Kansas wheat farmers who plants SRW. He has finished his wheat harvest near Muscotah in Atchison County, where it's nor mally too wet for high wheat yields, but this year was the exception.

delivery to mills near Kansas City that are looking for SRW this year. Despite the successful wheat crop, no moisture is now to be found and the soybeans going in behind the combine are being planted into dust.

In Montgomery County, where Richard Felts farms with his brother Larry, the SRW wheat — which makes up 80 percent of their operation — looked good all winter long. But, the area also suffered from a long stretch without rain.

"When it quit raining this time last year, that was the end of it until this

layed for the Felts family due to rain, finally starting around June 15. The SRW is averaging 85 bushels per acre with test weights averaging right at 60 pounds per bushel. That wheat is being delivered to the elevator in Coffeyville, which has to switch between hard and soft wheat deliveries, a tricky undertaking when both classes look similar but have very different quality characteristics... and different prices on the board.

"We're trusting that all our neighbors are being honest, and elevators are pulling a sample

growing conditions, the harvest is better than expected.

Both HRW and SRW are planted in this area, about 30 percent soft to 70 percent hard. Ottawa Coop has taken in both classes of wheat for several years without issue because their elevator crew could visually distinguish between HRW and SRW. This year, however, certain HRW varieties started to look more like SRW. As a result, Wenger said they submitted samples to the state for grading and talked with farmers to make sure they were segregating the two classes.

extreme south central Kansas and north central Oklahoma, that handle both soft red winter and hard red winter wheat.

Troy Presley of CEA discussed the importance of keeping the two classes of wheat segregated.

"I feel it's especially important this year for all segments of the industry to work together to protect the integrity of both the hard red winter and soft red winter markets," he said. "End users rely on us to provide wheat with the characteristics they need, and we don't want to jeopardize that. It's important to know

Armstrong put on 160 pounds of nitrogen, fungicide and seed treatments on his SRW crop. Combined with a nearperfect growing season - he's one of the few producers in the state that would call it so this year — Armstrong said this was "the best wheat we have ever planted." His Pioneer 25R74 averaged 94 bushels per acre for a farm-wide yield with test weights between 60 and 61 pounds per bushel.

Armstrong binned the bumper crop for later spring," Larry Felts said. "That's why we needed a decent wheat crop because we didn't have anything for fall crops. From here you don't have to go very far before you run into some bad stuff."

Richard has farmed in partnership with Larry since they came back from college to partner with their father. Now, Rich's son and son-inlaw are involved in the operation and Larry's grandson is running the grain cart — the fourth generation on the family operation.

The beginning of wheat harvest was de-

of \$305,681, which along with performance bonuses, totaled \$480,985, according to USPS data.

President Joe Biden's base salary is \$400,000, while Vice President Kamala Harris's is \$235,100.

DeJoy's 2021 salary drew criticism from some, amid internal turmoil at the organization in 2020 due to policy adjustments and cost-cutting efforts that slowed mail service.

Ultimately, Biden does not have the authority to remove DeJoy, though he did make appointments for vacancies to the USPS Board of Governors shortly after he was elected. -from Business Insideron every load," Richard Felts said. "We all want to protect the integrity of hard red winter wheat."

The last wheat they will cut will be their HRW, but attention is already shifting to the next crop that could use some moisture as the son-inlaw has started planting soybeans.

Harvest should wrap up by the end of this week in Franklin County, according to Clark Wenger, general manager/CEO of Ottawa Coop. The area planted twice as many wheat acres this year and combined with an uncommon set of great

Segregation between HRW and SRW is important for elevators as they market that wheat to different end-users.

"They either want soft wheat or hard wheat, they don't want a mix," Wenger said. "If it is a mix, then it causes problems and we're left to market that mix into a feed market that isn't as profitable. So, we have to make sure that what we take in is what it's supposed to be."

Trivia About the Post Master General

The postmaster general is the second-highestpaid federal employee - and other weird facts about the USPS leader

The postmaster general serves as CEO of the United States Postal Service, overseeing all operations and ensuring it can "fulfill its public service mission and maintain financial sustainability well into the future."

The position has a storied history, beginning with Benjamin Franklin in 1775. Franklin served as the country's first postmaster general after he was appointed by the Continental Congress.

The position existed even before the Declaration of Independence in 1776 and the US Constitution in 1789.

Over the next two centuries, the role gained significant power within the federal government. In 1828, President Andrew Jackson made it part of the Cabinet, placing the role in line for succession.

Jackson also started the practice of replacing postal workers, which at the time comprised a vast amount of government jobs, with party loyalists. This continued until President Richard Nixon halted such efforts in 1969.

In 1971, USPS officially was formed as an independent agen-

cy within the executive branch, part of a reorganization of the centuries-old Post Office Department. As part of this shift, the postmaster general was pulled from the Cabinet.

> The postmaster general is now elected by the USPS Board of Governors, an 11-person group selected by the president and advised by the Senate.

The position of postmaster general is currently held by Louis DeJoy, appointed by the USPS Board of Governors under former President Donald Trump in 2020.

Today, the postmaster general is the secondhighest-paid federal government employee after the president. In 2021, DeJoy made a base salary By comparison,



A guy walks into a post office one day to see a middle-aged, balding man standing at the counter methodically placing "Love" stamps on bright pink envelopes with hearts all over them.

He then takes out a perfume bottle and starts spraying scent all over them.

His curiosity getting the better of him, he goes up to the balding man and asks him what he is doing. The man says "I'm sending out 1,000 Valentine cards signed, 'Guess who?'" "But why?" asks the man. "**I'm a divorce lawyer**," the man replies.

I got a letter that was just addressed to "You Idiot". What bothers me is that the post office knew where to deliver it.

Today I went to the post office to mail 20 letters... so I bought 20 stamps... and the clerk just handed them to me. So I said "Am I supposed to stick all these on myself?" ... and she said "No. Stick them on the envelopes.."

Classified Ads

Thursday, July 20, 2023 page 13



SAVE YOUR HOME! Are you behind paying your MORTGAGE? Denied a Loan Modification? Threatened with FORECLOSURE? Call the Homeowner's Relief Line now for Help! 888-975-1473

BATHROOM RENOVATIONS. EASY, ONE DAY updates! We specialize in safe bathing. Grab bars, so slip flooring & seated showers. Call for a free in-home consulation: 855-382-1221

NEW AUTHORS WANTED! Page Publishing will help you self-publish your own book. Free author submission kit! Limited offer! Why wait? Call now: 855-939-2090

DirecTV Satellite TV Service Starting at \$59.99/month! Free Installation! 160+ channels available. Call Now to Get the Most Sports & Entertainment on TV! 888-721-1550

DONATE YOUR CAR TO CHARITY. Receive maximum value of write off for your taxes. Running or not! All conditions accepted. Free pickup. Call for details. 844-268-9386

Never clean your gutters again! Affordable, professionally installed gutter guards proect your gutters and home from debris and leaves forever! For a FREE quote call: 844-607-1361

LONG DISTANCE MOVING: Call today for a FREE QUOTE from America's Most Trusted Interstate Movers. Let us take the stress out of moving! Speak to a Relocation Specialist, call 888-788-0471

TOP CA\$H PAID FOR OLD GUITARS! 1920-1980 Gibson, Martin, Fender, Gretsch, Epiphone, Guild, Mosrite, Rickenbacker, Prairie State, D'Angelico, Stromberg. And Gibson Mandolins / Banjos. 855-454-6658

NEED NEW FLOORING? Call Empire Today® to schedule a FREE in-home estimate on Carpeting & Flooring. Call Today! 844-580-2974

Miscellaneous

Looking for beautiful, energy efficient new windows for your home? Call now and set up your free, no-obligation estimate. Beautify your home today! 895-727-0043

PROFESSIONAL LAWN SERVICE: Fertilization, weed control, seeding, aeration and mosquito control. Call now for a free quote. Ask about our first ap plication special! 855-288-8649.

DISCOUNT AIR TRAVEL. Call Flight Services for best pricing on domestic & international flights inside and from the US. Serving United, Delta, American & Southwest and many more airlines. Call for free quote now! Have travel dates ready! 833-381-1348

Advertising Opportunity

Never Pay For Covered Home Repairs Again! Complete Care Home Warranty COVERS ALL MAJOR SYSTEMS AND APPLIANCES. 30 DAY RISK FREE. \$200.00 OFF + 2 FREE Months! 844-237-1432

PAYING TOP CA\$H FOR MEN'S SPORT WATCHES! Rolex, Breitling, Omega, Patek Philippe, Heuer, Daytona, GMT, Submariner and Speedmaster. Call 844-575-0691

Place your 25-word classified in this paper and 135 more for only \$300/ week. Find employees, sell your home or your car. Call the Kansas Press Association @ 785-271-5304 today!

Accountants	Child Care	Hospitals and	Optometrists	Real Estate
Baker Professional		Clinics		Kingman Real Estate
Accounting Services Tax Compliance	4C		Troy Maydew, OD Seth Thibault, OD	SALES AND APPRAISALS Scott Sparks 532-4242
Process Improvement Tax Preparation	Cunningham Child Care	KINGMAN	Andrew W. Piester, OD	Nancy Milford 491-0774
Tax Planning	Children 8 weeks to 11 years	HEALTHCARE CENTER	216 S. Oak	Lexi Miller 532-5204 Office 620-532-3581
Quick Books Consulting 920 E. 1st Street	120 West 3rd Cunningham, KS	"Exceptional Healthcare to	Pratt, Kansas 67124 620-672-5934	146 N. Main, Kingman, KS
Pratt, KS 67124	620-298-2010	Every Patient, Every Time"	8:00 a.m 5:00 p.m. M - F	www.kingmanksre.com Ability - Honesty - Service
www.baker-accounting.com 620-672-2502		Hospital & Family Clinic 750 West D Avenue	604 N. Walnut Medicine Lodge, Kansas 67104	Ability - Honesty - Service
	Home	Kingman, KS 67068 620-532-3147	620-886-3222 8:00 a.m 12:00 p.m.	Repair Service
Laubhan, Harbert&Haas, L.C.	Improvement	Rehab Services	1:00 - 5:00 p.m.	
Certified Public Accountants Complete Accounting Services		760 West D Avenue Kingman, KS 67068	Tuesday, Wednesday, Thursday	BEAT PREPAIR
Tax - Bookkeeping - Payroll - Consulting -	Dixon's	620-532-0110	Seth Thibault, OD Andrew W. Piester, OD	TRUCK, TRAILER
Joseph A. Harbert, CPA	True Value Hardware	Cunningham Clinic 112 North Main	104 West C Ave.	
217 N Main St. Kingman, KS 67068 620-532-3667	Heating & A/C 325 N. Main, Kingman, KS	Cunningham, KS 67035 620-298-2397	Kingman, KS 67068 620-532-3154	825 E. First Street, Cunningham KS
Lorin Haas, CPA 420 S. Jackson Suite 200	532-2631	Visit our website:	1-800-371-3154	Our Living is Fixing Yours!
Pratt, KS 67124 620-672-3400		www.kingmanhc.com	8:00 a.m 5:00 p.m. Monday - Thursday	620-589-0114
	Subscribe to your	Find us on Facebook: Kingman Healthcare Center	8:00 a.m 3:00 p.m. Friday	
Agriculture	hometown paper!	0		Tax Services
Neville Built	Insu	rance	Pharmacists	
Grain Trailers & Custom-Built Trailers				
Dick or Marvin Neville 5581 SW 50 St. Kingman, KS	Fitzsimmons Insurance	State Farm Insurance	Kingman Drug 211 North Main,, Kingman,	
620-532-3487 1-800-301-3487	Cunningham, KS 67037	Jon Wollen, Agent	Pharmacists on call 24 hours	
	Bus: 620-298-5291	152 N Main Street Kingman, KS 67068	Days - store ph. 532-5113	
Banks	Toll Free: 800-536-5291	Bus: 620-532-3179	Emergency after hours call Merlin McFarland 532-3855	
KANZA bank	For more information	Toll Free: 800-824-6681		
151 N. Main, Kingman, KS 620-532-5821	see display ad on pa	www.jonwollen.com		TRINA'S TAX SERVICE
Lobby Hours 9-5 M-F		Advertise Yo	DUIT	Trina Wilkerson, AFSP
Drive Thru Hours		Business		(620) 491-1771 307 N Ninnescah St
8 - 6 M-F, 8-12 Sat. Equal Housing Lender	iı	n the Couries	ľ	Kingman, Kansas
Member FDIC				www.kingmantaxpro.com

The Cunningham Courier Our Lives Celebrated

Randy Sheldon

Randall (Randy) Eric Sheldon passed from this life on May 27, 2023, surrounded by his wife and sons after a long battle with COPD. Cremation has taken place. Randy was born November 24, 1946 in Kingman, Kansas. He was preceded in



death by grandparents Gladys and Cecil Sheldon and Marjorie and Roy Wetherall, parents Elizabeth and Dale Sheldon and brother Craig Allen Sheldon. He is survived by his beloved wife Pat; son Jason and children Amelia and Jeffrey; son Bryan (Sarah) and children Taylor, Allister, and Oliver; sister Debby Nare (Gus); sister Kristen Desrosiers; and brother Lance (Donna).

Randy grew up in a small town/rural farming environment learning many skills under the tutelage of his father and grandfathers and enjoying hunting, fishing and playing football. He graduated from Cunninghan High School in 1964, and attended Kansas State University graduating in 1968. He completed four years of ROTC and earned a Bachelor's Degree in Economics. He entered active duty in the U.S. Army in September, 1968 and was honorably discharged in September, 1970. Part of the active duty time was spent serving in Vietnam and he was awarded the Bronze Star Medal as well as other medals and recognitions. He continued to serve in the Army Reserve for two years.

On January 2, 1971, he married the love of his life, Patricia Dianne Armour, in Louiseville, Kentucky. He again attended Kansas State University obtaining a Master's Degree in Economics. After obtaining that degree, he went to work for the Chicago Board of Trade (CBOT) for 30 plus years. He retired as Managing Director and Chief Economist in Commodity Research and Product Development responsible for leading efforts to identify and develop new futures markets for the CBOT. Randy also attended North Central College in Naperville, Illinois where he obtained a Masters of Business Administration in 2002. After living in Naperville for 38 years, Randy and Pat moved to Santan, Arizona, for the benefits of a drier climate where they enjoyed the Southwestern terrain.

Randy enjoyed teaching skills to his sons and his hobbies included woodworking, reading history books, exploring new recipes to cook, and "face-timing" with his grandchildren. Like his father Dale, he had a keen sense of humor and was a master at story telling. He was loved by family and friends and will be truly missed.

The family suggests any memoriums be made to Banner Health Foundation, Palliative Care/Mary Goldenberg,

Mel "Sonny" Mefford

Melville Earl Mefford, much loved husband, father, grandfather, great grandfather, and friend passed away December 26, 2022 at the age of 87 after a long illness having shown courage and determination to live and enjoy life to the end.

Mel was born in Skedee, OK on July 23,

1935 to Orville and Ellen Mefford. He graduated from Cunningham Rural High School, Cunningham, KS in 1953. He served in the U.S. Army from 1956 $\hat{a} \in$ " 1958 stationed in Wiesbaden, Germany. After returning to the States, he was employed with Phillips Petroleum Company in Borger, TX where he met his wife Pat, and they were married on Dec. 26, 1959.

He attended Texas Tech University in Lubbock, TX from 1960 to 1963 where he received a Master of Business Administration. Upon leaving Tech he was employed at Sandia National Laboratories, Albuquerque, NM from 1964 to 1997.

After retirement he continued to enjoy many hours on the golf course, tennis courts, bowling, playing bridge and traveling.

Mel is survived by Pat, his wife of 63 years;

two children: daughter Darcie Schalip and husband Mike; son Mark Mefford and daughter-in-law Veronica; four grandsons: Ryan and Brandon Schalip; Nic Gonzales and wife Bella; and Ty Mefford; three great grandchildren: Rex Peak and Julio and Natalie Gonzales; brother, Clifton and wife Martha Mefford and their three children:

Kristen, Steven, and Kyle all of Katie, TX; uncle, Jon Don Mitts and wife Sondra and brother-in-law Jay Kimberlin all of Oklahoma City.

Mel's family will miss his caring and generous nature, integrity, kindness, and devotion to his family. He always thought the best of people and was the eternal optimist. A private Celebration of his Life was held by the family and no other services are planned.

Billie Thompson

Billie Gene Thompson, 94, passed away on Saturday, July 15, 2023. He was born on July 28, 1928 in Farmington, Arkansas to Buster and Lois (Dill) Thompson. Billie married Delma (Heape) Thompson on April 19, 1952 in Pratt. They were married for 71 years.



Brain Health for Boomers

It's somewhat ironic that I'm writing this while I feel like I'm in a state of "brain fry." I just returned from $2\frac{1}{2}$ weeks overseas, so I have some jet lag. We are in the process of closing on our house in a little over a week. And we are packing up to move to another country!

All that being said, I truly do believe keeping your brain healthy is a vital part of your overall well being. Especially as you age. So what's a person to do to keep your brain healthy? We read a lot about keeping physically active, but what about staying mentally active?

Well I have several recommendations to help you keep your brain in good condition.

Stay physically active.

The CDC and ACSM recommend that adults participate in 2 $\frac{1}{2}$ hours of moderate physical activity weekly, in addition 2 or more times a week of strength training.

There is a strong connection between physical activity and mental well being. Don't forget to consult with your medical professional before beginning any new physical activity.

Stay mentally active.

Activities that stimulate you mentally ward off symptoms of memory loss. Try something that you've always wanted to learn but maybe haven't had time for. Maybe it's playing the piano or learning a foreign language. It doesn't have to be major, it can be something as simple as doing puzzles, making new recipes, or maybe just taking a different route to your favorite park or restaurant.

Stay social.

This one has been tough over the past two+ years. Socialization helps reduce the amount of stress and depression many experience. Connecting with others through social activities can keep your brain active and help you feel less isolated and more engaged.

Stay healthy.

Keep fit through sleeping well and eating a healthy diet. While the direct relationship between a healthy diet and dementia is still being studied, it has already been established that a healthy diet reduces your risk of heart disease and high blood pressure.

High blood pressure has been scientifically linked to an increased cognitive decline later in life. As discussed in a previous blog, sleep too, plays a key role in remaining sharp.

Manage Stress.

We all experience a certain amount of stress in our lives. Chronic stress; however, can lead to memory loss. We can't avoid stress, but we can work on modifying how we handle stress.

Some strategies include: Make time for yourself. Unwind, take deep breaths, stretch, meditate, take a quiet walk. These are some ways many have found successful in coping with ongoing stress.

It's that mind body connection. By taking steps to improve your lifestyle you are also taking steps to reduce your risk of dementia.

2901 N. Central Avenue Suite 160, Phoenix, AZ, 85012.



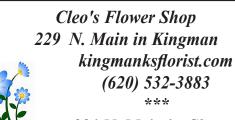
Hilltop Manor skilled nursing by Americare

403 S. Valley Street Cuningham, KS 67035 620-298-2781 www. americareusa.net hilltop@americareusa.net facebook.com/HilltopManorKS

Ļ₽.

Б

Free Bread & Baked Goods at the Cunningham Methodist Church 2 to 5 p.m. on Tuesdays



221 N. Main in Cheney cheneyksflorist.com (316) 542-0054 Sheila Jayne, Owner/Operator



Cards by Roberta Kobbe Handmade Greeting Cards for sale. Shop for cards at Cleo's in Kingman, Store in Norwich and

Ye Olde General Store in Norwich and Market 54 on Main in Pratt or contact me. Will mail or deliver. Cards and stamps make nice gifts for shut-ins. 620-298-2659 Billie graduated from Grenola High School in Grenola, KS in 1947. After Graduating he served in the United States Air Force for two years. He went on to work for Haliburton oil campany for 38 years. He enjoyed Basketball, hunting, gardening, playing softball, golfing and fishing with his wife.

Billie is survived by his wife; daughters, Cheryl Thompson of Hutchinson, KS and Melinda (John) Fernandez of Russellville, AR; son, Billie (Pam) Thompson of Shawnee, KS; grandchildren, Brooke (Vince) Pigno, Cassie Fernandez, Kylie (Paul) Combs, John A Fernandez II, Chase (Hayley) Hartman, Jake Thompson and Ty Thompson; and great-grandchildren, Lorenzo Pigno, Frankie Pigno, Easton Combs, and Emmy Belle Combs.

Billie is preceded in death by his parents and son, Stanley Gene Thompson.

Funeral service was held Wednesday, July 19, 2023 at Larrison Mortuary, 300 Country Club Rd, Pratt with John Hamm presiding. Burial was at Greenlawn Cemetery in Pratt.

Memorials may be made to South Wind Home in care of Larrison Mortuary. Online condolences may be made at www.larrisonmortuary.com.

Check the Blessing Box east of the Methodist Church. Anyone can give or take from the Blessing Box at any time.

Thank You Note RATES

Use the Courier to say "Thank You". \$.10 per word (\$6.00 minimum) -Julie and Lyn Perry-

Defend Against Scammers Who Target Your Social Security Benefits

Scammers are always finding new ways to steal your money and personal information by exploiting your fears. The most effective way to defeat scammers is to know how to identify scams and to ignore suspicious calls and emails.

One common tactic scammers use is posing as federal agents or other law enforcement. They may claim your Social Security number (SSN) is linked to a crime. They may even threaten to arrest you if you do not comply with their instructions. Here are three things you should do:

• Hang up right away or do not reply to the email.

• Never give personal information or payment of any kind.

• Report the scam at oig.ssa.gov to immediately notify the law enforcement team in our Office of the Inspector General.

You should continue to remain vigilant if you receive a phone call from someone who claims there's a problem with your SSN or your benefits. If you owe money to us, we will mail you a letter explaining your rights, payment options, and information about appealing.

There are a few ways you can identify a scam call or email. Remember that we will never:

• Threaten you with benefit suspension, arrest, or other legal action unless you pay a fine or fee.

• Promise a benefit increase or other assistance in exchange for payment.

• Require payment by retail gift card, cash, wire transfer, internet currency, or prepaid debit card.

• Demand secrecy from you in handling a Social Security-related problem.

• Send official letters or reports containing personally identifiable information via email.

If you do not have ongoing business with our agency, it is unlikely we will contact you. Again, if you get a suspicious call claiming to be from us or law enforcement about Social Security, you should hang up and report it right away to our Office of the Inspector General at oig.ssa.gov.