

The Cunningham Courier

"The only newspaper in the world that cares about Cunningham, Kansas"
\$1.00

Email: couriernews@yahoo.com
Website: www.cunninghamcourier.news
(620) 298-2659

March 16, 2023
Volume 33 Number 11
USPS 006-101

photo by Josh Theis

Approved Minutes from the County Commissioners' Meeting March 6, 2023

(the shortest Commissioner meeting in history!)

Chairman Henning called the Board of County Commissioners meeting to order at 8:30 a.m. March 6, 2023, in the County Commissioners room at the Kingman County Courthouse.

Present: Patrick Elpers, Commissioner; Jack Thimesch, Commissioner; Carol Noblit, County Clerk

Brandon Ritcha, County Counselor
Visitors: Bob Morris, Kingman Leader-Courier; Larry Landwehr; Leslie Schrag, Economic Development Director

Online Visitors: Caller 01; Shanna Henry

Staff: Mary Schwartz, Health Nurse;

Charles Arensdorf, Public Works Director; Ron Leroux, Noxious Weed Director and Stan Goetz, HR/Planning/Zoning/Wastewater Director.

Commissioner Thimesch asked if there were any additions to the agenda.

MOTION: Commissioner Elpers moved to approve the agenda. Commissioner Thimesch seconded the motion. The motion was approved upon the majority vote of the County Commissioners.

Leslie Schrag, Economic Development Director was in to give an update on the SPRINT grant.

Carol Noblit, County Clerk submitted the minutes for the February 27th, 2023, Commission meeting to be approved.

MOTION: Commissioner Elpers moved to approve the February 27th, 2023, Commission meeting minutes. Commissioner Thimesch seconded the motion. The motion was approved

upon the majority vote of the County Commissioners.

Carol Noblit, County Clerk submitted the Kingman EMS 2022 Annual Report received from Zachary Bieghler, Kingman EMS Director to the County Commissioners.

Commissioners signed abatements. Commissioner Elpers discussed that he had someone call him about the rise in charges to use the indoor arena at the Expo Center.

Mary Schwartz, Health Nurse was in with the KDHE Aid to Local Application for grants to have the Board of Commissioners sign.

Charles Arensdorf, Public Works Director was in with a permit from the following:

Durango Investment Holdings LLC- 3 Petroleum Road Crossings-Sections 13 & 24,26 & 27 and SW 25 Avenue in Section 26- All in Township 30, Range 08W (Chikaskia).

Mr. Arensdorf let the Commissioners know that the Stafford County Highway Department will be hosting the Spring Meeting of the South-Central Commissioners and Engineers, Thursday, April 6th, 2023 at 9:00 a.m. in St. John, Kansas.

Mr. Arensdorf gave an update on W.3-8.0 the SE 10 St River Bridge.

Mr. Arensdorf submitted financial reports for February to the Commissioners for review.

Ron Leroux, Noxious Weed Director was in to discuss hiring John Wimer part-time to help with the spraying.

Commissioners agreed that he could hire him part-time to see how it goes and re-evaluate next year.

MOTION: Commissioner Elpers moved to adjourn the regular board meeting at 9:55 a.m. Commissioner Thimesch seconded the motion. The motion was approved upon the majority vote of the County Commissioners.

Kansas to Receive \$15M to Provide Communities Digital Devices and Skills Training

TOPEKA – Governor Laura Kelly today announced that Kansas is the first state to receive \$15 million in U.S. Department of Treasury Digital Connectivity Technology (DCT) funds. The money will support equal access to high-speed internet, provide devices to underserved Kansans, and expand digital skills training for communities across Kansas.

"It's not enough to expand high-speed internet across Kansas – we must also show Kansans of all ages and

backgrounds how to make the internet a useful tool in their everyday lives," Governor Laura Kelly said. "These funds will provide the devices and skills training to help every Kansan benefit from our investments to make high-speed internet available in their local communities."

Governor Kelly was the first in the country to recognize the need to design a program that offers free computers and free public Wi-Fi to underserved Kansans with these funds. DCT is made available under the American Rescue Act Capital Projects Fund (CPF). States have the option to put all CPF dollars toward broadband infrastructure or to set aside some of the funding for programs that ensure broadband is more fully accessible to hard-to-reach communities.

During Net Inclusion, the National Digital Inclusion Alliance's annual conference, Joseph Wender, Director of the Capital Projects Fund, said that 20 additional states also had applied for funding.

"Kansas is just the first of many more to come, and it will be to the tune of hundreds of millions of dollars," Wender said.

"By supporting underserved communities and focusing exclusively on equal access to digital technologies with these funds, we will continue to address the specific challenges our communities face," Lieutenant Governor and Secretary of Commerce David Toland said. "This is critical as we work toward Governor Kelly's goal of getting every Kansan who wants access connected

by 2030."

"We know infrastructure is not enough to bridge the digital divide in underserved areas," Jade Piros de Carvalho, Director of the Kansas Office of Broadband, said. "Our office is excited to put these dollars to work to bring Kansans unique opportunities that provide needed equipment and skills training."

The Office of Broadband has been conducting meetings across the state to solicit feedback for a five-year broadband access and digital equity strategic plan. These listening sessions have also highlighted the need for laptops/computers, public wi-fi, and digital training programs.

CHS Students Off to Germany



Students and sponsors are shown at the Eisenhower Airport in Wichita, prior to their journey's start.

photo courtesy of USD 332

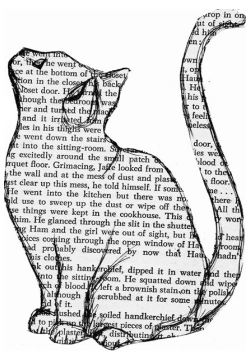
Happy National Nutrition Month to our Dietitian, Danielle Cox!

Thank you for all that you do for our patients and staff!



Danielle Cox, RD, LD





Meanderings

This time-change is causing serious harm to my meanderings.

Since newspapering has become my 'work', I only set that annoying alarm clock once a week. That would be on Thursdays. I want to be sure and get the newspapers to the postal-sending office before Carol and John head out on their routes. I know how much you all look forward to getting the paper on Thursdays and I'd hate to disappoint all you Cunningham readers.

I've meandered waayy off course... My natural wake-up time is between 7 and 7:30 ante merid-

ian—a time Grandpa Frank Thimesch would say is half-way through the day. But it is what time I wake up. No matter what time I go to bed, I seldom ever sleep past 7:30.

Time change! UGH! AARGH! I have awakened the past three mornings about 8:30. But, in this household, even the dog hasn't yet adjusted. He is still sleeping when I wake up. Although, once Quin senses me stirring, he's up and bouncing everywhere. Needless to say, I don't bounce. I pretty much just drop with a thud. And I DO feel like half my day is already gone.

When is that oh-so-wise and oh-so-busy Congress (sarcasm) going to get it together and rid the U.S. citizenry of this ridiculous custom of changing clocks that was instilled, lo, those many decades ago? Surely this is an issue that bipartisanly can be achieved. With the peoples of the world

not seeming to want to conserve anything, much less electricity and other resources, what's the point of changing our clocks. It might save power energy, but I think it zaps people-energy.

Someday.... Maybe... **

Oh, my! All the hoopla about drag queens! What is with that? We ALL, everyone of us, down to a person, have been aware of drag dressing for centuries. Shakespeare! Women on his Globe theater stage were men dressed like women. Look at the men in the courts of France... wigs, high heels, lace on their collars and around their cuffs.

Those states, cities and other Puritan areas banning drag queen events will no doubt be haunted by the likes of Bob Hope, Milton Berle, and Flip Wilson. Did we not enjoy Some Like it Hot (Tony Curtis and Jack Lemmon, drag queens extraordinaire) Tootsie?

And Mrs. Doubtfire? Oh, my goodness! Jamie Farr in MASH, even Bugsy Bunny dressed in drag for entertainment purposes! Oh! Bosom Buddies! Remember that TV series? All those men dressing up as women for pure fun entertainment. No indoctrination meant. No sexiness meant.

I also remember some of our upstanding Cunningham citizenry performing in drag: Bruce Sterneker, Bob Renner, Roger Theis and Kevin Stillwell. "Hey, Big Spender" was an outrageously funny performance FOR ENTERTAINMENT.

It is no different now. Men dress as women for entertainment purposes. There is no indoctrination going on. Many of the drag queen shows are in libraries because men are dressing in costumes to read or tell a favorite story.

Librarians are notorious for dressing up in book character personas

(I didn't, but many of my friends did). No, it seems women librarians can dress as Miss Frizzle and drive a school bus all over the universe, but men librarians can't??? Seriously? Women librarians can dress as Waldo and disappear in a crowd, but men librarians can't dress as Amelia Bedelia? People seriously need to get over themselves and get a life outside their own universe.

And what about kids dressing up as ladies for Halloween? Hmm?? What about that?

I saw a meme recently. It showed a bunch of 'curvy' men in ball gowns and makeup and it showed some scantily clad Tennessee cheerleaders... And the message read "Tennessee outlaws drag queens because they are too sexualized for children". Yes. Men in drag are 'sexy'? No offense, fellows, but you're not.

We really need elected officials who have three

senses: common, humor and money. Sheesh! How hard can that be?!

Always reading, and currently reading, "Freedom Riders: John Lewis and Jim Zwerg on the Front Lines of the Civil Rights Movement" by Ann Bausum, Roberta

"I object to being told that I am saving daylight when my reason tells me that I am doing nothing of the kind... At the back of the Daylight Saving scheme, I detect the bony, blue-fingered hand of Puritanism, eager to push people into bed earlier, and get them up earlier, to make them healthy, wealthy, and wise in spite of themselves."

— Robertson Davies, The Papers of Samuel Marchbanks

"It's a good thing I was born a girl, otherwise I'd be a drag queen." — Dolly Parton

Tallgrass and Tumbleweeds by Gaille Pike

Dear Readers, It was a Dr. Dolittle moment of sorts. If I could "talk to animals" I could confirm what I suspect, that it was not premeditated when a sparrow dive-bombed my head. I'm tall. So this bird's wings are not the first to clip my cranium accidentally or not. However, this IS the first time I've been bird brained while standing

in front of the washing machine. I'm proud to say I didn't squeal or holler, though most of the laundry I was transferring from the hamper into the washer landed upon the floor.

I would not say having wild birds in the house is a frequent occurrence but considering that I do not live in an aviary, sanctuary or zoo, it happens more often

than I think it should. Let's set aside the one or two that stray when the front door's propped open each summer. They take a turn around the living room and zip right back out again. THOSE no fowl harm fly-bys are delightful.

I can't say, though, that I enjoy the bird "guests" (like this latest little wild tyke) that have arrived via another entrance. And NOT of their own accord. The question of bird free will is mute when one our felines crosses the cat door threshold with a live feathered mouthful. The dead ones they drop at

as gifts at our feet—ain't that sweet?

If I see a cat bring in a live bird I try to act fast and I hope I can help it STAY alive. But when I don't witness the crime I've no way to help until the victim makes its presence known. I suspect my blitzing sparrow was in the house for eight to ten hours. But the internet says a bird can go without food for three days so it may have been in here longer.

Once I know a wild bird's in the house, it must be got OUT. I try not to break stuff or hurt myself or hurt the bird. It's tense and inconve-

nient. And ALWAYS comical. Unless I'm home by myself, I'm just a "helper" in these situations. And I'm usually laughing so hard that I'm not even much assistance to the true bird remover. In case I am needed I DO refrain from taking videos with my phone (though I often wish I had.)

Upon release there's no chirped "thank you's." I don't blame them for taking off without even a glance back. Imagine that YOU are just minding your bird business one day when suddenly you're cat mouth snatched into a dark,

grassless and skyless box. And big loud creatures join the cats in chasing you about. If that happened to me, the minute I could get away, I know I would high tail it away from this house, too.

I wish I could talk to these birds to let them know I understand their plight and let them know they will be okay. But more than THAT I wish Dr. Dolittle could have a stern (but loving) chat with my bird terrorizing cats.

Until next week—keep your eyes on the stars and your back to the wind.

A COLUMN BY TOM PURCELL

Still Time to Save Us from Daylight Saving Time

by Tom Purcell on March 7, 2023

I dread the coming of Sunday, March 12.

At 2 a.m. that morning our clocks will "spring forward."

That means that my yellow Labrador, Thurber, who wakes me at exactly 6 a.m. every morning, will begin waking me at exactly 5 a.m. every morning.

He'll do so because that's when his Labradorian clock tells him it is time for me to feed him and take him outside for Number 1 and Number 2.

Which means I'll be in a perpetual stupor for weeks until the two of us finally get used to the clock change — only to have to go through the clock disruption all over again come November.

I've become keenly aware of the national daylight saving time debate since I got Thurber two years ago.

As I've reported prior, the jarring shift to our daily sleep patterns and routines each spring and fall is linked to an increase in heart attacks, strokes and automobile accidents.

In March, when our clocks "spring forward," hospitals around the U.S. report a 24% spike in heart attack visits.

The reverse happens in the fall when our clocks are set back. Heart attack visits to hospitals drop by 21% — but pedestrian deaths increase because it gets dark earlier.

Finally, one year ago, our esteemed politicians decided to actually do something about it.

The U.S. Senate unanimously passed the Sunshine Protection Act to make DST permanent starting in 2023, ending the twice-annual changing of clocks.

So why are we still changing our clocks every spring and fall?

Because last year the Sunshine Protection Act bill "hit a brick wall" in the U.S. House, according to The Hill.

Some lawmakers argued other matters were more important or asked for more research, the Hill reports.

Others worried that changing — or not changing — the clock could affect areas that rely on tourism or have large farming communities.

Good God, are confusion, disagreement and inaction the only talents our politicians have?

Nonetheless, Senator Marco Rubio (R-Fla.), who introduced the Sunshine Protection Act last year, is giving it another go.

The Sunshine

Protection Act of 2023 — one of the few acts to have bipartisan support in the Senate — would make the clock change on March 12 the very LAST clock change in American history.

Our new Republican House has an opportunity to pass this bill into law and finally end our twice-a-year misery.

To ensure that outcome, we dog lovers are offering them this timely deal:

First, we'll loan you our furry friends, so you can experience yourselves the unpleasantness of the morning of March 12.

We'll let you keep our dogs for a week or more. They being some of the

most sensible creatures on the planet, we pray that their good sense will rub off on you.

Dogs know that only a stupid human can think he can snip an hour off the morning and add it to the evening as though he has mastery over darkness and light. (Thurber explains why DST is dumb in a humorous video at ThurbersTail.com).

A 2022 poll by Monmouth University found that 61 percent of Americans are tired of the madness of DST and ready for it to end, so it's a smart political move for House members of both parties.

However, if our dogs' good sense does not rub off on you — and if you lawmakers continue to delay the long overdue death of DST — know that our dogs know where your lawns are.

They'll be leaving you a present every morning at 5:00 a.m.

Copyright 2023 Tom Purcell, distributed exclusively by Cagle Cartoons newspaper syndicate.

Purcell, creator of the infotainment site ThurbersTail.com, which features pet advice he's learning from his beloved Labrador, Thurber, is a Pittsburgh Tribune-Review humor columnist. Email him at Tom@TomPurcell.com.

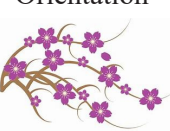
The Cunningham Courier (USPS 006-101) 320 Stadium Street, Cunningham, Kansas 67035 620-298-2659 © 2018 Periodicals Postage Paid at Cunningham, Kansas 67035 Postmaster: Send address changes to The Cunningham Courier 320 Stadium Street, Cunningham, KS 67035 Published Weekly Roberta L. Kobbe Editor & Publisher Subscription Rates: \$45.00 per year in Kansas \$50.00 per year out of state 320 Stadium Street, Cunningham, Kansas 67035 E-Mail: couriernews@yahoo.com

Stop. Verify. Report. Financial scammers are everywhere. If you find yourself victim to financial exploitation, stop, verify the source, and report it. Kansas Protection Report Center 1-800-922-5330

THIS WEEK! EQUINE OF KANSAS Thurs., March 16 Sunday, March 19 Doors Open 9:00 a.m. Tony's Pizza Events Center and Saline County Expo Center, Salina RANCH RODEO Friday and Saturday 12 and under Free Sunday is Free for Everyone New Entertainment Vendors and Clinics Visit Salina KS.org

Community Bulletin Board

March 13 - 17 School Spring Break	Tuesday, April 4 Individual/Class/ Sports photos ***
Monday, March 27th JH Scholars Bowl at HOME	HOPL Forensics at Norwich *** Lion's Club
Thursday, March 30th JH Track Meet at Skyline	Wednesday, April 5th JH Music Contest at Skyline *** 5:30 p.m. Site Council Meets
Friday, March 31st Enrollment Orientation	Thursday, April 6th JH Track at Pretty Prairie *** HS Track at Pretty Prairie
Monday, April 3rd NHS Blood Drive *** JH Scholars Bowl III at South Barber *** 5:30 p.m. Enrollment Orientation	Friday, April 7th Good Friday -- NO SCHOOL



Chili and Soup Supper
sponsored by the
Preston Senior Citizens
Saturday, March 18th
4:00 - 7:00
Free Will offering
Senior center



Good Things Come to Those Who Bake:

Celebrate Bake and Take Month This March with Kansas Wheat

Spring is in the air, and so is the smell of freshly baked treats delivered by home bakers taking part in Bake and Take Month this March. Kansas Wheat encourages all to join in this tradition as a way to reconnect with others.

"The long-standing tradition of Bake and Take Month is a great way to spend time with our children and neighbors as well as give back to those in need," said Cindy Falk, nutrition educator of Kansas Wheat. "Whichever way you are able to observe Bake and Take Month this March, don your apron, take out your favorite recipe and use this time to celebrate our relationships with our friends, our families and our communities."

The premise of Bake and Take Month is simple — bake something and share it with a neighbor, friend or relative. Add even more meaning to the month by delivering them with a handwritten note or staying for an in-person conversation.

"You never know the positive impact you may have on those around you simply by sharing a smile and a care package," Falk said. "This piece of Kansas heritage stretches back more than 50 years and is as powerful now as it was when it started."

Bake and Take Month started with Bake and Take Day in 1970 as a community service project of the Kansas Wheathearts in Sumner County. The Kansas Wheathearts, an auxiliary organization of the Kansas Association of Wheat Growers, set out to share baked goods with family members, friends, neighbors and others, generating community goodwill. The idea of a community member sharing a favorite recipe with someone special was so successful that the Kansas Wheathearts created a national Bake and Take Day celebration in 1973, celebrated on the fourth Saturday in March. Although the Kansas Wheathearts disbanded in 2001, Kansas Wheat continues to support this tradition.

"Bake and Take Day may have started as a promotion to educate consumers about the importance of home baking and the nutritional value of wheat foods," Falk said. "Today, it's a chance to break out the oven mitts and create memories together while spreading cheer and goodwill."

No matter whether you are looking for a way to get the kids off their screens during Spring Break, prepping for a March Madness watch party or just want to bring a smile to someone's face, good things are sure to come to those who bake.

For recipes and more ideas for Bake and Take Month, visit <https://eatwheat.org/>. For specific ways to include children in this activity, check out <https://eatwheat.org/learn/cooking-kids-kitchen/>.

"Getting kids in the kitchen has many benefits," wrote registered dietician Jill Ladd on the EatWheat site. "Not only are children more likely to consume foods that they help prepare but inviting them into the kitchen from a young age can instill a love for cooking and help teach them fundamental life skills."

Need even more inspiration? Check out the National Festival of Breads at <http://festivalofbreads.com/>. Falk and her team are busy testing out entries in the Kansas Wheat Test Kitchen for the virtual contest, so stay tuned for even more tasty announcements and recipes to come.

Written by Julia Debes for Kansas Wheat

Kingman County Health Coalition Events

On March 21st: Freezer Meal prep (cost of \$15.00) will be led by Amanda Naillieux and Sharon James. The cost includes 3 ready-to-bake main dishes.

March 28th: Cooking on a Budge. This nutrition class will be led by Karin Allen and the ever upbeat and always fun teacher, Susan Boen.

To enroll in these classes, to be held at Kingman Church of Christ, contact Melissa Thimesch at KSU Extension Office 620-532-5131.

Security planning strategies with Tyler Meyer from QED Wealth Solutions

April 13th Estate Planning with Matt Ricke, attorney

Family Photo Scavenger Hunt will happen through the month of April. Capture photos of your family's fun adventures. Complete 10 of those pictures to be entered in a drawing for a prize! Stay turned for flyers from your local school.

Community Health Fair will happen on Saturday, April 15 from 7:30 a.m. to 11:30 a.m. at the Kingman Armory. Contact Kingman Chamber's own Shelby Snyder (620-532-1853) to register as a vendor at no charge.

Financial Wellness classes held from 6:00 – 7:30 p.m. at the Kingman EMS building. No registration is required.

March 23rd Banking and Budgeting Basics with Leesa Beam from Citizens Bank of Kansas
March 30th Social

The Community Calendar is sponsored by



nvalleybank.com Member FDIC
101 E. First Street
Cunningham, KS
620-298-2511

To reserve the Cunningham Community Center, contact Taylor Strickland, (620) 770-9516 or 620-298-2511

Libraries

Cunningham Public Library
Mon., Wed., Fri.
2:00 - 6:00 p.m.
Tues., Thurs., Sat.
9:00 - 11:30 a.m.
Closed for Holidays
298-3163




Zenda Public Library
Monday
8:30 a.m. - 12:30 p.m.
Thursday:
4:00 p.m. - 8:00 p.m.
Saturday:
8:30 a.m. - 12:30 p.m.
620-243-5791



Kingman Carnegie Library
Mon. & Tues. 10:00 a.m. to 8:00 p.m.
Wed. : 10:00 a.m. to 6:00 p.m.
Thurs. : 10:00 a.m. to 8:00 p.m.
Fri. : 10:00 a.m. to 6:00 p.m.
Sat. : 10:00 a.m. to 2:00 p.m.
620-532-3061



Pratt Public Library
Mon. - Thurs.
10:00 - 7:00
Friday: 10:00 - 6:00
Saturday: 10:00 - 2:00
Closed on Sundays
(620) 672-3041



National Honor Society is hosting their Spring Blood Drive.

Monday, April 3, 2023

1:00 to 6:00 p.m.

Community Center
Cunningham, Kansas

Register online at redcross.org or
By contacting Ingrid Ricke
620-388-2548

Shared on Facebook?
Share with **"The Cunningham Courier Newspaper"** on Facebook

B-29 Museum
is open on Sundays from 2:00 to 4:00 pm
Pratt Army Airfield – 82 Curran Road
Visit them on Facebook at www.prairiebombers.org for more information. If you would like to visit the museum at another time call 672-8321, 672-2444 or 620-797-2919 to schedule an appointment!



Cozy's Pizza
115 N. Main
Cunningham, KS 67035
620-298-7000
Mon., Tues., & Thurs. - 11:00 to 8:00
Friday and Saturday - 11:00 to 9:00
Closed Wednesday and Sunday



Thanks for recycling
The Courier on March 20th
Recycle - Reduce - Reuse - Repurpose

Kingman Historic Theatre
237 N. Main in Kingman
(620) 532-1253
<http://www.kingmantheatre.org/>
All Seats \$6.00
(cash or local check only)
Showtimes:
Friday & Saturday at 7:30
Sunday at 5:30

March 17 - 19

Jesus Revolution

Rated: PG-13

YEARS AGO IN

The Cunningham Clipper

W. A. Bradley / William Bradley

1928

March 16 – Delivering three addresses in her brief half-day visit to Cunningham last Tuesday, Miss Madeline Southard, noted preacher and lecturer, climaxed her stay among us by organizing a branch of the Women's Christian Temperance Union in Cunningham. Local officers are President, Mrs. Wayne DeLair; Corresponding Secretary, Mrs. Art Brown; Recording Secretary, Mrs. John Groom; and Treasurer, Mrs. Frank Allbritten.

1933

March 17 – Mrs. Fred Ball is modernizing her Cleaning, Pressing and Laundry shop by putting in a calling-for and delivery system starting this week.

E. C. Dafforn of Zenda, was in this city a couple of times this week. On Monday and then again on Wednesday. E. C. is going to keep fooling around here until he finally locates here.

1938

March 18– Jim Taylor, of Wichita, father of Miss Cozette Taylor, teacher in our local grade school, died suddenly from a heart attack Wednesday afternoon on a Wichita bus enroute from his work at a packing house to his home.

Mr. and Mrs. Taylor lived in Cunningham many years ago, moving from here to Wichita. Mrs. Taylor is the daughter of J. J. Amick.

Notice – The city has ordinance that chickens must be put up through gardening time. Please keep your chickens up. A. I. Jones, Mayor.

Cunningham Theatre
Friday & Saturday
"They Won't Forget"
Claude Rains and Gloria Dickson with Charlie McCarthy
Sunday, Monday, Tuesday
"It's Love I'm After"
with Betty Davis and Leslie Howard
Wednesday Thursday
"Some Blondes are Dangerous"
with Noah Berry Jr. and Dorothea Kent
Two Shows every night 7:15, 9:00

1943

March 19– Pretty Prairie defeated the Cunningham Wildcatters, 27 to 23, in the semi finals of the Medicine Lodge Class B Regional tournament ending a successful basketball season for the locals.

Here an' There
From Everywhere
A Pratt county family had returned from church. Dad criticized the sermon. Mother thought that the organist made a lot of mistakes. Sister didn't like the choir's singing. But, they all shut up when little Son chipped in, "I thought it was a mighty good show for a nickel."

1948

March 19 – The first rail shipment of new Chevrolets since 1941 arrived in Cunningham Wednesday morning. The consignment contained three trucks. Previous shipments have been made by transport truck.

The Cunningham Wildcats were defeated in the semi-finals of the Class B Regional Tournament at Kingman last Friday afternoon by a "good tournament team," Pretty Prairie, 25-15.

The Methodist choir, under the direction of Miss Barbara Clark, will present the Easter Cantata, "The Resurrection Song," in the church, Wednesday evening, March 24, at 7:30 p.m.

Mrs. James Wilson, contralto, and Mrs. Waldo Graves, soprano, members of the Christian church, will assist in this presentation. Mrs. Dan Cusenbary, pianist, will accompany.

1953

March 20– The Cunningham High School Wildcats suffered a crushing 80-61 defeat by the Halstead High School Dragons in a first-round game of the Class B. Regional Tournament at Pretty Prairie last week, and the defeat wound up a highly successful season for the Wildcats with a record of nineteen wins against four defeats.

The Wildcats played 23 games throughout the season against 22 opponents. Hardtner was the only

school Cunningham played twice, and the Wildcats won both games by scores of 55-46 and 110-64. Two of the four losses that mar the Wildcat's record came in the Invitational Basketball Tournament at Dodge City, which featured Class AA, A, B, and BB teams from all over the state of Kansas. Cunningham dropped decisions to Pittsburg, a Class AA school, 58-54, and to Pratt, a Class A school, 60-40. The other loss came at the hands of Haviland, the Wildcat's first regularly scheduled game of the year, 66 to 61.

In addition to Hardtner, victories came at the expense of Argonia, Kiowa, Byers, Harper, Nashville, Preston, Coats, Zenda, St. John, Sawyer, Hazelton, Norwich, Turon, Chase, Isabel, Friends Academy, and Haven.

Cunningham averaged 73.3 points-per-game, Their opponents averaged 55.2 points-per-game. Cunningham registered a 45.3 percent field goal average, and made 525 free throws out of 812 attempts for a 58.9 percent average.

Individual scoring honors went to Billy DeWeese, who averaged 17.7 point-per-game.

Eleven Wildcats will receive school letters for basketball this year. They are Ronnie Adelhardt, Billy DeWeese, Jackie Meyers, Leonard Schnittker, Larry Ball, Melville Mefford, Johnny Pelzl, Victor Becker, Walter Becker, Wilbur Tarrant, and Jimmy Stillwell. The Wildcats will lose four players by graduation this spring. They are Jackie Meyers, Leonard Schnittker, Melville Mefford, and Larry Ball.

1958

March 20 – The Cunningham Lions Club held their regular bi-monthly dinner-meeting at the Lodge Hall, Tuesday night.

Following dinner, Dan Bayer showed pictures of his tours of duty while he was in military service.

Successive snows on Sunday and Monday, coupled with a small snowfall practically every day last week, has made most of the residents of this area pretty sick of the "white stuff."

Moderating temperatures this week have erased most of the signs of snow, but in its wake is a quagmire of muddy roads.

Most roads are passable now, but the first of the week found many farm folks "mired in." One day the latter part of last week, Rural Route One Carrier George Urban, traversed 94 miles covering his normal 55-mile trip.

The Lodge Hall has undergone a "sprucing up" during the past week. Members of the Odd Fellow Lodge have applied a new interior paint job to the downstairs portion of the building. The walls were painted a light shade of green, with the trim in cream, and it presents a very noticeable and attractive change.

1963

March 21 – Jack Meyers, Paul Rohlman, Dean Mantooth, Robert Bridges, and Victor Renner took the 30 students in the upper four grades of the Sacred Heart School to Wichita last Thursday evening, where they enjoyed dinner and attended the opening games of the Class AA High School State Basketball Tournament in the University of Wichita Fieldhouse.

Blade Chuck Roast, 39c lb.
Center Chuck Roast, 49c lb.
Short Ribs, 39c lb.
Reddimaid Pie Cherries, 20-oz. can, 39c
Kraft's Deluxe Sliced American, Pimento, or Swiss Cheese, 3 8-oz. pkgs, \$1
Sunkist Lemons, 10 for 39c
Winesap Apples, 20 for \$1
Cunningham IGA

1968

March 2 – Lewis Johnson was the high bidder for the P. J. Beck house, also known as the Doty house, in the south part of town. The property sold at auction Monday afternoon. Also included in the sale were many household items, as well as numerous antiques, all of which sold well.

DeWeese's IGA

Blade-cut Chuck Roast, 45c lb.
Center-cut Chuck Roast, 49c lb.
Spare Ribs, 39c lb.
IGA Cut Green Beans, #303 can, 15c
Good Value Oysters, 8-oz. can., 39c
First Pick Red Salmon, #1 tall can, 89c
TV Frozen Orange Juice, 6 6-oz. cans, \$1
Kraft American Cheese, 12 oz. pkg., 49c
Kraft 1/2 moon Longhorn Cheese, 10 oz. pkg., 49c
Golden Bananas, 11c lb.
California Navel Oranges, 20 for \$1

compared by Mrs. Arlene Bradley. The basket dinner was enjoyed by the cubs and their parents, grandparents and special guests, Mr. and Mrs. Dick Almond and Vernon Almond.

After dinner the Cubs, under the direction of Den Leader Mrs. Charles Lackey entertained with a stunt about Easter Eggs ending with the scouts throwing hollow eggs into the audience.

Vernon Almond then told about his experience in Scouting, about earning his God and Country award and the highest of all scout awards, the Eagle Badge. Then Vernon presented a very entertaining and mystifying Magic Act.

Mrs. Melvin Oller, disguised as Akela, conducted the test of courage for the Wolf Scouts. Those Wolves passing the test were Tommy Theis, Chris Huhman, Rodger Lackey, Todd Rohr, and Jason Ruckle. John Rosenbaum was presented his Bobcat pin and badge.

Boys received their Bear badges were Matt Oller, Ryan Ruckle, Scott DeWeese, Orin Stillwell, Dennis Fitzsimmons and Monty Amick who as unable to be present due to illness.

Winners in the Pinewood Derby were Tommy Theis, first and Monty Amick 2nd. All entrants received a blue ribbon.

A large group of Saddle Club members and guests enjoyed an evening of roller skating Sunday at Pratt. The next meeting will be a FUN SHOW and weiner roast at the Bob Sterneker farm on Sunday, April 16 at 1:30 p.m.

1983

March 17,-The Iowa Tests of Basic Skills (ITBS) will be administered to district students (K thru 8) next week. There are a total of four sessions for the ITBS.

The ITBS measures a student's progress in vocabulary, reading comprehension, spelling, capitalization, language usage, punctuation, work-study skills, math concepts, math problem solving and math computation. The ITBS for grades K thru 2 does not include all the above subject matter. The ITBS for grades K thru 2 measures such things as reading readiness, listening skills, etc. The test results will be mailed out to parents in May or June.

The Norwich Eagles and the Cunningham Wildcats each placed three players on the All-Great Golden Plains basketball team, announced this week.

Dean Brewster, a 5-11 sr., Keven Harris, a 5-11 sr., and Benny Goodman, a 6-2 sr., all made it from Norwich.

Cunningham's selections were Steve Vierthaler, a 6-0 sr., Kevin House, a 6-1 sr., and Jim Holcomb, a 5-11 jr.

The Cunningham Lions club entertained the women royally on their annual Ladies Night, which was held for the first time in the new Cunningham Community Building Tuesday evening, March 8.

As the women arrived, each was present with a red rose, compliments of the First National Bank of Cunningham. All were invited to drink punch at the hospitality table, presided over by Virginia Schnittker and Jane Meyers.

The group then enjoyed dinner at tables which had been tastefully decorated in the St. Patrick motif, with green and white streamers, candles, shamrocks and leprechauns.

Dinner consisted of chicken cordon bleu, baked potatoes, mixed vegetables, green salad, sherbet, coffee, tea and mints. The food was catered by the Red Rock Restaurant of Pratt and servers were Cunningham High School students.

Fifth grade poetry


Red	Purple
Apples are red,	Purple is dazzling,
Cindy's shirt,	It's a lily.
And Julie's head.	But really --
Stripes on a flag,	Purple is silly.
Blood is read,	Ties with polka-a-dots,
So is a bag.	That you see a lot,
Red is great,	With purple stickers
Others none.	And snazzy knickers.
<i>Sheldon Gillespie</i>	Delicious grapes,
<i>Craig Huhman</i>	Woven drapes.
<i>Tom Sterneker</i>	Purple is K-State!
	Purple is great!

*Julie Kerschen
Karla House*

DUI'S COST A LOT OF GREEN.



DRIVE SOBER ON ST. PADDY'S DAY.



Fitzsimmons INSURANCE
Locally owned and operated for over 30 years
Crop*Auto*Home*Farm*Commerical*Life
116 N. Main
PO Box 398
Cunningham, KS
(620) 298-5291 or (800) 536-5291
www.fitzsimmonsins.com
leann@fitzins.kscxmail.com

FitzSimmons Insurance Agency, Inc. is an independent insurance agency and an equal opportunity provider

YEARS AGO IN
The Cunningham Clipper
Publisher: Charles G. Barnes
Editor: Joyce Hartmann/Marsha Ioejger
Reporter: Florine Kampling

1978

March 23- The annual Blue and Gold Banquet for the Cunningham Cub Scouts was held March 11 at the Sacred Heart Hall. Mr. Bab Dalton, Quiveria Council Area Representative of Wichita was a special guest.

The evening began with the Cub Scouts presenting the flag. The flag salute was repeated by everyone, followed by singing American and the Doxology ac-

Consider this...

by Mike Johnson

We Get What We Want

Have you ever noticed that we get everything we really want? Everything that we truly believe we deserve?

Think about it. The car that we drive. That bag of potato chips. The place we live. Our house pets. Our shoes. Our spouse.

thing from the shirt on our backs to the careers that we hold, were nothing more than desires. And somehow, we successfully fulfilled them all.

Yet, if we get everything we want, what prevents us from getting the big stuff - becoming a corporate president, a world-renowned artist or getting that call from Hollywood, the White House or the Boston Red Sox?

What if we really DO hold the power to attain anything we desire but it

depends on our belief that it's coming? What if even all the big things would become ours if we fully believed we deserved them? What if just one little doubt cancels out our ability to achieve the largest dream?

Could it be that our thoughts are the only reason that great achievements don't occur in our lives?

Think about it. The difference between attending a movie or starring in one is much smaller than it appears.

Both require the belief

that it can be done. Both require a series of hurdles to be overcome one at a time. What are the necessary steps to follow? Where do I learn them? When are the best opportunities? Who can help me? How do I get the money, transportation or information I need to progress?

Both require that the steps be broken down into their smallest pieces, pieces small enough that they can be started today.

Both require desire. Both require time. And both require

belief. Belief is shored up by doing. Progress and growth breed confidence. Confidence breeds belief.

To attend a movie, open the newspaper. Read the movie listings. Learn where our movie is playing. Pick the time and travel arrangements. Come up with the cash. Find a friend to go along. Enjoy the movie.

To star in a movie, open a star's biography. Read how they did it. Learn where the acting schools are. Pick the times and travel arrange-

ments. Come up with the cash. Find a friend to go along. Enjoy the acting.

Once we begin successfully checking off the steps to our plan, we begin to realize that "Hey, you know, I really can do this!" It is only in holding back, doubting our possible success, that prevents us from attaining anything at all.

To achieve, we must first believe. And to believe, we must start.

Think about it.

Just a Whisper

By Shann Hall-Lochman-VanBennekom

As I watch a TV character die, I realize that one day, my body will be a cold, lifeless blob that someone will shove into a morgue refrigerator. The thought sends shivers up my spine and cold sweat drips down my face as I gulp for air. Panic washes over me and has been a part of my life forever.

The mere mention of death sends me spiraling. I remember being ten and having to miss school because I'd been up all night in terror. I'd have nightmares about dying that felt so real, I'd wake up chilled to the bone, unable to get warm.

Even though I have a close relationship with Jesus and believe in

heaven, there are still times when doubt creeps into my thoughts. The idea of there being nothing after death scares me more than the thought of going to hell. Even writing these words makes my heartrate quicken.

When I wake up from a night terror, screaming and sobbing, my husband tries to comfort me. "Calm down." He pats my shoulder. His words are as useless as my father's were, back in the day: "You can't control death. Chill out already!"

Taking deep breaths, my teeth chatter. "If it were that easy, I'd do it! Seriously, you think I want to feel this way?" I've sought the help of counselors, ministers, and doctors. I've begged God for comfort, proof, and distractions. Even a near-death experience,

when nurses found me blue, lifeless, and cool to the touch, didn't permanently dispel my worries. The vision Jesus gave me that night comforted me at first, but soon, the feeling dissipated.

Distraction relaxes me sometimes, and I've given my phobia to God more times than I can count, but I always end up yanking it back. Guilt washes over me. I should be a better Christian, have more faith. At its worse, panic forces me to swallow screams, unconsciously scratch my arms until they bleed, and experience agonizing tremors.

Depending on my mood, thoughts of what the afterlife must be like can comfort me or make things worse. On good days, I imagine heaven smelling like sheets fresh

from the line, loved ones surrounding me with hugs, and days without pain and fear. But on other days, I overthink it. Since no one really knows what it'll be like, questions pepper my mind. Not everyone goes to heaven, right? So how can it be a happy place without all the people I love dearly? Will my pets be there to greet me? What if it's boring like church can be some days? That last one definitely plagued me as a kid. I pictured people sitting in pews, singing hymns, listening to a person read the Bible, and drone on about things I don't fully understand even today.

After a visit with my sixteen-month-old granddaughter ends, I have another panic attack. It makes me wonder if there

will be babies in heaven. And elderly people. Both age groups bring me joy. I could sit, cuddle, play, and just watch a baby for hours. And I affectionately call older people in my life my lols. Lol stood for Lil Ole Lady in nursing jargon long before it meant laugh out loud.

I decide to discuss my concerns with my son who is a minister; we've had many great talks about all of this. I ask, "Will there be babies in heaven? I can't imagine it being a happy place without babies. But I suppose you are going to tell me it won't matter because God's glory will be so great, I won't even care, right?"

Having spent over thirty years as my son, he is used to my run-on sentences, anxiety-induced questions, and my death

phobia. He doesn't hesitate before answering. "No, I don't think people will be different ages in heaven. It'll be beyond anything the human mind can even begin to comprehend. But that joy you feel when watching your granddaughters will be just a whisper of the joy you'll feel in Jesus' presence. Just a whisper, Mom. Just a whisper."

This conversation doesn't make my panic attacks totally disappear. But when the cold fear starts to creep up my spine, I clearly hear the Holy Spirit's voice. "Just a whisper, my child. Just a whisper." I smile as Jesus' presence warms my heart, and suddenly I don't feel so cold and afraid anymore.

"Hide yourself in God, so when a man wants to find you he will have to go there first." — Shannon L. Alder

Looking a Gift Fish in the Mouth

"But so that we may not cause offense, go to the lake and throw out your line. Take the first fish you catch; open its mouth and you will find a four-drachma coin. Take it and give it to them for my tax and yours." — Matthew 17:27

As the saying goes, the only two certainties in life are death and taxes. Except that Jesus cheated

death when he was resurrected. Before he did that, Christ also found a loophole in paying taxes — by getting money from a fish.

When Jesus and his followers enter the city of Capernaum, some temple tax collectors tell them that they need to pay money to the temple. Jesus agrees, except he must not have a steady stream of income to pay. He was probably in between carpentry jobs.

So he instructs Peter to use his skills as a fish-

erman to go catch a fish. Peter caught a fish and inside its mouth was exactly how much they owed in taxes. What kind of bait do you think Peter used to catch that kind of fish?

The disciples should be thankful that they never got audited, because the IRS would likely have questioned their fishy source of income.



Catholic Churches

<p>Sacred Heart, Cunningham Saturdays 4:00 p.m.</p>	<p>St. John, Zenda Sundays 10:00 a.m.</p>
<p>St. Leo Sundays 8:30 a.m.</p>	<p>St. Peter Willowdale Saturdays 5:30 p.m.</p>

Father Roger Lumbré
620-243-5451
620-246-5370

Lutheran Churches

<p>St. John, Nashville 620-246-5220 Sunday School & Bible Class 9:45 a.m. Worship Service 8:30 a.m.</p>	<p>Trinity, Medicine Lodge 620- 886-3397 Sunday School & Bible Class 9:15 a.m. Worship Service 10:30 a.m.</p>
--	--

Our worship service is found on the YouTube channel at:
<https://www.youtube.com/channel/UCCrenCH12I9nmpcojCFyYLA>

Pastor Dennis Fangmeyer
Cell: 620-886-0911

Church of Christ
Penalosa
Sunday 11:00 a.m.

First Christian Church
Cunningham
Sunday School 9:30 am
Morning Worship 10:45
Sunday Evening Worship 6:00
Jr High Youth Group 4:00 pm Sunday
Sr High Youth Group 7:30 pm Sunday
Wednesday Prayer Service 7:00
Pastor Mike McGovney 620-298-3201

United Methodist Church

<p>Penalosa Worship 9:15 a.m.</p>	<p>Cunningham Worship 10:45 a.m.</p>
--	---

Pastor Mathew Ndambuki Musyoki
620-298-2090

Zenda
Worship 9:00 a.m.
Sunday School: Children 8:30 a.m. Adults 10:00 a.m.
Pastor J L Nichols
620-491-0680

Fundraisers & Charitable Opportunities in our Community

4C Day Care Leave a donation with the Methodist Church.

West Kingman County Education Foundation
Use your Dillon's Card! (to donte contact Janet DeWeese 620-298-2717)

Hands of Hope (contact any church)

Cunningham Alumni Scholarship Fund
(send checks to the West Kingman County Education Foundation)

Cunningham Community Center (leave donation at the bank)

Lions' Club (Money is being raised to dig a well in the village of Kakindu, Kenya)

Cunningham Museum (to donate contact Alan Albers or Mike McGovney)

Cunningham Public Library (to donate, contact Kerri Steffen)

Cunningham EMS (to donate, contact Monte Rose or Kathy Albers)

Cunningham Hands of Hope, Inc.

Who: A Not-for-Profit (501c3) organization providing assistance through donations and volunteers.

Who we serve: Residents within the USD #332 school district

What: Food

When: First and Third Tuesday 2:00-5:00 p.m.

Where: 117 N Main (Old School Board Office)

Why: To provide food assistance to those in need.

How: Attend weekly distribution. Adult of household must be present.

Do you need assistance outside distribution hours?

Please call 620-491-0292 and leave a message. Your call will be returned as soon as possible. This institution is an equal opportunity provider.



Congratulations to Morgan and the Barton Community College Lady Cougars -- National Junior College Athletic Association Region VI Tournament Champions!



Papa was always your #1 Fan

3 Ways Parents Can Encourage Social Emotional Learning in Children

(Family Features)

Most parents would agree the quality of their children's education plays a key role in their overall development. While parents are optimistic about the future of education, they also recognize children have educational needs beyond what is considered the standard.

A Harris Poll survey on behalf of KinderCare found 83% of parents believe it's important for children to be raised with social emotional skills, 84% believe it's important children learn to treat others the way they want to be treated and 83% believe kindness should be a core value in the way children are educated. Now, parents want a focus on social emotional skills, mental health, kindness and understanding differences. Consider these three

ways parents can encourage social and emotional learning in their children:

Practice Emotional Literacy at Home: Disagreements among parents and siblings are almost inevitable at home. While this can seem challenging to handle, it can serve as an opportunity for children to practice emotional literacy by identifying their feelings and the feelings of others. It also gives children the opportunity to practice their listening skills and put themselves in the other person's shoes. By using these skills, children can develop a stronger sense of empathy and understand how their emotions drive their actions.

Practice Mindfulness with a Relaxing Activity: Mindfulness can help children understand and regulate their emotions, especially when it becomes a regular habit. Parents can instill this habit in their kids by picking a set time to do activities in a calm space at home every day such as reading a book, listening to calm music or some-

thing as simple as deep breathing.

Provide Unplugged Opportunities to Connect with Other Children: Activities that don't revolve around a screen and encourage in-person socialization with peers can provide opportunities for children to practice building their social emotional skills. Programs like KinderCare's Champ Camp include indoor and outdoor group activities as well as field trips designed to help children use their natural creativity and curiosity to learn and develop important social skills.

To learn more about social emotional learning, visit kindercare.com.



Connecting Across the Country

Jackie Mundt, Pratt County farmer and rancher

Recently I attended the American Farm Bureau Federation's Fusion Conference, which is a joint event between the Women's, Programing & Education, and Young Farmers & Ranchers committees, in Jacksonville, Fla. One of my Collegiate Farm Bureau students won the state discussion meet and competed in the national event.

In addition to coaching, I was a workshop presenter on the topic of work-life balance, with a former YFR leader from Florida that I am friends with.

As I was packing to leave for the event, Marc and I were discussing my planned agenda for the event and I mentioned the workshop with my friend Morgan. Marc got a slightly confused look on his face and asked, "Do I know this Morgan?"

That's what is funny about the relationships we build at these events. Someone I have only known a few years, visit with at an occasional national event, and am friends with on Facebook feels like so much more than just a professional acquaintance. Morgan and I have a connection through our jobs, mutual respect as leaders and a shared understanding of our industry and lifestyle. Our friendship is easy be-

cause our lives are very similar.

I also caught up with my college advisor from California, who I rarely get to see in person and is probably the most impactful mentor of my life. I visited with a fellow presenter who I have judged with in the past and respect tremendously. The conference organizer is a friend with whom I have a long professional and personal relationship. I am motivated and encouraged by time shared with my "far-away friends." I come home with an enthusiastic and renewed sense of purpose.

Great people are one of the reasons I love attending these conferences. In addition to seeing old friends, I love getting to know new people with interesting backgrounds, listen to the perspectives of speakers and learn what is happening in other places. The information gained through new connections increases my knowledge, challenges my current views and often helps me find new solutions for problems I wrestle with at home.

Early in my career, I remember discussing as a board member whether or not to support a staff member's request to attend a national conference. The board was divided in support of professional development verses funding constraints. The decision eventually came down to the board chair, who chose to approve the request.

He told the group, "One of the most valuable things I have done in my career is attend con-

ferences and meetings. I have always come away better and think there is tremendous value in participating."

Coming back better is one of the reasons we step outside our normal zones. I recently read that one of the most accurate predictors of career attainment is continuous learning and skill development. People who never stop growing are better off that people who were rose to top positions early career and maintained that position.

There is tremendous value and opportunity that comes when you attend events like conferences, seminars and conventions. Sometimes you have to step away from your normal circle of interaction to find new and interesting things to bring back.

If you have the chance to attend a conference or event, especially in a different part of the country, I hope you will embrace the opportunity, find people who make you better and gather lots of ideas that you can bring home to make your world just a little bit better.

"Insight" is a weekly column published by Kansas Farm Bureau, the state's largest farm organization whose mission is to strengthen agriculture and the lives of Kansans through advocacy, education and service.

Copyright © 2023 Kansas Farm Bureau, All rights reserved.

News from Kansas Farm Bureau



*"The sun always shines above the clouds."
— Paul F. Davis*

photo by a Courier reader

Just Some Useless Trivia About Daylight Saving Time (as useless as the changing of clocks)

While it is commonly referred to as "daylight savings time," the correct term is actually "daylight saving time."

It began initially as a way to conserve electricity needed for the war effort during World War I. Germany and Austria were the first to implement the practice, followed by the United Kingdom, several other European nations, and the United States. The United States implemented daylight saving time in 1918 and repealed it in 1919.

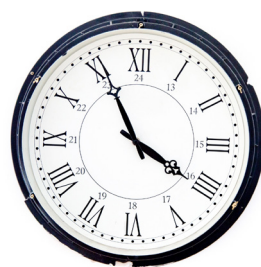
President Franklin D. Roosevelt reinstated daylight saving time in 1942, during World War II.

Congress passed the Uniform Time Act in 1966 which standardized daylight saving throughout the United States.

Dozens of countries still recognize daylight saving time but it is a controversial practice.

In the United States, Hawaii and Arizona do not recognize daylight saving time. They use standard time year-round.

There is no conclusive evidence that daylight saving results in energy conservation. A study conducted by the U.S. Department of Transportation in 1970 found electricity savings to be about 1 percent during the spring and fall. However, more recent studies indicate that the increased use of air conditioning offsets the cost savings on lighting.



2023

Heart of the Plains League

All League Girls Basketball Team

Zoie Redgate, Attica, Guard, Sophomore
 Kaylee Kauffman, Central Christian, Guard, Senior
 Paisley Smyth, Fairfield, Guard, Senior
 Kierstin Adams, Norwich, Post, Junior
 Trinity Kruse, Pretty Prairie, Guard, Senior
 Bailey Young, Pretty Prairie, Forward, Senior
 Braylin Kelly, Norwich, Guard, Junior
 Cassie Dunlavy, Burrton, Guard, Senior
 Kady Anschutz, Skyline, Guard, Senior
 Sidney Swingle, Attica, Forward, Senior
 Teddie Hooker, South Barber, Guard, Senior
 Lucy Miralles, Stafford, Forward, Junior

All League Girls Honorable Mention

Brenna Ricke, Attica, Center, Senior
 Jessa Losew, Central Christian, Forward, Freshman
Ellie McGuire, Cunningham, Guard, Sophomore
 Karly Combs, Fairfield, Post, Senior
 Haley Sheetz, Norwich, Guard, Senior



PreK Screener for 2023-2024 Kindergarten

Tuesday March 28th and Thursday March 30th
 12:30 - 3:30 pm

Any PreK student starting Kindergarten for the 2023-2024 year will need to be screened. This will be taking place during school hours on the posted dates. Parents do NOT need to be present.

This includes IN-District and NON-District (new) Students

Please contact Cindy Houtwed or Sheena Albers for more information.

Track Season Anticipation

About 25 Cunningham athletes are signed up and ready to track and field. The first practice was March 6th, and the first meet is scheduled for April 6, at Pretty Prairie.

Coach Eric Kerschen finds his athletes "focused, intelligent and productive" with "lots of smiles and positive energy."

Last year found the CHS boys almost grabbing the HOPL league title, and Coach expects

to finish first this spring. Those returning from state qualifiers are Senior Lane Halderson throwing the javelin; Sophomore Dagim Reed and Will Wegerer running the 4 x 800 relay.

Also returning and striving to qualify for state participation is Junior Luke McGuire, Freshmen Blake Swope, and Skyler Thimesch also show promise for a trip to the state meet.

The girls of last year

are back stronger, better, and more competitive, with added freshmen athletes like Kyra Morgan, Emily Ogg, and Grace Hageman.

Others returning to vie for their turn at state competition are Ellie McGuire, Alice Huelskamp, and Maranda Lohrke.

CHS track season is made up of several smaller meets which brings about successes for the team. The first big invi-

tational is in Jetmore on May 6th.

The much anticipated League meet will be May 11th at Fairfield.

Regionals the following week on May 19th, and, of course, state meet is the last Friday and Saturday in May.

Coach Kerschen is looking forward to the state meet -- hoping to take the largest contingent of athletes that CHS has had in years.

Powerlifting Results from Conway Springs Meet



Athlete	Class	C1	C2	C3	B1	B2	B3	S1	S2	S3	Total	Points	Placing
Kaitlyn Hennessee	123				80			135					
Dagim Reed	148	165	475	475	485	185	495	225	235	240	590	0	23rd
Maranda Lohrke	148	120	425	425	80	85	90	195	205	210	415	6	5th
Julia Hageman	148	95	100	440	85	95	400	155	160	465	355	0	13th
Lucas Hageman	156	215	225	225	495	495	495	345	345	scratch	215	4	8th
Joanna Hansen	148	90	95	400	80	85	90	90	100	105	285	0	15th
Leo Hageman	156	175	180	485	175	480	480	205	225	230	585	0	10th
Jack Ruckle	198	275	285	295	280	290	300	425	440	450	1,035	28	1st
Alice Huelskamp	PWR	130	140	450	125	130	435	290	300	340	570	14	4th
Trenton Schnittker	PWR	235	250	250	215	225	225	365	380	400	840	1	10th
Skyler Thimesch	156	135	155	165	150	160	170	160	170	185	520	2	8th
Stephen Kerschen	181	200	215	225	190	200	205	290	305	315	730	26	1st
Andrew Kerschen	114	105	115	120	95	100	405	150	165	170	390	20	3rd
Cole Hageman	132	105	110	115	105	110	420	145	155	160	385	4	6th
Kyra Morgan	PWR	130	440	140	145	155	460	265	275	280	575	30	1st

Congratulations to Jack Ruckle, Kyra Morgan and Stephen Kerschen for finishing 1st overall in their weight class.

--submitted by Coach Eric Kerschen



Making Sense of College Costs and Financial Aid

(StatePoint) That moment when your child receives an acceptance letter to a coveted college is a time to feel pride in their achievements and excited about their future. It's also a time to make sense of the school's price tag. That's where financial award letters come into play.

"You'll receive an award letter from each school your student was accepted to listing all the details of the financial aid package," says Angela Colatriano, College Ave Student Loans. "This information helps you figure out what's covered

and how much your family is expected to pay."

Unfortunately, if you're like many parents, you may not be prepared for everything you read in these award letters. In a recent College Ave Student Loans survey, only 30% of parents who received award letters said they received as much aid as they expected, and 74% said they found the expected family contribution surprisingly high. Colatriano also notes that because the layout of these letters varies from school to school, it can be hard to compare their terms.

To help you decipher your financial aid award letters and figure out how to pay for college this fall, consider these tips and insights:

1. Sort grants and scholarships from other aid: If your child was awarded a federal grant or scholarships from the college, they will be listed on your award letter. These do not need to be repaid and are applied directly to the school's tuition. You can also pursue outside scholarships. One easy one to apply for is the College Ave \$1,000 monthly scholarship sweepstakes. Encourage your student to apply for scholarships year-round, as every little bit helps.

2. Delve into federal aid: The award letters will show you if your student qualified for the Federal Work-Study program. Likewise, schools will list any federal student loans you're eligible to receive. Don't for-

get to complete the Free Application for Federal Student Aid (FAFSA) each year to qualify.

3. Meet the gap: If after accounting for grants, scholarships and federal aid there is still a gap between school costs and what you can afford, consider how you can reduce costs or get more funding. For example, you may reconsider your choice of school or have your student take on a part-time job. You might also want to shop around for a private student loan. If you do so, make sure you borrow only what you need. Also, look for a lender offering favorable terms, repayment options and interest rates. College Ave Student Loans offers resources to help you navigate paying for college, including a student loan calcula-

tor to show what your monthly payments could look like. To learn more, visit CollegeAve.com.

4. Look before you leap: Remember that most types of financial aid come with terms and conditions. For example, a scholarship may require a student to maintain a certain GPA for it to be renewed the following semester. Federal and private loans will have interest rates and repayment terms. Before accepting or pursuing any type of financial aid, be sure you understand what's

involved.

5. Get assistance: When in doubt, don't be afraid to reach out to your school's financial aid office for assistance. They are a great resource to help you and your family navigate the financial aid process.

"With so many competing financial pressures, it's more important than ever for college-bound families to understand the ins and outs of their financial aid offers and what they're responsible to cover each year," says Colatriano.



"Rule No. 1 : Never lose money. Rule No. 2 : Never forget Rule No. 1."
 — Warren Buffett



"The man who senses the wind of change should build not a windbreak but a windmill."
 — Stephen King, The Dead Zone
 photo by Dan Frick

ALL HOURS - 620.220.5701
EckSERVICESKS.COM
 STAY CONNECTED

SERVING THE CUNNINGHAM AREA | FREE ESTIMATES

ELECTRICAL	HEATING/AIR CONDITIONING	PLUMBING
FARM GENERATOR OILFIELD RESIDENTIAL INDUSTRIAL	RESIDENTIAL COMMERCIAL NEW INSTALLATIONS SYSTEM MAINTENANCE CHANGE-OUTS	WATER HEATERS WATER WELL DRAIN CLEANING KITCHEN/BATH SEPTIC SYSTEMS

Kingman County Sheriff's Report

Sunday, March 5

Traffic Stop 1
 Disabled Vehicle 858 E D Ave, Kingman
 Fire / Grass 128 N Magruder St, Spivey
 Follow Up 200 E Grover Ave, Spivey
 Disturbance 357 SE 170 Ave, Cheney
 Agency Assist 15183 SW 25 Ave, Spivey
 Miscellaneous Call 10113 SE 3rd St, Murdock
 911 Accidental Dial NE 20 Ave & NE 50 St, Kingman

Monday, March 6

Traffic Stop 4
 Civil Paper Service 3
 Traffic Complaint 15000 W Hwy 54, Cunningham
 Traffic Complaint 2000 W Hwy 54, Kingman
 Agency Assist 120 N Spruce, Kingman
 Follow Up 439 N Lincoln, Kingman
 Follow Up 120 N Spruce, Kingman
 Medical Call 211 N Main, Kingman

Tuesday, March 7

Court Security 130 N Spruce, Kingman
 Miscellaneous Call 120 N Spruce St, Kingman

Injury Accident
 Agency Assist
 Burglary
 Accidental 911 Dial

Wednesday, March 8

Civil Paper Service
 Animal Complaint
 Found Property
 Mental Health Call

Thursday, March 9

Traffic Stop
 Civil Paper Service
 Traffic Complaint
 Suspicious Vehicle

Friday, March 10

Traffic Stop
 Traffic Complaint
 Saturday, March 11
 Civil Paper Service
 Traffic Complaint
 Non-Injury Accident
 Check Welfare

4715 NE 10 Ave, Kingman
 120 North Spruce, Kingman
 1201 N Broadway, Kingman
 4404 SW 170 Ave, Cunningham

5
 1000 W Hwy 54, Kingman
 NE 100 Ave & E Hwy 54, Kingman
 Kingman

7
 1
 3000 W Hwy 54, Kingman
 NE 20 St & NE 90 Ave, Kingman

2
 SE 70 St & SE 30 Ave, Kingman

4
 1620 S Main St, Kingman
 242 S Main, Norwich
 1048 SE 160 Ave, Cheney

"Laws are spider webs through which the big flies pass and the little ones get caught."
 — Honore de Balzac

SUDOKU
 Call today and receive a **FREE SHOWER PACKAGE PLUS \$1600 OFF**
SAFE STEP WALK-IN TUB 1-855-576-5653
 SPECIAL OFFER
With purchase of a new Safe Step Walk-In Tub. Not applicable with any previous walk-in tub purchase. Offer available while supplies last. No cash value. Must present offer at time of purchase. CSLB 1082165 NSCB 0082999 0083445

		6		4				
3		8		9				
7	2			8				9
2				6		3		
6	3		5	2		4	8	
	1		7					2
5				7			1	4
				6		2		5
			2			3		

© StatePoint Media

BUILDING THE RURAL AMERICAN DREAM™



SPRING SALES EVENT
Act Now & Save 3%*

- ✓ Garages
- ✓ Hobby Shops
- ✓ Agricultural
- ✓ Commercial
- ✓ Equestrian

QSI
 Quality Structures
 Richmond, Kansas

*Offer good from 03/01/23 to 03/31/23. 3% discount applies to non-residential buildings only. Some restrictions and travel charges may apply.

QualityStructures.com • 785-835-6100

Built Stronger. Looks Better. Lasts Longer.



HORSE BARN | GARAGES | HOMES | SHOPS

Visit our website and YouTube channel to view thousands of projects and testimonials!

800-447-7436
 mortonbuildings.com

MORTON BUILDINGS

©2021 Morton Buildings, Inc. A listing of GC licenses available at mortonbuildings.com/licenses.

Kingman Public Transportation

305 North Cedar, Kingman, Kan.
Phone (620) 532-5744



Service Hours: 7:30 a.m. - 4 p.m.
First Come - First Served

Funded in Part by KDOT Public Transportation Program

9	7	8	1	9	2	6	8	4
5	6	2	8	9	4	3	7	1
4	1	8	3	7	6	2	9	5
2	9	6	3	7	4	1	8	
8	4	6	2	1	5	7	3	9
7	3	1	9	4	8	5	6	2
6	9	4	5	8	3	1	2	7
1	2	5	7	6	9	8	4	3
3	8	7	4	2	1	9	5	6

STATEPOINT CROSSWORD
 THEME: THE 2010s

ACROSS

- Necktie alternative
- Finish line
- Show of appreciation
- Biotic community
- Hula dancer's necklace
- House duty
- Sofia Costanza Brigida Villani Scicolone's stage last name

- International distress signal
- Hogwarts professor, part werewolf
- **Avengers: ____, second-highest grossing movie of all time
- *Annexed Black Sea peninsula
- Santa ____, Orange County
- Multicolored horse
- *Rand Paul's title, abbr.
- Youngster
- *Type of spinner popular in the late 2010s
- Between duet and quartet
- Newspaper piece
- Pope's court

- "Saturday Night Fever" music
- Pal
- Between trot and gallop
- Operatic solo
- Actor Sean
- Healthcare facility
- *Bill de Blasio, e.g.
- England's airforce
- Recite rapidly (2 words)
- Walking stick
- Fielding mistake
- Part of TNT
- *BTS' genre
- *Home to Blue Devils, 2015 NCAA winners
- Complain
- Downy duck
- Policeman's shocker
- Court of law opener
- Mark for omission
- Frame job
- Not often
- *Amal Clooney ____ Alamuddin
- Naturally footless
- Japanese cartoon art
- Expressionless
- Junk e-mail
- Hindu serpent deity
- Singer-songwriter Redding
- Item on Santa's list
- Acidic kind of apple
- A fan of
- *Plant in Zach Galifianakis' 2019 movie
- Those not opposed
- *Popular meme move

CROSSWORD

1	2	3	4	5		6	7	8		9	10	11	12	
13						14				15				
16						17				18				
19						20			21	22				
			23					24						
25	26	27		28		29			30		31	32	33	34
35			36			37			38		39			
40						41			42		43			
44				45		46					47			
48						49		50			51		52	
						53		54			55		56	
57	58	59	60						61			62	63	64
65						66	67				68			
69								70			71			
72								73			74			

SWITCH & GET \$25
 Off First Month of New Service!
 USE PROMO CODE: GZ590
Consumer Cellular
 CALL CONSUMER CELLULAR 888-804-0913
© 2023 Consumer Cellular Inc. For promo details please call 888-804-0913

© StatePoint Media

DOWN

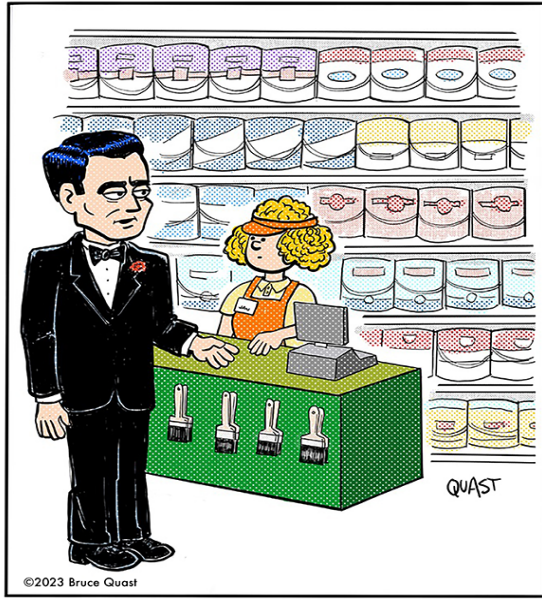
- Having the means
- Land of Israel
- * ____, cutting, broadcast TV phenomenon
- Opposite of alpha
- Not owner
- Something ____
- Opposite of paleo

CLAP

S	N	O	A	L	T	B	B	E	H	S	V	M
A	V	N	A	N	A	R	A	M	O	I	G	A
T	R	E	D	O	I	O	I	O	I	O	I	P
L	F	I	F	I	F	I	F	I	F	I	F	S
S	P	O	S	N	E	D	W	D	M	O	N	S
S	U	P	S	F	L	E	A	F	L	E	A	F
R	E	R	E	R	E	R	E	R	E	R	E	R
S	D	S	K	I	D	S	R	O	L	E	S	R
A	V	A	C	R	I	A	C	R	I	A	C	R
T	G	E	T	F	I	D	G	E	T	F	I	D
N	A	V	A	N	A	V	A	N	A	V	A	N
N	E	A	R	I	M	E	A	M	E	G	A	N
N	I	N	L	P	I	N	S	O	S	N	E	O
E	C	H	O	R	E	L	E	I	C	H	O	R
P	L	A	P	E	N	D	E	N	D	E	N	A

Minutes from the Pratt County Commission Meeting were not available at time of publication.

Comfortably Dumb by Bruce Quast



"Latex semi-gloss. Shaken, not stirred."

Time to Plant Potatoes in Kansas

K-State horticulture expert shares tips for successful crop

K-State Research and Extension news service MANHATTAN, Kan. – For Kansas gardeners, St. Patrick's Day means something much more than donning a favorite green outfit and heading to local celebrations.

Traditionally, the Irish holiday signals the date for planting potatoes.

"Actually, anytime from mid- to late-March is fine for potato planting," said Kansas State University horticulture expert Ward Upham.

"Be sure to buy seed

potatoes rather than using those bought for cooking. Seed potatoes are certified disease free and have plenty of starch to sprout as quickly as soil temperatures allow."

Upham notes that most seed potatoes can be cut into four pieces – "though large potatoes may yield more," he said. Each seed should weight between 1 1/2 to 2 ounces, and likely more than one eye.

Each pound of seed potatoes should yield 8 to 10 pieces, according to Upham.

"Cut the seed 2 to 3 days before planting so that freshly cut surfaces have a chance to suberize, or toughen, which provides a protective coating," Upham said.

"Storing seed in a warm location during suberization will speed the process."

Upham recommends planting each seed piece 1 to 2 inches deep and 8 to 12 inches apart in rows.

"Though it is important to plant potatoes in March, they emerge slowly," he said. "It is often mid- to late-April before new plants poke their way through the soil. As the potatoes grow, pull soil up to the base of the plants. New potatoes are borne above the planted seed piece and it is important to keep sunlight from hitting the new potatoes."

Upham said exposed potatoes will turn green and produce a poisonous

substance called solanine. Keeping the potatoes covered will prevent this.

Upham and his colleagues in K-State's Department of Horticulture and Natural Resources produce a weekly Horticulture Newsletter with tips for maintaining gardens and home landscapes. The newsletter is available to view online or can be delivered by email each week.

Interested persons can also send their garden- and yard-related questions to Upham at wupham@ksu.edu, or contact your local K-State Research and Extension office.

We're starting our spring sports...

...like tennis, baseball, and frisbee.

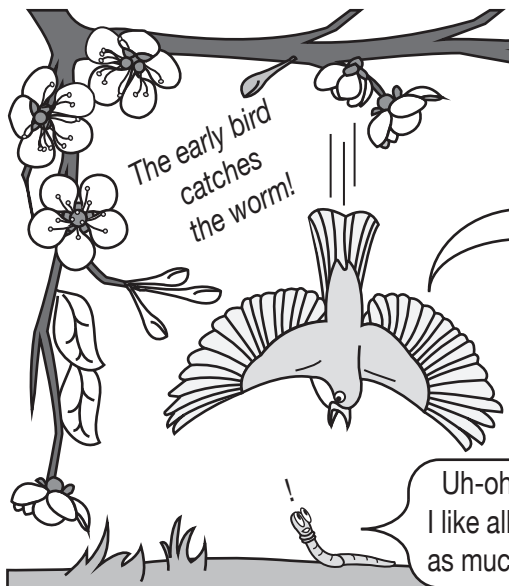
Newspaper Fun!

www.readingclubfun.com

Animills LLC © 2023 V10

Kids: color stuff in!

Spring Is Spectacular!



The early bird catches the worm!

Spring is spectacular! My bird friends are singing and building nests. The frogs are peeping and jumping in swamps. People are shouting and running, playing games. Everyone is outside enjoying the fresh air and bright, warm sunshine. I love watching it all!

Uh-oh! I'm not sure that I like all the birds around as much as he does!

You may see more bunnies bounding about in the springtime!

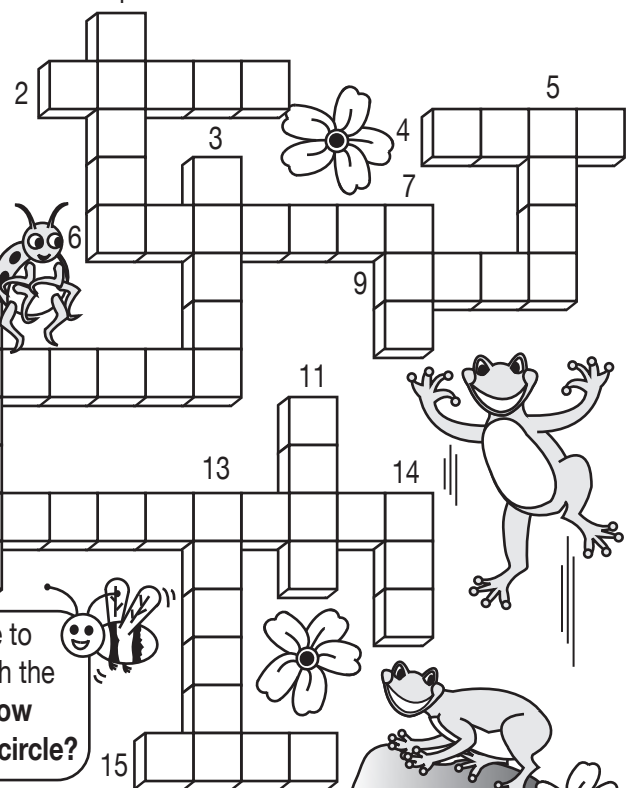
Even the flowers on a prickly pear cactus in the desert may blossom in the springtime.

Buzz around the page to find words that begin with the letter "b" as in "bees!" How many can you find and circle?

- blowing and blustering
- singing and building nests
- peeping and leaping
- unwrapping on bushes and trees
- shedding winter coats
- swelling and overflowing
- flowing in trees to carry water and food
- flowers blooming in the desert
- pushing up dirt mounds
- shearing wool from sheep
- mixing with dirt to make mud
- floating in fields of flowers
- shoots showing
- warming the land and water
- pollen floating and coating parked cars

- | | | | | |
|-------------|-------|---------|------|-------|
| cactus | buds | flower | ants | winds |
| farmers | tree | streams | sun | birds |
| butterflies | frogs | rain | sap | dogs |

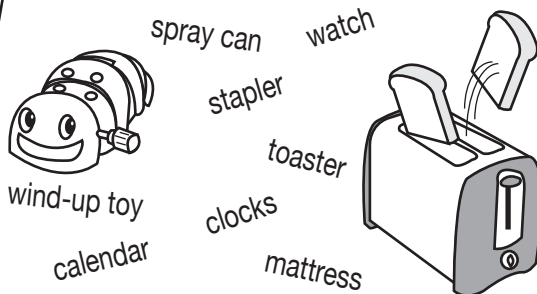
Signs of Spring are all around us. Read the clues to fill in this puzzle, and then go outside to look at, listen to and feel the signs of Spring.



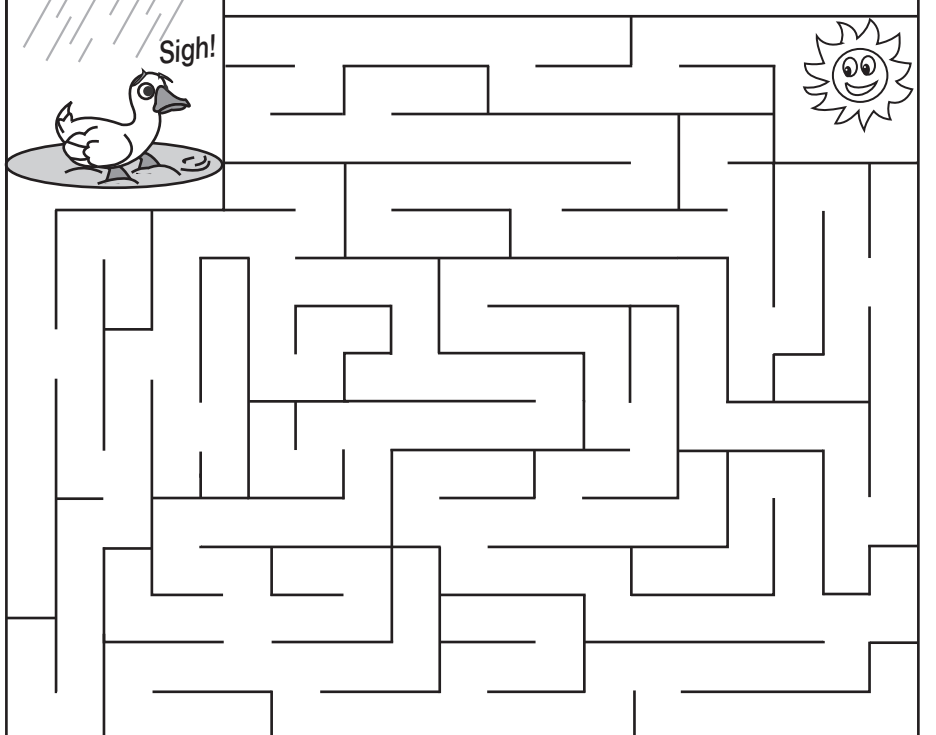
- flashlight
- trumpet
- earth
- timer
- pens
- car

SPRINGS in Things!

Springs are here and there and everywhere. There are metal and plastic springs in many things to make them work. **Find and circle these things that have springs in them.** (P.S. Two of these are little jokes – different kinds of things that have "a spring" – they are not in the puzzle... cross them off the clue list.)



Rainy Day Blues! Little Duck loves water, but he's tired of spring showers! Help him get into the sunshine:



Things in Spring!

Spring is a time of great activity. People, animals and birds are outside working, exercising and playing. **Match up this list of things people do in the spring...then ask to go outside and play!**



- cook
- splash
- paint
- plant
- wash
- clean

- in puddles
- fences
- out garages, attics
- tree sap into maple syrup
- cars
- flowers, trees and gardens



- clean
- carry
- open
- fly
- fish
- buy

- kites
- in streams
- umbrellas and raincoats
- more fresh fruits and vegetables
- our houses
- windows to air out the house

We love flowers...We're bzzzzzz-zz-bee!



(Answers on page 10)

A Wellness Column
by Julie Perry
(wife of Lyn)

Eat Well to Live Well

You've heard the phrase: Eat well to live well. For many this conjures up images of eating foods that are good for you that you don't like. Well, that has never really worked for me. I think the worst fad diet I ever tried was the hotdog diet of the 1980s. I don't even like hot dogs!

months I've worked at taking off 25 pounds. Slow and steady was the route I chose and that has worked for me. No particular reason that I had to take off the weight - I had just tipped over the top of the healthy zone for my height and decided to work at getting back towards the middle of a healthy weight range.

I am NOT going to share some pop "diet" that helped me get the weight off, because that's not how it worked for me. I need something sustainable that I can maintain for a long time - indeed, forever. This time around (yes, I've lost that 25 pounds several times before!), I chose to NOT eliminate anything from my diet.

Everyone needs a healthy amount of macronutrients in their diet. That's proteins, healthy fats, and carbohydrates. Each day should include fruits, vegetables, grains, protein foods, and dairy (lactose free or fortified if needed).

The other area I paid more attention to was portion size. I was eating like I did in my early 40s when I was running 50-80 miles a week. Well, guess what? I'm 58 and I don't run anymore. I just don't need the same amount of calories to keep my body working like it should.

In fact, it's not your imagination - as we age our metabolism does slow down. Your metabolism is the amount of en-

ergy your body needs to maintain itself - to keep your organs going all day long. So practically speaking this is why my husband and I can share a main course when we go out to eat and be perfectly full.

The other pro tip that helped me out this time around was paying attention to when I was hungry and when I was full. Many of us eat because the clock, or our work, or family schedule tells us to eat. This is where mindful eating can come into play.

Mindful eating involves eating more slowly and without distraction. This allows you to focus in on the natural cues from your body telling you when you are actually hungry or full. It

can also involve actually appreciating your food and enjoying the process, or experience, of eating.

I will say, this time of life for us makes it easier to do that. For the last several years my husband has gotten me a subscription to NYTimes Cooking. Each week we try one or two new recipes, or favorites that we've saved. We try to appreciate the process of cooking together as well as eating together, while enjoying the sensory experience. That's mindfulness.

My favorite food group is NOT listed on the choosemyplate.gov website. It's the dessert group. Well, as I said, I have not eliminated anything from my diet, but I

have changed how I eat. I have wayyyyy fewer desserts than I used to and I only have ones that I really think I will like.

So, "eat well to live well" doesn't mean eating foods that you don't like. Stop doing that! Enjoy eating well. All it takes is a little practice and you will find the right balance.



"Taking a Pet to the Pound is a Definite Death Sentence." NOT!

This statement so annoys me. I have consistently promoted our Kingman County Humane Society. I have written about the time I spent with the pets there. I have encouraged people to adopt and foster and volunteer and support this organization. If you check their website, you will know that they

do not, absolutely do not, euthanize pets. "We do not euthanize healthy or treatable animals, reserving euthanasia for terminally ill, severely injured or animals that are a danger to the public." Those folks at KCHS work tirelessly to find homes for the pets that come through their facility.

If a home can't be found here in the Kingman area, they will transfer the pets to another 'no kill' facility.

But, like most animal shelters across the

country, they are frequently full and cannot take anymore pets. It isn't their fault that pet owners are irresponsible. If they can't take your pet because they are full, they will work with you to place your pet in a new home. If you check out their website you will find a tab "virtual re-homing" There are guidelines and regulations. This being one: If approved, the Kingman County Humane Society will include your pet's listing in our Facebook album, on our website

www.kingmancounty-humanesociety.org and on participating rescue/adoption websites (Petfinders, Adopt-a-Pet, RescueMe, etc). You must complete all information before we can process your application. There is a \$50 non-refundable Re-homing fee for this service.

But if a person is serious about re-homing a pet, \$50.00 is not a big deal, right? A pet should be a lifetime commitment. Its lifetime, not a person's, and \$50.00 will help find it another home

as it has been decided it can no longer live in its home.

Please, if you have strays or need help re-homing a pet, contact your local Humane Society. If they are a shelter that euthanizes, ask to be connected to one that is a no kill.

AND FOR HEAVEN'S SAKE SPAY AND NEUTER THOSE PETS. Puppies and kittens are cute, but the shelters are FULL. Don't breed just because you think puppies and kit-

tens are fun or you will make a small fortune. They need to find homes and many of them wind up in shelters. Puppies and kittens living in a shelter are not cute. They are just sad.

Please stop letting them breed.

Donate. Adopt. Foster. Volunteer.



Kingman County Humane Society Pets Ready for Adoption

Bubba

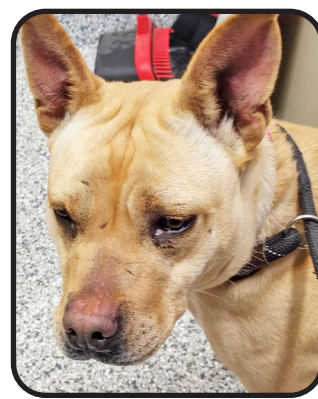
Sponsored by Kathy and Alan Albers



Male Domestic Shorthair
9 pounds
About 13 years old
Adoption Fee: \$40.00
Intake date: November 21, 2022

Mariah

Sponsored by The Cunningham Courier



Female Shepherd, Retriever, Labrador / Boxer
49 pounds
4+ years
Adoption fee: \$180.00
Intake date: February 24, 2023

Paisley

Sponsored by The Cunningham Courier



Male Rex
2.5 pounds
Intake Date February 18, 2023

KCHS Donation Wish List

The pets at Kingman County Humane Society are in need of the following items:
13-gal. kitchen trash bags
dry cat and kitten food
clumping cat litter
canned dog food
Purina Puppy Chow
long-lasting chews
stainless steel flat-sided water buckets
paper towels

bleach
liquid laundry detergent
poop bag rolls
disposable gloves (large)
The items can be brought to KCHS at 811 East C Avenue in Kingman
Monetary donations can be sent to KCHS
P.O. Box 103
Kingman KS 67068



Please consider volunteering or adopting or fostering or donating!



Monday, Tuesday, Thursday, Friday, from 8:00 - 5:30 (except during lunch 12-1) on Wed., from 8:00 - 12:00 Call for Saturday hours. 1015 East U.S. 54, Kingman, KS

Spring Is Spectacular!

The early bird catches the worm!

SPRINGS in Things!

Uh-Oh!

Things in Spring!

Did you match up this list of things people do in the spring?

1. cook	A. in puddles
2. splash	B. fences
3. paint	C. out garages, attics
4. plant	D. tree sap into maple syrup
5. wash	E. cars
6. clean	F. flowers, trees and gardens

1. clean

2. carry

3. open

4. fly

5. fish

6. buy

A. kites

B. in streams

C. umbrellas and raincoats

D. more fresh fruits and vegetables

E. our houses

F. windows to air the house

Did you cross off the words "earth" and "calendar?" They are the 2 things that do not have plastic or metal springs in them, but the season of "spring" instead.

Crossword:

1. W
2. B I R D S
3. N
4. B U D S
5. O
6. S T R E A M S
7. G
8. C
9. A N T S
10. F A R M E R S
11. P
12. B U T T E R F L I E S
13. R
14. A
15. T R E E

11. R
12. S
13. O
14. N
15. E

Word Search:

FR G J I P C X W J
C U I R E M I T
F O P X A L A N Y J N
D H J O R U M D L
A H I L L P E B A C A
N L U I A L A L A
A N L O I A L A L A
H B Q U E E
H G N D G J I

earth

calendar

Greeny Green

Animills LLC © 2023

Effective June 1, 2022: Ads are \$6.00 per column inch. Front page ads are \$10.00 per column inch. All ads are subject to approval of this paper, which reserves the right to edit, reject, or properly classify any ad. Note: The views and opinions expressed in advertisements in The Cunningham Courier do not necessarily represent the views and opinions of the Courier or staff. Errors will be corrected when brought to my attention.
Classified Ad Rates
\$5.00 minimum charge for one-week run.
DEADLINES: 2:00 p.m. Tuesdays

Cunningham Liquor
OPEN — 11 a.m. to 9 p.m. — Monday thru Thursday
11 a.m. to 10 p.m. — Friday & Saturday
12 noon to 8 p.m. — Sunday
"Cold Brew... Warm Spirits" 298-2033

Cunningham Auto Service
Complete Auto Care
Call Tom or Matt
620-298-2029
cunninghamautoserviceatgmail.com



Conrardy Seeds
Custom Seed Cleaning
7681 SW 80 Ave Kingman, KS
(620) 532-5508
AgriPro Alfalfa Seeds
"Wheat is Our Specialty"

NISLY BROTHERS, INC.

(620) 662-6561
Serving Cunningham Since 1993

C-1 Construction
620-532-4195
Soil Conservation Practices,
Site Grading, Pond Dam Restoration
- SOIL EROSION MEASURES -
Building Pads
GREG CONRARDY


Lifeguards Needed!
The City of Turon is now taking applications for lifeguards. Applications can be picked up at the office Mon-Fri 7-11am, 12-3 or, if you'd prefer an emailed copy, please email the office at cityofturonss@sctelcom.net

This advertising space available for \$12.00

Theis
Dozer Service, Inc.
416 W Stanley Ave
Spivey, KS 67142
(620) 532-3555
• Dozer • Excavator •
Road Grader • High Loader
• Dump Trucks

BLASI SERVICE
Zenda, KS
620-243-5571
BEVERages*Snacks*Gas
Everyday 6am-10pm
"Where Everyone Knows Your Business"

Help Wanted
City of Cunningham is taking applications for summer lifeguards. Call City Hall 620-298-3077

Help Wanted
PRODUCTION EMPLOYEES NEEDED
Don Dye Company, Inc. is seeking full-time production employees. This position is 40-hours per week with the possibility of over-time. Daily hours are 7:00am to 3:30pm Applicants must pass a pre-employment physical and drug/alcohol screening. Full-time employees qualify for health insurance, holiday/vacation pay and a retirement package after a 60- day probationary period. Don Dye Company, Inc. is an equal-opportunity employer. To apply please pick-up an application in the front lobby at 524 N.W. 20th Avenue, Kingman, Kansas, or send your resume to Don Dye Company, Inc., P.O. Box 107, Kingman, KS 67068. If you have any questions please contact the business office at 620-532-3131 during normal business hours.

Advertising Opportunity
Place your 25-word classified in this paper and 135 more for only \$300/ week. Find employees, sell your home or your car. Call the Kansas Press Association @ 785-271-5304 today!

Miscellaneous

SAVE YOUR HOME! Are you behind paying your MORTGAGE? Denied a Loan Modification? Threatened with FORECLOSURE? Call the Homeowner's Relief Line now for Help! 888-975-1473

BATHROOM RENOVATIONS. EASY, ONE DAY updates! We specialize in safe bathing. Grab bars, so slip flooring & seated showers. Call for a free in-home consultation: 855-382-1221

NEW AUTHORS WANTED! Page Publishing will help you self-publish your own book. Free author submission kit! Limited offer! Why wait? Call now: 855-939-2090

DirecTV Satellite TV Service Starting at \$59.99/month! Free Installation! 160+ channels available. Call Now to Get the Most Sports & Entertainment on TV! 888-721-1550

DONATE YOUR CAR TO CHARITY. Receive maximum value of write off for your taxes. Running or not! All conditions accepted. Free pickup. Call for details. 844-268-9386

Miscellaneous

Never Pay For Covered Home Repairs Again! Complete Care Home Warranty COVERS ALL MAJOR SYSTEMS AND APPLIANCES. 30 DAY RISK FREE. \$200.00 OFF + 2 FREE Months! 844-237-1432

Never clean your gutters again! Affordable, professionally installed gutter guards protect your gutters and home from debris and leaves forever! For a FREE quote call: 844-607-1361

LONG DISTANCE MOVING: Call today for a FREE QUOTE from America's Most Trusted Interstate Movers. Let us take the stress out of moving! Speak to a Relocation Specialist, call 888-788-0471

TOP CASH PAID FOR OLD GUITARS! 1920-1980 Gibson, Martin, Fender, Gretsch, Epiphone, Guild, Mosrite, Rickenbacker, Prairie State, D'Angelico, Stromberg. And Gibson Mandolins / Banjos. 855-454-6658

UPDATE YOUR HOME with Beautiful New Blinds & Shades. FREE in-home estimates make it convenient to shop from home. Professional installation. Top quality - Made in the USA. Call for free consultation. 844-740-0117. Ask about our specials!

Miscellaneous

PAYING TOP CASH FOR MEN'S SPORT WATCHES! Rolex, Breitling, Omega, Patek Philippe, Heuer, Daytona, GMT, Submariner and Speedmaster. Call 844-575-0691

.DISCOUNT AIR TRAVEL. Call Flight Services for best pricing on domestic & international flights inside and from the US. Serving United, Delta, American & Southwest and many more airlines. Call for free quote now! Have travel dates ready! 833-381-1348

Looking for beautiful, energy efficient new windows for your home? Call now and set up your free, no-obligation estimate. Beautify your home today! 895-727-0043

PROFESSIONAL LAWN SERVICE: Fertilization, weed control, seeding, aeration and mosquito control. Call now for a free quote. Ask about our first application special! 855-288-8649.

Advertisements are needed

Accountants
Baker Professional Accounting Services
Tax Compliance
Process Improvement
Tax Preparation
Tax Planning
Quick Books Consulting
920 E. 1st Street
Pratt, KS 67124
www.baker-accounting.com
620-672-2502

Laubhan, Harbert & Haas, L.C.
Certified Public Accountants
Complete Accounting Services
Tax - Bookkeeping - Payroll - Consulting -
Joseph A. Harbert, CPA
217 N Main St. Kingman, KS 67068
620-532-3667
Lorin Haas, CPA
420 S. Jackson Suite 200
Pratt, KS 67124
620-672-3400

Agriculture
Neville Built
Grain Trailers
& Custom-Built Trailers
Dick or Marvin Neville
5581 SW 50 St. Kingman, KS
620-532-3487
1-800-301-3487

Banks
KANZA bank
151 N. Main, Kingman, KS
620-532-5821
Lobby Hours
9-5 M-F
Drive Thru Hours
8 - 6 M-F, 8-12 Sat.
Equal Housing Lender
Member FDIC

Child Care
4C
Cunningham Child Care
Children 8 weeks to 11 years
120 West 3rd
Cunningham, KS
620-298-2010

Home Improvement
Dixon's
True Value Hardware
Heating & A/C
325 N. Main, Kingman, KS
532-2631

Subscribe to your hometown paper!

Insurance
Fitzsimmons Insurance
Cunningham, KS 67037
Bus: 620-298-5291
Toll Free: 800-536-5291
For more information see display ad on pa

Hospitals and Clinics
KINGMAN HEALTHCARE CENTER
"Exceptional Healthcare to Every Patient, Every Time"
Hospital & Family Clinic
750 West D Avenue
Kingman, KS 67068
620-532-3147
Rehab Services
760 West D Avenue
Kingman, KS 67068
620-532-0110
Cunningham Clinic
112 North Main
Cunningham, KS 67035
620-298-2397
Visit our website:
www.kingmanhc.com
Find us on Facebook:
Kingman Healthcare Center

State Farm Insurance
Jon Wollen, Agent
152 N Main Street
Kingman, KS 67068
Bus: 620-532-3179
Toll Free: 800-824-6681
www.jonwollen.com

Optometrists
Troy Maydew, OD
Seth Thibault, OD
Andrew W. Piester, OD
216 S. Oak
Pratt, Kansas 67124
620-672-5934
8:00 a.m. - 5:00 p.m. M - F
604 N. Walnut
Medicine Lodge, Kansas 67104
620-886-3222
8:00 a.m. - 12:00 p.m.
1:00 - 5:00 p.m.
Tuesday, Wednesday, Thursday
Seth Thibault, OD
Andrew W. Piester, OD
104 West C Ave.
Kingman, KS 67068
620-532-3154
1-800-371-3154
8:00 a.m. - 5:00 p.m.
Monday - Thursday
8:00 a.m. - 3:00 p.m. Friday

Pharmacists
Kingman Drug
211 North Main., Kingman,
Pharmacists on call 24 hours
Days - store ph. 532-5113
Emergency after hours call
Merlin McFarland 532-3855

Real Estate
Kingman Real Estate
SALES AND APPRAISALS
Scott Sparks 532-4242
Nancy Milford 491-0774
Lexi Miller 532-5204
Office 620-532-3581
146 N. Main, Kingman, KS
www.kingmansre.com
Ability - Honesty - Service

Repair Service
BEAT REPAIR
TRUCK, TRAILER & TIRE REPAIR
620-589-0114
825 E. First Street, Cunningham KS
OUR LIVING IS FIXING YOURS!

Tax Services


TRINA'S TAX SERVICE
Trina Wilkerson, AFSP
(620) 491-1771
307 N Ninnescah St
Kingman, Kansas
www.kingmantaxpro.com

Advertise Your Business in the Courier

Charlotte Fiegel

Charlotte Ann Fiegel, 83, of Protection, Kansas passed away March 6, 2023, at English Meadows Retirement Community, of Scott Depot, West Virginia.



She was a former cosmetologist and cook at the Protection School. She was a member of Holy Spirit Church of Coldwater, Kansas.

Charlotte was born January 24, 1940, to the late Martin and Fern Augusta Lampe. In addition to her parents, she was preceded in death by her husband Chuck Fiegel; and a sister, Patricia Helm.

She is survived by her daughter, Kelli Samson and husband Wendell; son Kip Fiegel; grandchildren Zac, Alex, Sam and Coy; and sister Marilyn Jane Mease.

A memorial Mass of Christian Burial will be 11:00 a.m., Saturday, March 18, 2023, at the St. Leo Catholic Church near Nashville and Cunningham, Kansas. Burial of the cremains will be in the St. Leo Church Cemetery.

Anyone wishing to leave an online memory may do so by visiting the Livingston Funeral Home website at www.livingstonfh.com.

Merle Trollope

Merle C. Trollope, Jr., 82, died March 10, 2023. He was born June 21, 1940, at Conway Springs, Kansas the son of Merle C., Sr., and Margaret Perkins Trollope. A longtime Kingman resident, he was the retired Service Manager at Lanterman Motors, Pratt.

Merle was a veteran of the U.S. Navy. On Sept. 30, 1966, he married Sandra Lampe at Kingman. Other survivors include a son Troy; daughters Malissa Renee Newberry and Stephanie Brummer; brothers John and Lyman; sister Iona Easter; and six grandchildren.

Funeral services were, Wednesday at the Livingston Funeral Home, Kingman. Burial was in the Walnut Hill Cemetery.

Memorials may be made with the Kingman Christian Church in care of the funeral home.

Clarice Hanna

Clarice Hanna, 84, died March 8, 2023, at Wheatlands Health Center, in Kingman Kansas. She was born on June 6, 1938, at home in Willowdale, Kansas, the daughter of William "Bude" and Anna Kay (Kimminau) Molitor. A longtime resident of Kingman, she was a homemaker and owner/operator of Hanna Storage. Clarice was a member of the St. Patrick Catholic Church and Altar Society.



On May 2, 1959, she married Duane Hanna at Willowdale, he died in June 2017. Other survivors include two daughter, Shrise and Steve Dwerlkotte, Jones, OK, and Michelle and Jeff Breault, Wichita, KS, and grandchildren Joseph Dwerlkotte, Frankfurt, Germany, Sarah Dwerlkotte, Oklahoma City, OK, Michael Dwerlkotte, West Point, NY, Andrew (Corbin) Breault, Austin, TX, Alex (Katie) Breault, Kansas City, KS. She was preceded in death by her brother, William "Billy Joe" and sister, Mary Ann Poss. She is survived by brothers, Richard (Angie) Molitor, Jim (Cindy) Molitor, and sisters Katherine Ewertz, Joan (Craig) Plassmeyer, June Thome, Diane (Tom) Clarisse.

Mass and Christian burial were March 11, held after the 10:00 service. Burial was at Walnut Hill Cemetery in Kingman, Kansas.

Memorials may be made to the St. Patrick Catholic School in Kingman, Kansas in Care of Livingston Funeral Home.

Memorials may be made to the St. Patrick Catholic School in Kingman, Kansas in Care of Livingston Funeral Home.

Memorials may be made to the St. Patrick Catholic School in Kingman, Kansas in Care of Livingston Funeral Home.

Advertise with The Courier

Leroy Meyers

Leroy Aloysius Meyers, 85, passed away on Wednesday, December 7, 2022 at Hutchinson Regional Medical Center, Hutchinson, KS. He was born September 17, 1937 in Cunningham, KS, the son of August and Francis (Vierthaler) Meyers.



Leroy entered the Airforce in February 1957 and was honorably discharged in 1963. He worked for Hutchinson Hospital as a maintenance man for 23 years. He married his sweetheart, Charlene M. Blue, on March 4, 1957 in San Antonio, TX. They had four children; Lonnie, Sebrena, Loring and Todd. They spent 65 wonderful years together. Leroy was a part of the Rabbit Club and enjoyed attending exotic animal auctions.

Leroy is preceded in death by his parents and his parents-in-law, Jack and Viola Blue; a son, Todd Meyers; one son-in-law, Joe Pullium; two brothers, Robert and Jack Meyers; and a sister, Carolyn Corkery.

He is survived by his wife, Charlene; three children, Lonnie Meyers, Sebrena Pulliam and Loring (Maricel) Meyers; three brothers, Kenny, Jerry and Danny Meyers; a sister, Kathy Plummer; a sister-in-law, Helen Meyers; 9 grandchildren, Tiffany (Kent) Blanton, Tyson (Erin) and Tristan (April) Meyers, Monica Pulliam and Jeremy Pulliam, Jesse, Ashlee, Aiden and Anaia Meyers; 10 great grandchildren; and 4 great-great grandchildren.

No visitation will be held as cremation has been chosen. A graveside service was Saturday, March 4, 2023 at Isabel Cemetery, Isabel, KS. Military honors were conducted by the McConnell Air Force Base Honor Guard. Hutchinson Funeral Chapel is in charge of the arrangements.

Sweetest Estate Sale by Candy

316-217-0133

Living Estate Sale of Marilyn Cokely
103 N. Adams Street
Cheney, KS

Thursday, March 22 - 9:00 a.m. to 5:00 p.m.
Friday, March 23 - 9:00 a.m. to 5:00 p.m.
Saturday, March 24th - 9:00 a.m. to 2:00 p.m.
MANY men's caps, couch/loveseat and other furniture sets, antiques, tools, trunk, teacup collection and much more.

Thank You Note RATES
Use the Courier to say "Thank You".
\$.10 per word (\$6.00 minimum)

Upcoming Auctions

Saturday, March 18, 2023 at 9:30
Consignment Auction - Hamm Auction Center

House Auction - Monday, March 27, 2023 at 5:30pm - 411 N High St in Pratt

Machinery AUCTION Wednesday March 29 10:30 AM From Cullison KS: 2 W on 54 Hwy, 2 S on 110th, 1/2 W on 20th st. Butch and Sharon Winklepleck

Willems Farm Equipment Auction - Saturday, April 8, 2023, 11:00am Location: From Protection go 1 1/2 E 3 1/4 S From Hwy 183/160 7 1/2 W 3 1/4 South on Rd 6, 1068 Rd 6

For more information and a complete list of auctions, see our website at www.hammauction.com
107 NE State Road 61, Pratt, Kansas, 67124 620-672-6996



More than \$500K to Support Suicide Prevention Organizations

TOPEKA – Governor Laura Kelly today announced that the Kansas Department for Aging and Disability Services (KDADS), through its Kansas Community Suicide Prevention Grant program, has awarded \$525,000 to address the ongoing crisis of suicide in Kansas. Fifteen community organizations have received \$35,000 each to develop community-specific strategies to prevent suicide among at-risk Kansans.

This expansion of suicide prevention efforts across Kansas is strengthened by the allocation of \$1.5 million in state general funds to KDADS' Behavioral Health Services Commission by Governor Kelly in fiscal year 2023.

"Improving mental health in every community is essential to creating a healthy, thriving Kansas," Governor Laura Kelly said. "By investing in organizations that directly work with Kansans in crisis, we are furthering our mission to prevent suicide and ensure every Kansan can access the

mental health services he or she needs."

These 15 organizations across the state will engage in community- and evidence-based suicide prevention services and activities that prevent suicidal behavior; reduce suicidal ideation, attempts, and deaths; and address shared risk and protective factors:

- Boys & Girls Club of Manhattan – Manhattan
- Clay County Health Department – Clay Center
- DCCCA – Lawrence
- Finney County Community Health Coalition – Garden City
- Kansas Black Leadership Council – Lawrence
- Johnson County Mental Health Center – Mission, Olathe, Shawnee
- Miami County Health Department – Paola
- Manhattan Community Hospital – Seneca
- Neosho Memorial Regional Medical Center – Chanute
- Prime Fit Youth Foundation – Wichita
- Republic County Health Department – Belleville
- Flint Hills Volunteer Center – Manhattan
- Suicide Prevention of Cowley County – Arkansas City
- Wichita State University – Wichita
- Youth Educational Empowerment Program – Wichita

"Financial support for local suicide prevention efforts is a significant investment in the suicide prevention infrastructure of Kansas," KDADS Behavioral Health Services Commissioner Andrew Brown said. "KDADS is working

strategically with local partners to reduce the number of suicide deaths in Kansas, and these grants will strengthen prevention strategies in these local communities and promote a prevention mindset."

Grantees will be required to create a plan that includes conducting a community assessment, building suicide prevention infrastructure, addressing cultural competency, and ensuring suicide prevention efforts are evidence-based. Grantees will receive continued support from KDADS and the Kansas Suicide Prevention Coalition to reduce the stigma surrounding suicide, emphasizing diversity and inclusion. These grants are intended to serve individuals of all ages.

YOUTH CORE MENTORING

OPEN HOUSE FOR YOUTH CORE/
CORE MENTORING
Bakers Quarters

Thursday March 30th

Cookies and cinnamon rolls will be served!

4-6 Year #10

Come hear about the program and whats new!

115 curent matches
427 total overall



Check the Blessing Box east of the Methodist Church. Anyone can give or take from the Blessing Box at any time.